

# FAMILY ALTAR TIME



**“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”**

**Leviticus 3:16 (NKJV)**

**“Thou crownest the year with thy goodness, and thy paths drop fatness.”**

**Psalms 65:11 (KJV)**

# WRAPS

“The Lord **wraps** himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He **wraps** you in goodness—beauty eternal.  
He renews your youth—you’re always young in his presence.”  
Psalms 103:5 (The Message)

## HOW TO USE?

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS – through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

# 02

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

## **Guidelines for the leader of the Family Altar Time:**

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

# 03

## **(1) Worshipping (7 Minutes\*)**

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into Your house like this causes evil spirits to flee and His presence to come.

## **(2) Reading (5 Minutes\*)**

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

## **(3) Applying (10 Minutes\*)**

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

## **(4) Praying (5 Minutes\*)**

Take turns to pray for each other and for your extended family (pray using the things you learnt from the passage of scripture). Pray short arrow prayers rather than long winded prayers. Especially pray using identificational repentance (e.g. "Forgive us Lord that we have broken your covenant by \_\_\_\_\_, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by \_\_\_\_\_. In the name of Jesus, Amen".)

**04****(5) Speaking Blessing (3 minutes\*)**

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

*\*Suggested timing. Make it according to what is best for your family).*

**FAT  
WRAPS**

**FOR  
JANUARY  
2021**

# WORSHIPPING

(JAN 1ST -10TH 2021) GENESIS 1 - LEVITICUS 10

## *Great I AM*

<https://www.youtube.com/watch?v=YVk55lbn8AQ>

## *We Are Standing on Holy Ground*

<https://www.youtube.com/watch?v=ZdminhRbHvE>

# READING

## EXODUS 3:1-15 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=j7e8OE17YK4>

1 “Now Moses was tending the flock of Jethro his father-in-law, the priest of Midian. And he led the flock to the back of the desert, and came to Horeb, the mountain of God.

2 And the Angel of the Lord appeared to him in a flame of fire from the midst of a bush. So, he looked, and behold, the bush was burning with fire, but the bush was not consumed.

3 Then Moses said, “I will now turn aside and see this great sight, why the bush does not burn.”

4 So when the Lord saw that he turned aside to look, God called to him from the midst of the bush and said, “Moses, Moses! “And he said, “Here I am.”

5 Then He said, “Do not draw near this place. Take your sandals off your feet, for the place where you stand is holy ground.”

6 Moreover He said, “I am the God of your father—the God of Abraham, the God of Isaac, and the God of Jacob.” And Moses hid his face, for he was afraid to look upon God.

7 And the Lord said: “I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows.



## READING

### EXODUS 3:1-15 (NKJV)

8 So I have come down to deliver them out of the hand of the Egyptians, and to bring them up from that land to a good and large land, to a land flowing with milk and honey, to the place of the Canaanites and the Hittites and the Amorites and the Perizzites and the Hivites and the Jebusites.

9 Now therefore, behold, the cry of the children of Israel has come to Me, and I have also seen the oppression with which the Egyptians oppress them.

10 Come now, therefore, and I will send you to Pharaoh that you may bring My people, the children of Israel, out of Egypt.”

11 But Moses said to God, “Who am I that I should go to Pharaoh, and that I should bring the children of Israel out of Egypt?”

12 So He said, “I will certainly be with you. And this shall be a sign to you that I have sent you: When you have brought the people out of Egypt, you shall serve God on this mountain.”

13 Then Moses said to God, “Indeed, when I come to the children of Israel and say to them, ‘The God of your fathers has sent me to you,’ and they say to me, ‘What is His name?’ what shall I say to them?”

14 And God said to Moses, “I AM WHO I AM.” And He said, “Thus you shall say to the children of Israel, ‘I AM has sent me to you.’ ”

15 Moreover God said to Moses, “Thus you shall say to the children of Israel: ‘The Lord God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you. This is My name forever, and this is My memorial to all generations.’”

