

FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”

Leviticus 3:16 (NKJV)

“Thou crownest the year with thy goodness, and thy paths drop fatness.”

Psalms 65:11 (KJV)

WRAPS

“The Lord **wraps** himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He **wraps** you in goodness—beauty eternal.
He renews your youth—you’re always young in his presence.”
Psalms 103:5 (The Message)

HOW TO USE?

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

02

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

03

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g. "Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

04

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

**FAT
WRAPS**

**FOR
AUGUST
2021**

WORSHIPPING

(JULY 1ST – 7TH 2021)

Church Arise

<https://www.youtube.com/watch?v=A98YQHG8tLY>

Light of the World (Here I Am) -

<https://www.youtube.com/watch?v=-MmRGSEG2LM>

The Beatitudes Song (For Kids) -

<https://www.youtube.com/watch?v=5yxs5wFpnGg>

READING

MATTHEW 5:1-16 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=Ze7w3-BL3OM&t=59>

1 "And seeing the multitudes, He went up on a mountain, and when He was seated His disciples came to Him.

2 Then He opened His mouth and taught them, saying:

3 "Blessed are the poor in spirit, For theirs is the kingdom of heaven.

4 Blessed are those who mourn, For they shall be comforted.

5 Blessed are the meek, For they shall inherit the earth.

6 Blessed are those who hunger and thirst for righteousness, For they shall be filled.

7 Blessed are the merciful, For they shall obtain mercy.

8 Blessed are the pure in heart, For they shall see God.

9 Blessed are the peacemakers, For they shall be called sons of God.

10 Blessed are those who are persecuted for righteousness' sake, For theirs is the kingdom of heaven.



READING

MATTHEW 5:1-16 (NKJV)

11 Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake.

12 Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you.

13 "You are the salt of the earth; but if the salt loses its flavor, how shall it be seasoned? It is then good for nothing but to be thrown out and trampled underfoot by men.

14 "You are the light of the world. A city that is set on a hill cannot be hidden.

15 Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house.

16 Let your light so shine before men, that they may see your good works and glorify your Father in heaven."



APPLYING

1.

We are to shine forth and bring divine flavour to the world with these Kingdom attitudes (Beatitudes) that Jesus presents us with here.

What does it mean to be light of the world and salt of the earth?

2.

Which one of these attitudes do you need the most of right now?

Why?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be light of the world and salt of the earth, displaying forth these attitudes of the Kingdom of Heaven. (e.g., “Forgive us Lord that we often hide our light under a basket and do not display these attitudes of Your Kingdom. Help us, by Your Spirit, to be the salt of the earth and the light of the world. Amen!”).

Declare in faith “We declare that we, the _____ family, are the salt of the earth and the light of the world and we will show forth all eight of the Beatitudes by the power of Your Spirit. Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



WORSHIPPING

(AUGUST 8TH -14TH 2021)

Amazing Love (You are my King)

<https://www.youtube.com/watch?v=avJ4IDnZWRU>

No Longer Slaves

<https://www.youtube.com/watch?v=f8TkUMJtK5k>

Zacchaeus (Kids Song)

<https://www.youtube.com/watch?v=htkKcg2THKg>

READING

LUKE 19:1-10 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=5BjtbJFz2ug>

1“Then Jesus entered and passed through Jericho.

2 Now behold, there was a man named Zacchaeus who was a chief tax collector, and he was rich.

3 And he sought to see who Jesus was, but could not because of the crowd, for he was of short stature.

4 So he ran ahead and climbed up into a sycamore tree to see Him, for He was going to pass that way.

5 And when Jesus came to the place, He looked up and saw him, and said to him, “Zacchaeus, make haste and come down, for today I must stay at your house.”

6 So he made haste and came down, and received Him joyfully.

7 But when they saw it, they all complained, saying, “He has gone to be a guest with a man who is a sinner.”



11

WEEK 2

READING

LUKE 19:1-10 (NKJV)

8 Then Zacchaeus stood and said to the Lord, "Look, Lord, I give half of my goods to the poor; and if I have taken anything from anyone by false accusation, I restore fourfold."

9 And Jesus said to him, "Today salvation has come to this house, because he also is a son of Abraham;
10 for the Son of Man has come to seek and to save that which was lost."



APPLYING



1.

What was amazing about Jesus seeking out Zacchaeus?

What is amazing about Him seeking you out?

2.

What modern groups of people might experience rejection like Zacchaeus the tax collector?

3.

Zacchaeus could not change his height. What do you want to change about yourself that is not changeable?

What are some possible ways to overcome that internal rejection?

4.

Run, climb, give, payback— these are the things Zacchaeus did here to respond to Jesus. What can you do right now to get closer to Him and be set free into your true identity and destiny?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be like Zacchaeus and press into the fulness of what Jesus has for you. (e.g., “Forgive us Lord that we often reject ourselves or others and even feel rejected by You. Help us be like Zacchaeus and press into Your presence so You will restore us and bring us into our true identity and destiny in You. Amen!”)

Declare in faith: “We declare that we, the _____ family, are accepted in the Beloved and are precious in the Lord’s eyes. We declare that we will arise and run into the fulness of God’s identity and destiny for us. Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



14

WEEK 3

WORSHIPPING

(AUGUST 15TH – 21ST 2021)

Raise a Hallelujah

<https://www.youtube.com/watch?v=e3RRU25dpPg>

He Never Sleeps

<https://www.youtube.com/watch?v=a7rAPMOfBOY>

Eutychus Alive Again (Kids Song)

<https://www.youtube.com/watch?v=kOV53PzHP0M>

READING

ACTS 20:1-16 (NKJV)

Reading for Young Kids

<https://www.youtube.com/watch?v=lwK9cn9IGA0>

1 “After the uproar had ceased, Paul called the disciples to himself, embraced them, and departed to go to Macedonia.

