

# FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”

*Leviticus 3:16 (NKJV)*

“Thou crownest the year with thy goodness; and thy paths drop fatness.”

*Psalms 65:11 (KJV)*

01

# WRAPS

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He wraps you in goodness—beauty eternal.  
He renews your youth—you’re always young in his presence.”  
Psalms 103:5 (The Message)

## HOW TO USE?

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

# 02

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

## **Guidelines for the leader of the Family Altar Time:**

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

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It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

# 03

## **(1) Worshipping (7 Minutes\*)**

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

## **(2) Reading (5 Minutes\*)**

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

## **(3) Applying (10 Minutes\*)**

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

## **(4) Praying (5 Minutes\*)**

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g. "Forgive us Lord that we have broken Your covenant by \_\_\_\_\_, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by \_\_\_\_\_. In the name of Jesus, Amen".)

# 04

## **(5) Speaking Blessing (3 minutes\*)**

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

*\*Suggested timing. Make it according to what is best for your family).*

**FAT  
WRAPS**

**FOR  
JUNE  
2022**

06

**WEEK 1**

# WORSHIPPING

(JUNE 1ST -6TH 2022) 1 SAMUEL 25-2 SAMUEL 4; 1 CHRONICLES 1-8;  
 PSALMS 6, 8-10,14,16-19,21,35,43-45,49,52,54,56,63,73,77-78,81,  
 PSALMS 84-85,87-88,92-93,120-121,123-125,128-130,140-142.

How Majestic is Your Name

<https://www.youtube.com/watch?v=UIgeisMkJjw>

Oh Lord Our God

<https://www.youtube.com/watch?v=oTZnuPTGWS8>

Psalm 8

<https://www.youtube.com/watch?v=bPSv8vredVs>

Psalm 8:1 (for kids)

<https://www.youtube.com/watch?v=6XQ5e0Uhgq4>

## READING

### PSALM 8:1-9 (NKJV)

Reading for young kids

[https://www.youtube.com/watch?v=d\\_-xvaK4wlw](https://www.youtube.com/watch?v=d_-xvaK4wlw)

1 "O Lord, our Lord, how excellent is Your name in all the earth, who have set Your glory above the heavens!

2 Out of the mouth of babes and nursing infants you have ordained strength, because of Your enemies, that You may silence the enemy and the avenger.

3 When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained,

4 What is man that You are mindful of him, and the son of man that You visit him?

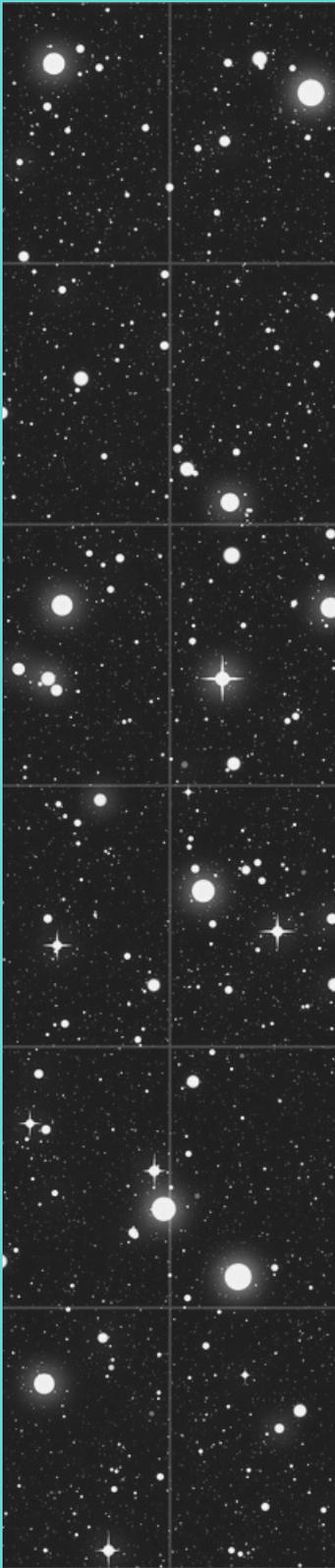
5 For You have made him a little lower than the angels, and You have crowned him with glory and honor.