*Exodus 3:1-15 (NKJV)*



## APPLYING

### 1

What circumstances brought Moses to where he was here in this passage?  
What circumstances are you facing right now?

### 2

How did Moses encounter God and what did God tell him?  
How can you encounter God and what does He want to tell you?

### 3

What was Moses' response?  
What is your response today to this passage?



# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to encounter God. Repent on behalf of your family for busyness or anything else that keeps you from encountering God at your burning bush. Pray for the Lord to reveal His calling to each of you (e.g. “Forgive us Lord for being too busy to spend time in Your presence. Forgive us for prioritizing other things before You and Your Word. Have mercy on us and give us a desire to read Your Word and seek Your face every day. Help us to encounter You at the burning bush and hear Your voice so we can do Your will. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



# WORSHIPPING

(JAN 11TH -17TH 2021) LEVITICUS 11-DEUTERONOMY 17

## *Hear O Israel*

<https://www.youtube.com/watch?v=rXRm-0Wehg4>

## *Shema*

<https://www.youtube.com/watch?v=OXYB9F8Yxvk&gl=SG>

## *Shema (For young children)*

<https://www.youtube.com/watch?v=kihSY6GbQhs>

# READING

## DEUTERONOMY 6:1-15 (NKJV)

1 “Now this is the commandment, and these are the statutes and judgments which the Lord your God has commanded to teach you, that you may observe them in the land which you are crossing over to possess,

2 that you may fear the Lord your God, to keep all His statutes and His commandments which I command you, you and your son and your grandson, all the days of your life, and that your days may be prolonged.

3 Therefore hear, O Israel, and be careful to observe it, that it may be well with you, and that you may multiply greatly as the Lord God of your fathers has promised you —‘a land flowing with milk and honey.’

4 “Hear, O Israel: The Lord our God, the Lord is one!

5 You shall love the Lord your God with all your heart, with all your soul, and with all your strength.

6 “And these words which I command you today shall be in your heart.

7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up.



## READING

### DEUTERONOMY 6:1-15 (NKJV)

8 You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes.

9 You shall write them on the doorposts of your house and on your gates.

10 “So it shall be, when the Lord your God brings you into the land of which He swore to your fathers, to Abraham, Isaac, and Jacob, to give you large and beautiful cities which you did not build,

11 houses full of all good things, which you did not fill, hewn-out wells which you did not dig, vineyards and olive trees which you did not plant—when you have eaten and are full—

12 then beware, lest you forget the Lord who brought you out of the land of Egypt, from the house of bondage.

13 You shall fear the Lord your God and serve Him and shall take oaths in His name.

14 You shall not go after other gods, the gods of the peoples who are all around you

15 (for the Lord your God is a jealous God among you), lest the anger of the Lord your God be aroused against you and destroy you from the face of the earth.”

Deuteronomy 6:1-15 (NKJV)



# 12

## APPLYING

**1**

What did God tell the Israelites they must do in this passage? List them out.

**2**

How does this apply to your family today?  
What are practical things you can do in response?

**3**

If they did these things what would be the results?  
What would these results look like today in your family?



# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to enter the reality of the things mentioned in the list you made for point 1 above. Repent on behalf of your family for falling short in these areas (e.g. “Forgive us Lord for not fearing You and keeping Your commandments. Have mercy on us and cleanse us with Your precious blood.”) and declare your commitment to develop in these areas (e.g. “We declare that we, the X Family, will love and serve You Lord with all our heart and soul and strength by obeying and walking in Your word and ways. Amen.”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



14

**WEEK 3**

## WORSHIPPING

(JAN 18TH -24TH 2021) DEUTERONOMY 18-1 SAMUEL 6

*Let the Flame Burn Brighter*

<https://www.youtube.com/watch?v=P65vHEu2fZw>

*Speak*

<https://www.youtube.com/watch?v=wLBOMetKaLY>

*The Lord Calls Samuel (Song for Young Kids)*

<https://www.youtube.com/watch?v=SyougzyeBhE>

## READING

**1 SAMUEL 3:1-15 (NKJV)**

Readings for Young Kids

<https://www.youtube.com/watch?v=P13uIsFW7OA>

1 “Now the boy Samuel ministered to the Lord before Eli. And the word of the Lord was rare in those days; there was no widespread revelation.

