

FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”

Leviticus 3:16 (NKJV)

“Thou crownest the year with thy goodness, and thy paths drop fatness.”

Psalms 65:11 (KJV)

WRAPS

“The Lord **wraps** himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He **wraps** you in goodness—beauty eternal.
He renews your youth—you’re always young in his presence.”
Psalms 103:5 (The Message)

HOW TO USE?

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS – through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

02

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

03

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g. "Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

04

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

**FAT
WRAPS**

**FOR
FEBRUARY
2021**

WORSHIPPING

(1-7 FEB 2021 - 1 KINGS 21 – 2 CHRON 14)

These are the days of Elijah

https://www.youtube.com/watch?v=WA2_LM3fm_E

I Have Decided

<https://www.youtube.com/watch?v=5OWWqS1jnOw>

READING

2 KINGS 2:1-15 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=GxISwGqgkK8>

1 “And it came to pass, when the Lord was about to take up Elijah into heaven by a whirlwind, that Elijah went with Elisha from Gilgal.

2 Then Elijah said to Elisha, “Stay here, please, for the Lord has sent me on to Bethel.” But Elisha said, “As the Lord lives, and as your soul lives, I will not leave you!” So they went down to Bethel.

3 Now the sons of the prophets who were at Bethel came out to Elisha, and said to him, “Do you know that the Lord will take away your master from over you today?” And he said, “Yes, I know; keep silent!”

4 Then Elijah said to him, “Elisha, stay here, please, for the Lord has sent me on to Jericho.” But he said, “As the Lord lives, and as your soul lives, I will not leave you!” So they came to Jericho.

5 Now the sons of the prophets who were at Jericho came to Elisha and said to him, “Do you know that the Lord will take away your master from over you today?” So he answered, “Yes, I know; keep silent!”

6 Then Elijah said to him, “Stay here, please, for the Lord has sent me on to the Jordan.” But he said, “As the Lord lives, and as your soul lives, I will not leave you!” So the two of them went on.



READING

2 KINGS 2:1-15 (NKJV)

7 And fifty men of the sons of the prophets went and stood facing them at a distance, while the two of them stood by the Jordan.

8 Now Elijah took his mantle, rolled it up, and struck the water; and it was divided this way and that, so that the two of them crossed over on dry ground.

9 And so it was, when they had crossed over, that Elijah said to Elisha, "Ask! What may I do for you, before I am taken away from you?" Elisha said, "Please let a double portion of your spirit be upon me."

10 So he said, "You have asked a hard thing. Nevertheless, if you see me when I am taken from you, it shall be so for you; but if not, it shall not be so."

11 Then it happened, as they continued on and talked, that suddenly a chariot of fire appeared with horses of fire and separated the two of them; and Elijah went up by a whirlwind into heaven.

12 And Elisha saw it, and he cried out, "My father, my father, the chariot of Israel and its horsemen!" So he saw him no more. And he took hold of his own clothes and tore them into two pieces.

13 He also took up the mantle of Elijah that had fallen from him, and went back and stood by the bank of the Jordan.

14 Then he took the mantle of Elijah that had fallen from him, and struck the water, and said, "Where is the Lord God of Elijah?" And when he also had struck the water, it was divided this way and that; and Elisha crossed over.

15 Now when the sons of the prophets who were from Jericho saw him, they said, "The spirit of Elijah rests on Elisha." And they came to meet him, and bowed to the ground before him."



APPLYING



1.

Elijah was Elisha's spiritual Father,
leading him in the ways of God.

Who is leading or has led you in the ways of God?

What are the good things they have taught you?

2.

What qualities did Elisha have that
he was able to take up the mantle
(power and authority) of Elijah?

What does this speak to you?

3.

Elisha kept pressing in to claim his inheritance,
following Elijah until the very end,
even though others tried to stop him.

What do you personally learn from this?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to have relationships like Elijah and Elisha. Repent on behalf of your family that you are not mentoring your children as you should. (e.g. “Forgive us Lord for not being good examples to lead others in the ways of the Lord. Have mercy on us and give us the spirit of Elijah to live a life close to You that others can follow. Help us be like Elisha in that we press on to the end, not giving up.”)

Declare in faith “We declare that we will be like Elijah and Elisha and follow God into our destinies! Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



WORSHIPPING

(8 - 14 FEB 2021 - 2 CHRON 15 - JOB 15)

I Will Build My Church

<https://www.youtube.com/watch?v=wUv4RUUKyDA>

Lord Prepare Me

<https://www.youtube.com/watch?v=LVKHqg6uoMM>

READING

NEHEMIAH 4:1-15 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=GxISwGqqkK8>

1 “But it so happened, when Sanballat heard that we were rebuilding the wall, that he was furious and very indignant, and mocked the Jews.