6 You have made him to have dominion over the works of Your hands; You have put all things under his feet,

7 All sheep and oxen— Even the beasts of the field,

8 The birds of the air, and the fish of the sea that pass through the paths of the seas.

9 O Lord, our Lord, how excellent is Your name in all the earth!"



## APPLYING

### 1.

Review v. 4,  
then look up Genesis 1:26-27 as a group.

Based on these two passages  
what do you suppose it means  
to be an image bearer of God?

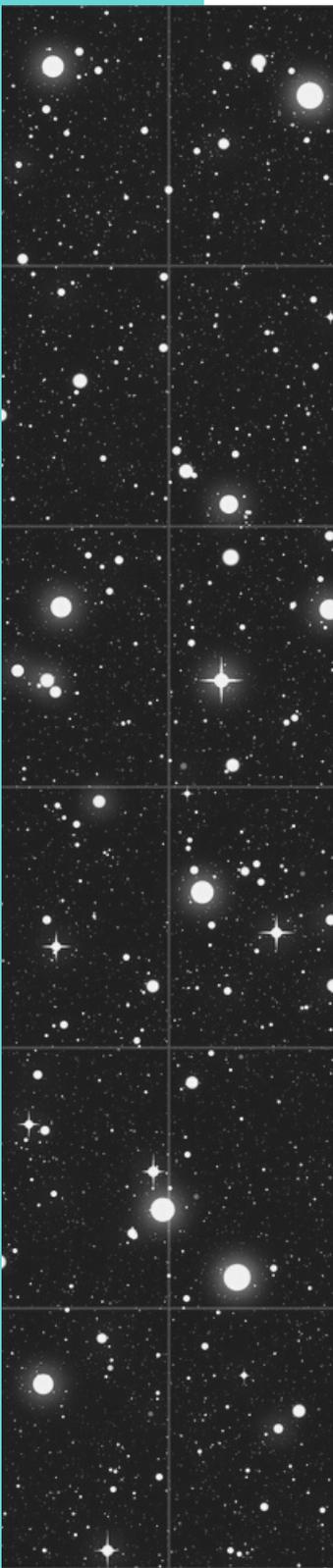
Does this give you  
a greater sense of purpose,  
why?

### 2.

Review vs. 3 and 6 as a group.  
What role do human beings have  
in God's creation?

Is it an important one  
that should not be overlooked,  
or is it secondary in nature?

Explain.



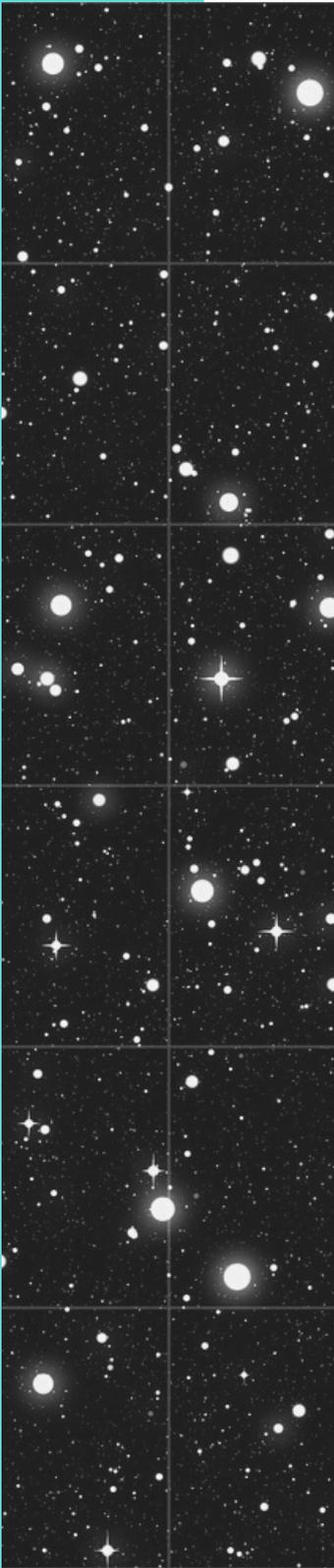
## APPLYING

### 3.

Read v. 5 and compare it with Hebrews 2:6-8 and 1 Cor. 15:27-28 as a group.