2 And it came to pass at that time, while Eli was lying down in his place, and when his eyes had begun to grow so dim that he could not see,

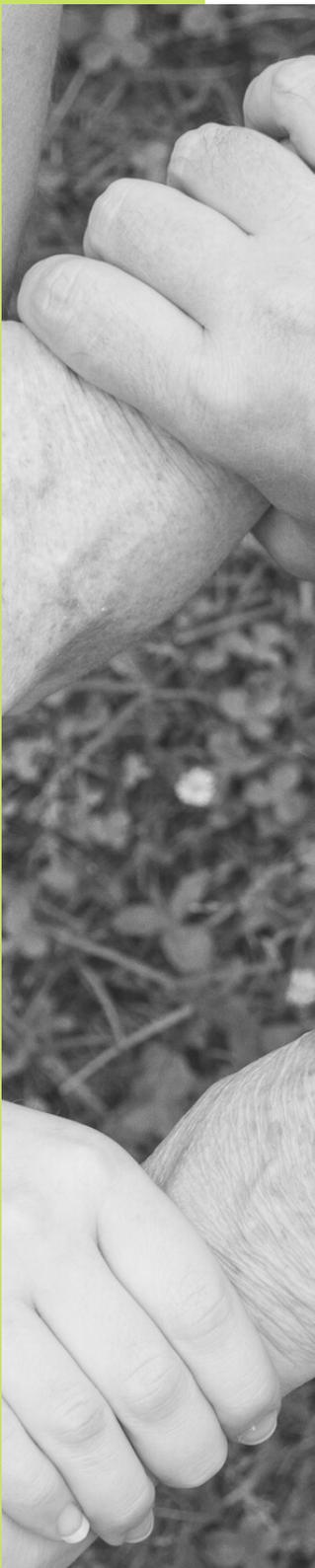
3 and before the lamp of God went out in the tabernacle of the Lord where the ark of God was, and while Samuel was lying down,

4 that the Lord called Samuel. And he answered, “Here I am!”

5 So he ran to Eli and said, “Here I am, for you called me.” And he said, “I did not call; lie down again.” And he went and lay down.

6 Then the Lord called yet again, “Samuel!” So Samuel arose and went to Eli, and said, “Here I am, for you called me.” He answered, “I did not call, my son; lie down again.”

7 (Now Samuel did not yet know the Lord, nor was the word of the Lord yet revealed to him.)



## READING

### 1 SAMUEL 3:1-15 (NKJV)

8 And the Lord called Samuel again the third time. So he arose and went to Eli, and said, "Here I am, for you did call me." Then Eli perceived that the Lord had called the boy.

9 Therefore Eli said to Samuel, "Go, lie down; and it shall be, if He calls you, that you must say, 'Speak, Lord, for Your servant hears.'" So Samuel went and lay down in his place.

10 Now the Lord came and stood and called as at other times, "Samuel! Samuel!" And Samuel answered, "Speak, for Your servant hears."

11 Then the Lord said to Samuel: "Behold, I will do something in Israel at which both ears of everyone who hears it will tingle.

