

FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”

Leviticus 3:16 (NKJV)

“Thou crownest the year with thy goodness, and thy paths drop fatness.”

Psalms 65:11 (KJV)

WRAPS

“The Lord **wraps** himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He **wraps** you in goodness—beauty eternal.
He renews your youth—you’re always young in his presence.”
Psalms 103:5 (The Message)

HOW TO USE?

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

02

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

03

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g. "Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

04

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

**FAT
WRAPS**

**FOR
OCTOBER
2021**

WORSHIPPING

(OCTOBER 1ST – 7TH 2021) 1 KINGS 11 – 2 CHRONICLES 4

Jehovah Jireh

https://www.youtube.com/watch?v=fCsH_TtZReY

Days of Elijah

<https://www.youtube.com/watch?v=ca9LnzJnpjQ>

God is so Good (For Kids)

<https://www.youtube.com/watch?v=eg3bvbDVUTg>

READING

1 KINGS 17:1-16 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=BNTIqy2YBo8>

1 *“And Elijah the Tishbite, of the inhabitants of Gilead, said to Ahab, “As the Lord God of Israel lives, before whom I stand, there shall not be dew nor rain these years, except at my word.”*

2 *Then the word of the Lord came to him, saying,*

3 *“Get away from here and turn eastward, and hide by the Brook Cherith, which flows into the Jordan.*

4 *And it will be that you shall drink from the brook, and I have commanded the ravens to feed you there.”*

5 *So he went and did according to the word of the Lord, for he went and stayed by the Brook Cherith, which flows into the Jordan.*

6 *The ravens brought him bread and meat in the morning, and bread and meat in the evening; and he drank from the brook.*

7 *And it happened after a while that the brook dried up, because there had been no rain in the land.*

8 *Then the word of the Lord came to him, saying,*

9 *“Arise, go to Zarephath, which belongs to Sidon, and dwell there. See, I have commanded a widow there to provide for you.”*



READING

1 KINGS 17:1-16 (NKJV)

10 So he arose and went to Zarephath. And when he came to the gate of the city, indeed a widow was there gathering sticks. And he called to her and said, "Please bring me a little water in a cup, that I may drink."

11 And as she was going to get it, he called to her and said, "Please bring me a morsel of bread in your hand."

12 So she said, "As the Lord your God lives, I do not have bread, only a handful of flour in a bin, and a little oil in a jar; and see, I am gathering a couple of sticks that I may go in and prepare it for myself and my son, that we may eat it, and die."

13 And Elijah said to her, "Do not fear; go and do as you have said, but make me a small cake from it first, and bring it to me; and afterward make some for yourself and your son.

14 For thus says the Lord God of Israel: 'The bin of flour shall not be used up, nor shall the jar of oil run dry, until the day the Lord sends rain on the earth.'"

15 So she went away and did according to the word of Elijah; and she and he and her household ate for many days.

16 The bin of flour was not used up, nor did the jar of oil run dry, according to the word of the Lord which He spoke by Elijah."



APPLYING



1.

Elijah had an important message for the King of Israel.

What was that message and what was the significance of it?

2.

Why did Elijah have to run away from the King and how did God provide for him?

What does this speak to you?

3.

What does the story tell us about God?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to move in the spirit of Elijah! (e.g., “Forgive us Lord that we often live only for ourselves, and we don’t hear Your words of destiny for us to act on. We fear doing what You ask us to as we don’t believe You will provide. Let faith arise in us so we can be bold like Elijah to do Your will and trust in You for all we need. Amen!”).

Declare in faith “We declare that we, the _____ family, are a family of faith! We will hear Your words of instruction and arise in faith and obedience knowing You will provide all our needs as we seek first Your Kingdom and righteousness. Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



WORSHIPPING

(OCTOBER 8TH -14TH 2021) 2 CHRONICLES 5 – JOB 5

I Have a Destiny

<https://www.youtube.com/watch?v=-Xn9qhTgL08>

Pray for the Peace of Jerusalem

<https://www.youtube.com/watch?v=tv6pu4uCyNQ>

Esther Song (Kids Song)

<https://www.youtube.com/watch?v=gXv1ImfILOs>

READING

ESTHER 4:1-17 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=iWnMGSw97Wg>

1 “When Mordecai learned all that had happened, he tore his clothes and put on sackcloth and ashes, and went out into the midst of the city. He cried out with a loud and bitter cry.