2 And he spoke before his brethren and the army of Samaria, and said, “What are these feeble Jews doing? Will they fortify themselves? Will they offer sacrifices? Will they complete it in a day? Will they revive the stones from the heaps of rubbish—stones that are burned?”

3 Now Tobiah the Ammonite was beside him, and he said, “Whatever they build, if even a fox goes up on it, he will break down their stone wall.”

4 Hear, O our God, for we are despised; turn their reproach on their own heads, and give them as plunder to a land of captivity!

5 Do not cover their iniquity, and do not let their sin be blotted out from before You; for they have provoked You to anger before the builders.

6 So we built the wall, and the entire wall was joined together up to half its height, for the people had a mind to work.



READING

NEHEMIAH 4:1-15 (NKJV)

7 Now it happened, when Sanballat, Tobiah, the Arabs, the Ammonites, and the Ashdodites heard that the walls of Jerusalem were being restored and the gaps were beginning to be closed, that they became very angry,

8 and all of them conspired together to come and attack Jerusalem and create confusion.

9 Nevertheless we made our prayer to our God, and because of them we set a watch against them day and night.

10 Then Judah said, "The strength of the laborers is failing, and there is so much rubbish that we are not able to build the wall."

11 And our adversaries said, "They will neither know nor see anything, till we come into their midst and kill them and cause the work to cease."

12 So it was, when the Jews who dwelt near them came, that they told us ten times, "From whatever place you turn, they will be upon us."

13 Therefore I positioned men behind the lower parts of the wall, at the openings; and I set the people according to their families, with their swords, their spears, and their bows.

14 And I looked, and arose and said to the nobles, to the leaders, and to the rest of the people, "Do not be afraid of them. Remember the Lord, great and awesome, and fight for your brethren, your sons, your daughters, your wives, and your houses.

15 And it happened, when our enemies heard that it was known to us, and that God had brought their plot to nothing, that all of us returned to the wall, everyone to his work."

Nehemiah 4:1-15 (NKJV)



APPLYING

1.

Nehemiah was called by God to lead the returning Jews to rebuild the walls of Jerusalem.

You are called to rebuild your family,
so it is strong for the Lord.

What are the walls that need rebuilding in your family?

2.

What enemies were trying to stop the building
in this story?

What strategies did the enemy use?

What enemies are trying to stop your family
being built strong?

How are they doing this?

3.

What did Nehemiah lead the Jews to do as
the enemy tried to stop the work?

What should you do in the light of this?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be built up strong in the Lord and for the Lord to counter all enemy attacks. (e.g. “Forgive us Lord for listening to the lies of the enemy and falling into his traps so our family walls are broken down. Have mercy on us Lord and restore us so we can come regularly to the Family Prayer Altar. We declare that our family wall is being built up and we will serve the Lord and always walk in His victory. We declare that we are more than conquerors in Christ and our family will have strong walls of salvation so we can walk in His ways. In the name of Jesus, Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



14

WEEK 3

WORSHIPPING

(15 -21 FEB 2021 - JOB 16-PSALM 4)

Still

<https://www.youtube.com/watch?v=z3wwWFsSINQ>

You are my Hiding Place

<https://www.youtube.com/watch?v=uUx2WcC9JKo>

READING

JOB 42:1-17 (NKJV)

Readings for Young Kids

<https://www.youtube.com/watch?v=wLeXU0AaXFA>

1 Then Job answered the Lord and said:

2 "I know that You can do everything, and that no purpose of Yours can be withheld from You.

3 You asked, 'Who is this who hides counsel without knowledge?' Therefore I have uttered what I did not understand, Things too wonderful for me, which I did not know.

4 Listen, please, and let me speak; You said, 'I will question you, and you shall answer Me.'

5 "I have heard of You by the hearing of the ear, but now my eye sees You.

6 Therefore I abhor myself, and repent in dust and ashes."

7 And so it was, after the Lord had spoken these words to Job, that the Lord said to Eliphaz the Temanite, "My wrath is aroused against you and your two friends, for you have not spoken of Me what is right, as My servant Job has.



READING

JOB 42:1-17 (NKJV)

8 Now therefore, take for yourselves seven bulls and seven rams, go to My servant Job, and offer up for yourselves a burnt offering; and My servant Job shall pray for you. For I will accept him, lest I deal with you according to your folly; because you have not spoken of Me what is right, as My servant Job has.”

9 So Eliphaz the Temanite and Bildad the Shuhite and Zophar the Naamathite went and did as the Lord commanded them; for the Lord had accepted Job.

10 And the Lord restored Job’s losses when he prayed for his friends. Indeed the Lord gave Job twice as much as he had before.