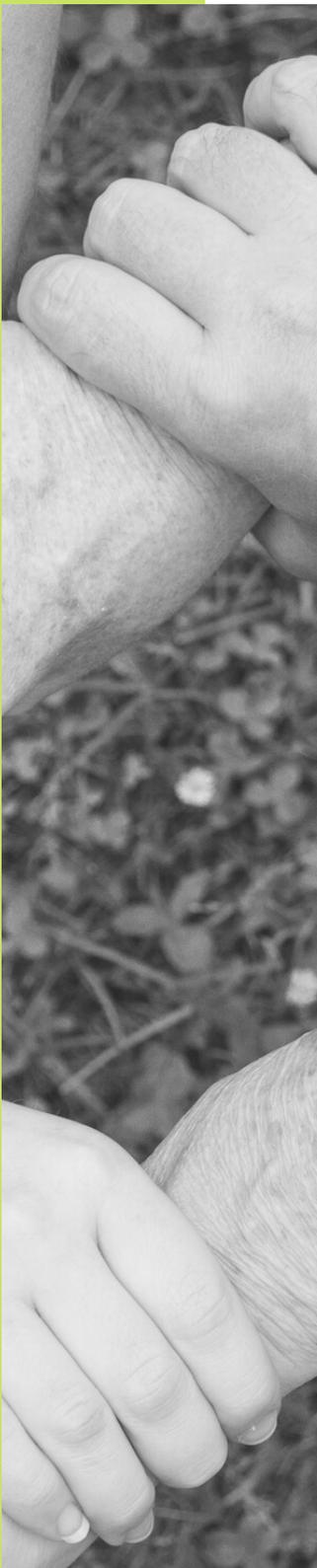
12 In that day I will perform against Eli all that I have spoken concerning his house, from beginning to end.

13 For I have told him that I will judge his house forever for the iniquity which he knows, because his sons made themselves vile, and he did not restrain them.

14 And therefore I have sworn to the house of Eli that the iniquity of Eli's house shall not be atoned for by sacrifice or offering forever."

15 So Samuel lay down until morning, and opened the doors of the house of the Lord. And Samuel was afraid to tell Eli the vision."

1 Samuel 3:1-15 (NKJV)



## APPLYING

### 1

What was the spiritual state of Israel when Samuel was a boy?

What is the spiritual state of your family today?

### 2

Why did Samuel not recognise the voice of the Lord when He called?

How can you hear the voice of the Lord?

### 3

What did God tell Samuel?

What is God telling you as a family today?



# PRAYING

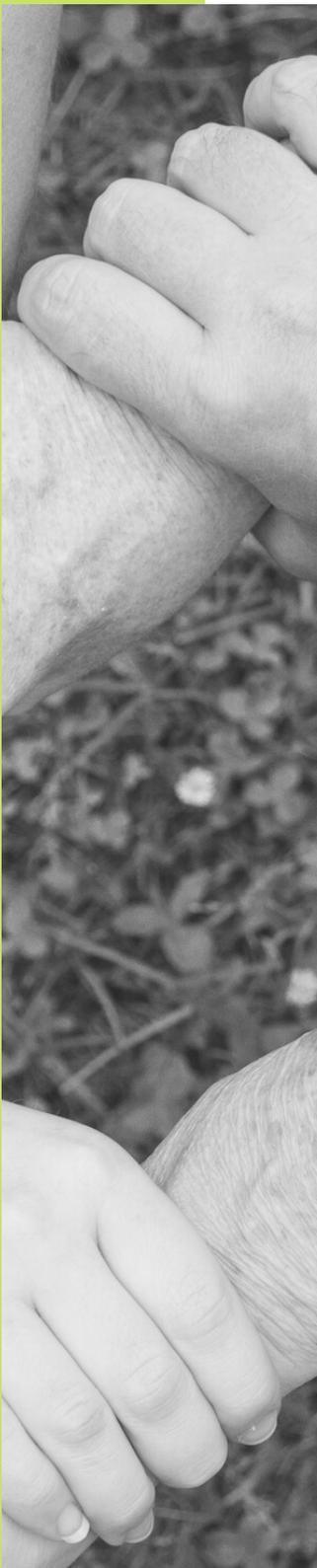
## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be able to hear the voice of the Lord and have a spiritual awakening to be on fire for the Lord (e.g. “Forgive us Lord for not hungering after and hearing Your Word in our hearts as we should. Have mercy on us and help us to have ears to hear Your Word and a mind that understands what You are saying and feet to walk worthily of Your call in our lives. Cleanse us by Your precious blood and awaken us to be on fire for You and have Your Word burning in our hearts like a fire. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