2 He went as far as the front of the king’s gate, for no one might enter the king’s gate clothed with sackcloth.

3 And in every province where the king’s command and decree arrived, there was great mourning among the Jews, with fasting, weeping, and wailing; and many lay in sackcloth and ashes.

4 So Esther’s maids and eunuchs came and told her, and the queen was deeply distressed. Then she sent garments to clothe Mordecai and take his sackcloth away from him, but he would not accept them.

5 Then Esther called Hathach, one of the king’s eunuchs whom he had appointed to attend her, and she gave him a command concerning Mordecai, to learn what and why this was.

6 So Hathach went out to Mordecai in the city square that was in front of the king’s gate.



11 WEEK 2

READING

ESTHER 4:1-17 (NKJV)

7 And Mordecai told him all that had happened to him, and the sum of money that Haman had promised to pay into the king's treasuries to destroy the Jews.

8 He also gave him a copy of the written decree for their destruction, which was given at Shushan, that he might show it to Esther and explain it to her, and that he might command her to go in to the king to make supplication to him and plead before him for her people.

9 So Hathach returned and told Esther the words of Mordecai.

10 Then Esther spoke to Hathach, and gave him a command for Mordecai:

11 "All the king's servants and the people of the king's provinces know that any man or woman who goes into the inner court to the king, who has not been called, he has but one law: put all to death, except the one to whom the king holds out the golden scepter, that he may live. Yet I myself have not been called to go in to the king these thirty days."

12 So they told Mordecai Esther's words.

13 And Mordecai told them to answer Esther: "Do not think in your heart that you will escape in the king's palace any more than all the other Jews.

14 For if you remain completely silent at this time, relief and deliverance will arise for the Jews from another place, but you and your father's house will perish. Yet who knows whether you have come to the kingdom for such a time as this?"

15 Then Esther told them to reply to Mordecai:

16 "Go, gather all the Jews who are present in Shushan, and fast for me; neither eat nor drink for three days, night or day. My maids and I will fast likewise. And so I will go to the king, which is against the law; and if I perish, I perish!"

17 So Mordecai went his way and did according to all that Esther commanded him."



12

APPLYING

1.

Why was Mordecai so sad that he tore his clothes?

Why do people often hate the Jew so much?

What should your response to this be?

2.

What was Esther's response to the news?

(Especially v14)

What does this speak to you?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to stand with the Jews and to know what your family destiny is. (e.g., "Forgive us Lord that we often are indifferent to what's happening to the Jews around the world, and we do not pray as we should for the peace of Jerusalem. Help us also to know what Your destiny for us is. Amen!")



SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

14 WEEK 3

WORSHIPPING

(OCTOBER 15TH – 21ST 2021) JOB 6 - PSALM 36

Psalm 2 (Refuge in Him)

<https://www.youtube.com/watch?v=qhbfFoR5zBw>

Psalm 2 Song

<https://www.youtube.com/watch?v=xEUFh2HbftQ>

READING

PSALM 2:1-12 (NKJV)

- 1 “Why do the nations rage, And the people plot a vain thing?
- 2 The kings of the earth set themselves, And the rulers take counsel together, Against the Lord and against His Anointed, saying,
- 3 “Let us break Their bonds in pieces And cast away Their cords from us.”
- 4 He who sits in the heavens shall laugh; The Lord shall hold them in derision.
- 5 Then He shall speak to them in His wrath, And distress them in His deep displeasure:
- 6 “Yet I have set My King On My holy hill of Zion.”
- 7 “I will declare the decree: The Lord has said to Me, ‘You are My Son, Today I have begotten You.
- 8 Ask of Me, and I will give You The nations for Your inheritance, And the ends of the earth for Your possession.