11 Then all his brothers, all his sisters, and all those who had been his acquaintances before, came to him and ate food with him in his house; and they consoled him and comforted him for all the adversity that the Lord had brought upon him. Each one gave him a piece of silver and each a ring of gold.

12 Now the Lord blessed the latter days of Job more than his beginning; for he had fourteen thousand sheep, six thousand camels, one thousand yoke of oxen, and one thousand female donkeys.

13 He also had seven sons and three daughters.

14 And he called the name of the first Jemimah, the name of the second Keziah, and the name of the third Keren-Happuch.

15 In all the land were found no women so beautiful as the daughters of Job; and their father gave them an inheritance among their brothers.

16 After this Job lived one hundred and forty years, and saw his children and grandchildren for four generations.

17 So Job died, old and full of days.”

Job 42:1-17 (NKJV)



APPLYING

1.

What had happened to Job and why did it happen to him?

Are you suffering in any way right now?

If so, how does this passage speak to you?

2.

What was wrong with Job's friend's counsel?

How can we be miserable counsellors to others?

3.

What was Job's reaction to what God had spoken to him and what did this good reaction lead to?

What should be our reaction to the Lord and to others in times of suffering?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family, especially those who are suffering. (e.g. “Forgive us Lord for being indifferent to the suffering of our family members and for being miserable counsellors, speaking things that do not help. Forgive us that we often complain and blame You or others in our suffering. Have mercy on us and help us to pray for You to intervene. Help us also to always trust in You. We ask You to comfort those who are suffering and declare full restoration to them of Your joy and whatever else needs restoring. In the name of Jesus, Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



WORSHIPPING

(22 -28 FEB 2021 - PSALM 48 - PSALM 118)

Change My Heart O God

<https://www.youtube.com/watch?v=DwudqCO7mSQ>

Create in Me A Clean Heart

<https://www.youtube.com/watch?v=0vcMHRkINMc>

READING

PSALM 51:1-19 (NKJV)

Reading For young kids

<https://www.youtube.com/watch?v=j0UymKAtU3c>

1 "Have mercy upon me, O God, according to Your lovingkindness; according to the multitude of Your tender mercies, blot out my transgressions.

2 Wash me thoroughly from my iniquity, and cleanse me from my sin.

3 For I acknowledge my transgressions, and my sin is always before me.

4 Against You, You only, have I sinned, and done this evil in Your sight— That You may be found just when You speak, and blameless when You judge.

5 Behold, I was brought forth in iniquity, and in sin my mother conceived me.

6 Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom.

7 Purge me with hyssop, and I shall be clean; Wash me, and I shall be whiter than snow.



READING

PSALM 51:1-19 (NKJV)

8 Make me hear joy and gladness, that the bones You have broken may rejoice.

9 Hide Your face from my sins, and blot out all my iniquities.

10 Create in me a clean heart, O God, and renew a steadfast spirit within me.

11 Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

12 Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.

13 Then I will teach transgressors Your ways, and sinners shall be converted to You.

14 Deliver me from the guilt of bloodshed, O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness.

15 O Lord, open my lips, and my mouth shall show forth Your praise.

16 For You do not desire sacrifice, or else I would give it; You do not delight in burnt offering.

17 The sacrifices of God are a broken spirit, a broken and a contrite heart— These, O God, You will not despise.

18 Do good in Your good pleasure to Zion; Build the walls of Jerusalem.

19 Then You shall be pleased with the sacrifices of righteousness, with burnt offering and whole burnt offering; Then they shall offer bulls on Your altar.”

Psalm 51:1-19 (NKJV)



APPLYING

1.

This is David's prayer of repentance after he had sinned.

What were his sins?

What are sins you need to repent of?

2.

What was the right attitude David

had that caused him to repent?

How can you develop this attitude more?

3.

What are the things David prayed for the Lord to do?

List some of them out and use it in your family prayer.



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your own sins to be forgiven and washed away by the blood of Jesus (Make Psalm 51:1-12 a prayer of forgiveness and restoration – read it again in the light of the sins you have confessed.) Pray for your family iniquities (through the generations) to be cleansed – You can use this Bloodline Cleansing prayer:” Cleanse our bloodlines Lord. Forgive our iniquities of idolatry, bitterness, pride, lust, anger, fear, greed, jealousy, rejection, rebellion, bloodshed, sorcery, witchcraft and so forth that have defiled us. We renounce and condemn them and tear down every false altar. Flush out all defilements and curses by Your precious blood. I command all iniquities and related infirmities and sicknesses to be gone from my bloodline right now and ask You to command Your blessing, healing and restoration over me, my family, my children and all our future generations. Release us into our identity and destiny in Christ. In the name of the Lord. Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



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