# WORSHIPPING

(JAN 25H -31ST 2021) 1 SAMUEL 7-1 KINGS 20

## *In the Name of Jesus*

<https://www.youtube.com/watch?v=34g8m5hPTnA>

## *Raise a Hallelujah*

<https://www.youtube.com/watch?v=e3RRU25dpPg>

## *David and Goliath Song (For young kids)*

[https://www.youtube.com/watch?v=9C9\\_t9Fo1jE](https://www.youtube.com/watch?v=9C9_t9Fo1jE)

# READING

## 1 SAMUEL 17:40-51 (NKJV)

Reading For young kids

[https://www.youtube.com/watch?v=\\_VCHO50wOE0](https://www.youtube.com/watch?v=_VCHO50wOE0)

40 “Then he took his staff in his hand; and he chose for himself five smooth stones from the brook, and put them in a shepherd’s bag, in a pouch which he had, and his sling was in his hand. And he drew near to the Philistine.

41 So the Philistine came, and began drawing near to David, and the man who bore the shield went before him.

42 And when the Philistine looked about and saw David, he disdained him; for he was only a youth, ruddy and good-looking.

43 So the Philistine said to David, “Am I a dog, that you come to me with sticks?” And the Philistine cursed David by his gods.

44 And the Philistine said to David, “Come to me, and I will give your flesh to the birds of the air and the beasts of the field!”

45 Then David said to the Philistine, “You come to me with a sword, with a spear, and with a javelin. But I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied.



## READING

### 1 SAMUEL 17:40-51 (NKJV)

46 This day the Lord will deliver you into my hand, and I will strike you and take your head from you. And this day I will give the carcasses of the camp of the Philistines to the birds of the air and the wild beasts of the earth, that all the earth may know that there is a God in Israel.

47 Then all this assembly shall know that the Lord does not save with sword and spear; for the battle is the Lord's, and He will give you into our hands."

48 So it was, when the Philistine arose and came and drew near to meet David, that David hurried and ran toward the army to meet the Philistine.

49 Then David put his hand in his bag and took out a stone; and he slung it and struck the Philistine in his forehead, so that the stone sank into his forehead, and he fell on his face to the earth.

50 So David prevailed over the Philistine with a sling and a stone and struck the Philistine and killed him. But there was no sword in the hand of David.

51 Therefore David ran and stood over the Philistine, took his sword, and drew it out of its sheath and killed him, and cut off his head with it. And when the Philistines saw that their champion was dead, they fled. "

1 Samuel 17:40-51 (NKJV)



## APPLYING

1

Who was Goliath to David and the Israelites?

What are the Goliaths in your life today?

2

How did David overcome Goliath and what was His real weapon (see verse 45)?

How are you to overcome your Goliaths today?

3

What are the weapons that God has given you to overcome every giant in your life and family and how should you use them?



## PRAYING

### PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family and extended family to not be afraid of Goliaths that stand in your way but instead to be full of faith and boldness to declare victory and deliverance from all giants such as sickness, financial problems, depression etc. (e.g. “Forgive us Lord for being afraid of the giants that stand in the way of us and we claim Your promises for us. Have mercy on us and cleanse us from all defilements. We declare by faith in the name of Jesus that the giants of \_\_\_\_\_ are defeated right now, they are falling to the ground and we are set free from their power and are free to walk in Your promises. Amen!”)

## SPEAKING BLESSING

### BLESS YOUR CHILDREN

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