15

READING

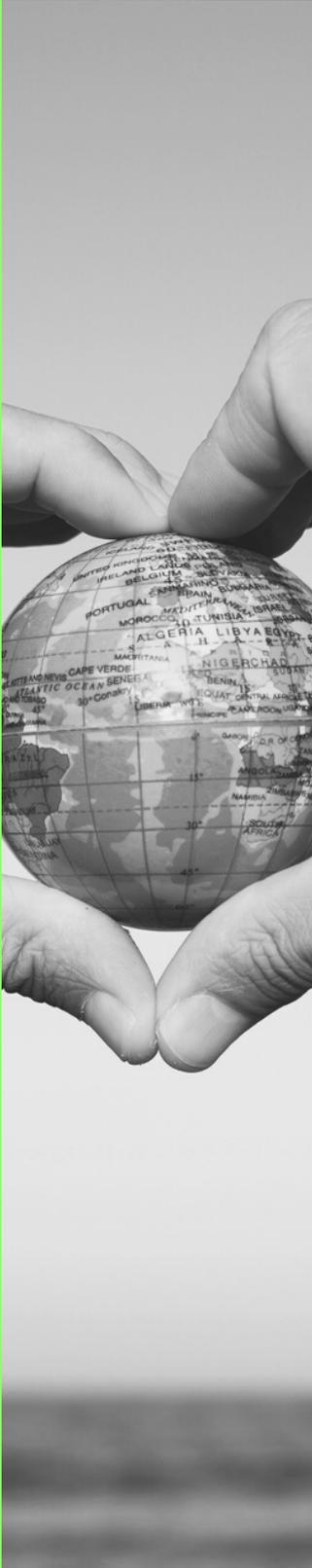
PSALM 2:1-12 (NKJV)

9 You shall break them with a rod of iron; You shall dash them to pieces like a potter's vessel.' ”

10 Now therefore, be wise, O kings; Be instructed, you judges of the earth.

11 Serve the Lord with fear, And rejoice with trembling.

12 Kiss the Son, lest He be angry, And you perish in the way, When His wrath is kindled but a little. Blessed are all those who put their trust in Him.”



APPLYING

1.

In this Psalm King David celebrates his enthronement as King of Israel but points to the real King in heaven (God the Father) and His Messiah (God the Son), fulfilled in Jesus.

There are forces that want to destroy His Kingdom but what is God's reply?
What does this speak to you?

2.

What verse or statement springs out at you and what is God speaking to you through that?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be found in God's Throne room and not be dragged down by the turbulence in this world. (e.g., "Forgive us Lord for allowing fear and confusion to grip us as we witness the troubling world events swirl around us. Help us have faith in You and take refuge in Your sanctuary. Amen!")



SPEAKING BLESSING

BLESS YOUR CHILDREN

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WORSHIPPING

(OCTOBER 22ND-31ST 2021) PSALM 37-PSALM 129

Psalm 42

<https://www.youtube.com/watch?v=ctThGKhcoEw>

As the Deer

<https://www.youtube.com/watch?v=UZv3jzOTE70>

As the Deer (For Kids)

<https://www.youtube.com/watch?v=fLZdGn7HRuI>

READING

PSALM 42:1-11 (NKJV)

Reading For young kids

<https://www.youtube.com/watch?v=yCuU2OsNPQ8>

1 "As the deer pants for the water brooks, so pants my soul for You, O God.

2 My soul thirsts for God, for the living God. When shall I come and appear before God?

3 My tears have been my food day and night, while they continually say to me, "Where is your God?"

4 When I remember these things, I pour out my soul within me. For I used to go with the multitude. I went with them to the house of God, with the voice of joy and praise, with a multitude that kept a pilgrim feast.

5 Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him for the help of His countenance.

6 O my God, my soul is cast down within me; Therefore, I will remember You from the land of the Jordan, And from the heights of Hermon, from the Hill Mizar.

7 Deep calls unto deep at the noise of Your waterfalls; All Your waves and billows have gone over me.



READING

PSALM 42:1-11 (NKJV)

8 The Lord will command His lovingkindness in the daytime, and in the night His song shall be with me—
A prayer to the God of my life.

9 I will say to God my Rock, “Why have You forgotten me?
Why do I go mourning because of the oppression of the enemy?”

10 As with a breaking of my bones, my enemies reproach me, while they say to me all day long, “Where is your God?”

11 Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, The help of my countenance and my God.”



APPLYING

1.

In Psalm 42, the writer felt overwhelmed and discouraged.

How have you been doing through COVID-19?
In what ways have you been most encouraged?
In what ways have you struggled most?

2.

What do you long for
when you feel overwhelmed?

3.

What can you learn from the psalmist
about responding to those
seasons of difficulty correctly?
Share one thought with your family.



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to hunger and thirst after the Lord more and be satisfied in Him. (e.g., “Forgive us Lord that we often hunger and thirst after the wrong things that do not truly satisfy. Help us to thirst after You alone and find hope in You during these troubling times. Amen!”)

Declare in faith: “We declare that we the _____ family thirst alone for the Lord and find hope, satisfaction, strength and meaning in Him. Our souls shall be encouraged and lifted by Him to face every situation with His strength and enabling. Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

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