We just looked at the importance of human beings, but what do these passages reveal about the supremacy of Christ?

Discuss with the group how your view of Jesus is changed or how it has grown?



# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

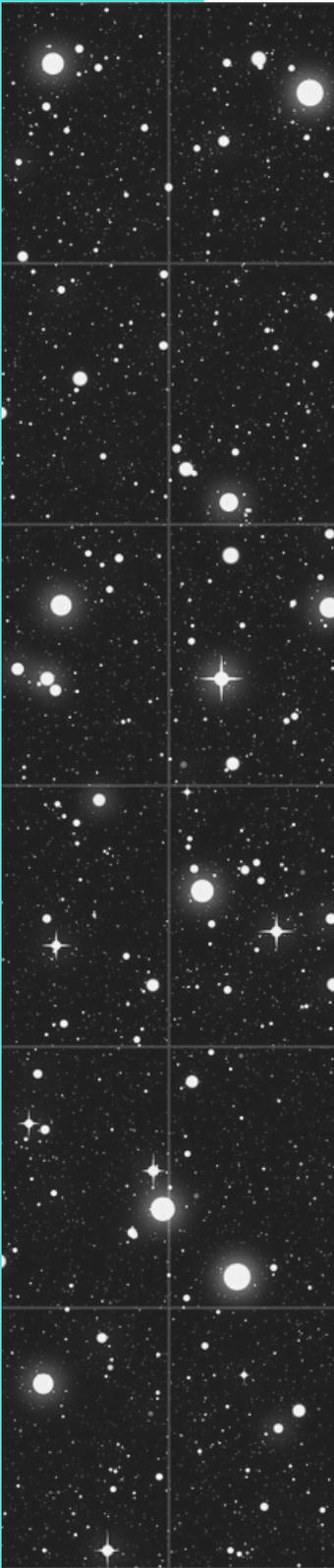
Pray for your family to know who they are in Christ (e.g., “Forgive us Lord for often not knowing who we are in You. Help us live in our identity as sons and daughters of the living God with a strong revelation of who You are and who we are in You!”)

Declare in faith: “We declare that we, the \_\_\_\_\_ Family, are sons and daughters of the living God called to rule and reign in the Kingdom of God. We are more than conquerors in Christ and called to be fruitful, multiply, subdue and have dominion. Amen.”

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



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**WEEK 2**

# WORSHIPPING

(JUN 7TH -13TH 2022) 2 SAMUEL 5-16;1 CHRONICLES 9-20;

PSALMS 1-4,12-13,15,20,22-25,28-29,32-33,36,39,47,

PSALMS 50-51,53,55,60, 65-70,75,86,89,96,100-107,122,132-133



*House of the Lord*

<https://www.youtube.com/watch?v=lqfV0zeEvT8>

*Build My Life*

[https://www.youtube.com/watch?v=QZW4\\_8\\_zCBE](https://www.youtube.com/watch?v=QZW4_8_zCBE)

*Lord Prepare Me*

<https://www.youtube.com/watch?v=2dyWUiKcv0g>

*Big House (For young children) -*

<https://www.youtube.com/watch?v=e5mZTUBGNE>

# READING

## 1 CHRONICLES 17:1-14 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=c3CG6laxfwf>

1 “Now it came to pass, when David was dwelling in his house, that David said to Nathan the prophet, “See now, I dwell in a house of cedar, but the ark of the covenant of the Lord is under tent curtains.”