2 Now when he had gone over that region and encouraged them with many words, he came to Greece
3 and stayed three months. And when the Jews plotted against him as he was about to sail to Syria, he decided to return through Macedonia.

4 And Sopater of Berea accompanied him to Asia—also Aristarchus and Secundus of the Thessalonians, and Gaius of Derbe, and Timothy, and Tychicus and Trophimus of Asia.

5 These men, going ahead, waited for us at Troas.

6 But we sailed away from Philippi after the Days of Unleavened Bread, and in five days joined them at Troas, where we stayed seven days.



15

READING

ACTS 20:1-16 (NKJV)

7 Now on the first day of the week, when the disciples came together to break bread, Paul, ready to depart the next day, spoke to them and continued his message until midnight.

8 There were many lamps in the upper room where they were gathered together.

9 And in a window sat a certain young man named Eutychus, who was sinking into a deep sleep. He was overcome by sleep; and as Paul continued speaking, he fell down from the third story and was taken up dead.

10 But Paul went down, fell on him, and embracing him said, "Do not trouble yourselves, for his life is in him."

11 Now when he had come up, had broken bread and eaten, and talked a long while, even till daybreak, he departed.

12 And they brought the young man in alive, and they were not a little comforted.

13 Then we went ahead to the ship and sailed to Assos, there intending to take Paul on board; for so he had given orders, intending himself to go on foot.

14 And when he met us at Assos, we took him on board and came to Mitylene.

15 We sailed from there, and the next day came opposite Chios. The following day we arrived at Samos and stayed at Trogyllium. The next day we came to Miletus.

16 For Paul had decided to sail past Ephesus, so that he would not have to spend time in Asia; for he was hurrying to be at Jerusalem, if possible, on the Day of Pentecost."



APPLYING

1.

What does this passage tell us about the urgency with which Paul shared the Word of God?

2.

How desperate are you to hear the Word of God faithfully preached and taught?

What do you need to do in the light of this?

3.

What else do you find surprising/interesting in this passage?

Why?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray that you and your family will be passionate about the reading, preaching, and teaching of the Word of God. (e.g., “Father God, forgive us for sleeping and slumbering as Your word is read, preached and taught. Thank you that you raised Eutychus from the dead. Help us to be so passionate about hearing the Gospel that we rise from our slumber and extend ourselves to hear Your Word, and be passionate about proclaiming it, going beyond our comfort zones to share it with others. Amen!”)

Declare in Faith: “We declare that we, the _____ family, will rise to be passionate hearers and doers of the Word of the Lord. Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



WORSHIPPING

(AUGUST 22ND-31ST 2021)

I Walk by Faith

<https://www.youtube.com/watch?v=x0-eljXhRMM&t=63s>

By Faith

<https://www.youtube.com/watch?v=fXB8ihepUpE>

Faith (For kids)

https://www.youtube.com/watch?v=XVc3BIB_lw4

READING

HEBREWS 11:1-16 (NKJV)

Reading For young kids

https://www.youtube.com/watch?v=OlgXVihi_S8

1 “Now faith is the substance of things hoped for, the evidence of things not seen.

2 For by it the elders obtained a good testimony.

3 By faith we understand that the worlds were framed by the word of God, so that the things which are seen were not made of things which are visible.

4 By faith Abel offered to God a more excellent sacrifice than Cain, through which he obtained witness that he was righteous, God testifying of his gifts; and through it he being dead still speaks.

5 By faith Enoch was taken away so that he did not see death, “and was not found, because God had taken him”; for before he was taken he had this testimony, that he pleased God.

6 But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.



READING

HEBREWS 11:1-16 (NKJV)

7 By faith Noah, being divinely warned of things not yet seen, moved with godly fear, prepared an ark for the saving of his household, by which he condemned the world and became heir of the righteousness which is according to faith.

8 By faith Abraham obeyed when he was called to go out to the place which he would receive as an inheritance. And he went out, not knowing where he was going.

9 By faith he dwelt in the land of promise as in a foreign country, dwelling in tents with Isaac and Jacob, the heirs with him of the same promise;

10 for he waited for the city which has foundations, whose builder and maker is God.

11 By faith Sarah herself also received strength to conceive seed, and she bore a child when she was past the age, because she judged Him faithful who had promised.

12 Therefore from one man, and him as good as dead, were born as many as the stars of the sky in multitude—innumerable as the sand which is by the seashore.

13 These all died in faith, not having received the promises, but having seen them afar off were assured of them, embraced them and confessed that they were strangers and pilgrims on the earth.

14 For those who say such things declare plainly that they seek a homeland.

15 And truly if they had called to mind that country from which they had come out, they would have had opportunity to return.

16 But now they desire a better, that is, a heavenly country. Therefore God is not ashamed to be called their God, for He has prepared a city for them.”



APPLYING

1.

From this passage of Scripture
how would you describe faith in your own words?

2.

Which of the heroes of Faith listed here
speaks to you the most?

Why?

3.

As you think and pray through
what is written in Hebrews 11:1-16,
how do you think the Holy Spirit is prompting
you to respond to what God is saying to you
through these verses?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be a mighty faith-filled family. (e.g., "Forgive us Lord for often moving in unbelief, fear and doubt. Help us to have real faith in You like the heroes of faith in Hebrews 11 that will move mountains and do the mighty works you have prepared beforehand that we should walk in. Amen!")

Declare in faith: "We declare that we are a family of faith, desiring a heavenly country! We declare we will move into Your destiny for us as the _____ family by faith and in the power of Your Holy Spirit. Amen!"

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



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