2 Then Nathan said to David, “Do all that is in your heart, for God is with you.”

3 But it happened that night that the word of God came to Nathan, saying,

4 “Go and tell My servant David, ‘Thus says the Lord: “You shall not build Me a house to dwell in.

5 For I have not dwelt in a house since the time that I brought up Israel, even to this day, but have gone from tent to tent, and from one tabernacle to another.

# READING

## 1 CHRONICLES 17:1-14 (NKJV)

6 Wherever I have moved about with all Israel, have I ever spoken a word to any of the judges of Israel, whom I commanded to shepherd My people, saying, 'Why have you not built Me a house of cedar?' " "

7 Now therefore, thus shall you say to My servant David, 'Thus says the Lord of hosts: "I took you from the sheepfold, from following the sheep, to be ruler over My people Israel.

8 And I have been with you wherever you have gone and have cut off all your enemies from before you and have made you a name like the name of the great men who are on the earth.

9 Moreover I will appoint a place for My people Israel, and will plant them, that they may dwell in a place of their own and move no more; nor shall the sons of wickedness oppress them anymore, as previously,

10 since the time that I commanded judges to be over My people Israel. Also, I will subdue all your enemies. Furthermore, I tell you that the Lord will build you a house.

11 And it shall be, when your days are fulfilled, when you must go to be with your fathers, that I will set up your seed after you, who will be of your sons; and I will establish his kingdom.

12 He shall build Me a house, and I will establish his throne forever.

13 I will be his father, and he shall be My son; and I will not take My mercy away from him, as I took it from him who was before you.

14 And I will establish him in My house and in My kingdom forever; and his throne shall be established forever."



# 12

## APPLYING



### 1.

In verses 2 & 3,  
Nathan, a prophet,  
turns out to be mistaken  
about the course of action David should take.  
Does this tell us something about discernment,  
and if so, what does it tell us?  
Can we put this to use ourselves,  
and if so, how?

### 2.

List the promises God gave  
to David in verses 7-14.  
In some way these are promises for us too.  
Choose one and talk about  
how it is a promise for you to claim today.  
Claim it now!

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be discerning in the Kingdom. (e.g., “Forgive us Lord for often not discerning the times and doing things when it is not the right time or not doing things when we should do them in Your timing. Amen.”)

Declare that you will be a family that knows His times and seasons. (e.g., “We declare that we, the \_\_\_\_\_ Family, will only move in the Lord’s timing to build His Kingdom, knowing His times and seasons! Amen.”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



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**WEEK 3**

## WORSHIPPING

(JUN 14TH - 20TH 2022) 2 SAMUEL 17-24; 1 KINGS 1-2,

1 CHRONICLES 21-29; PSALMS 5,26,30,37-38,40-42,57-58, 61 - 62

PSALMS 64,71,94-95,97-99,108-119,127,131,138-139,143-145.

Come Let us Sing for Joy

[https://www.youtube.com/watch?v=CEK\\_s\\_KD1Qw](https://www.youtube.com/watch?v=CEK_s_KD1Qw)

Psalm 90 (Satisfy Us)

<https://www.youtube.com/watch?v=PCDNZwMRYfo>

Come Let us Worship and Bow Down

<https://www.youtube.com/watch?v=NEK9u51ofZE>

Sing For Joy (for kids)

<https://www.youtube.com/watch?v=Rq-o2OaVjnY>

## READING

### PSALM 95:1-11 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=0Fh2A5ucqPQ&t=12s>

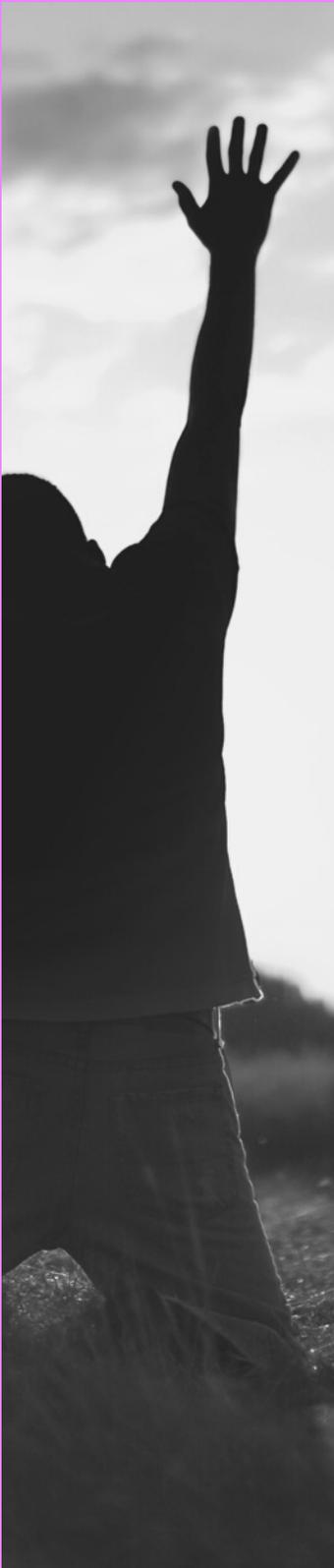
1 "Oh come, let us sing to the Lord! Let us shout joyfully to the Rock of our salvation.

2 Let us come before His presence with thanksgiving; Let us shout joyfully to Him with psalms.

3 For the Lord is the great God, and the great King above all gods.

4 In His hand are the deep places of the earth; The heights of the hills are His also.

5 The sea is His, for He made it; And His hands formed the dry land.



## READING

### PSALM 95:1-11 (NKJV)

6 Oh come, let us worship and bow down; Let us kneel before the Lord our Maker.

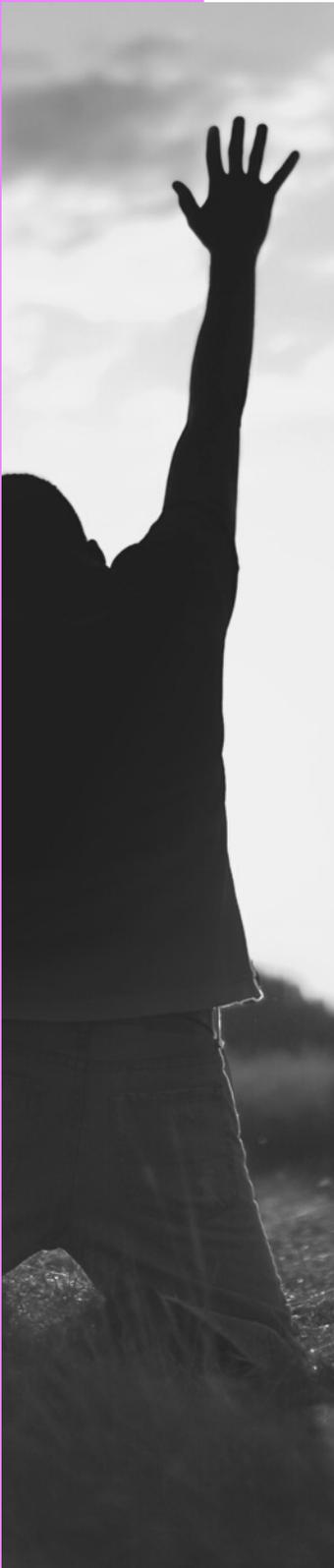
7 For He is our God, and we are the people of His pasture, And the sheep of His hand. Today, if you will hear His voice:

8 “Do not harden your hearts, as in the rebellion, as in the day of trial in the wilderness,

9 When your fathers tested Me; They tried Me, though they saw My work.

10 For forty years I was grieved with that generation, and said, ‘It is a people who go astray in their hearts, and they do not know My ways.’

11 So I swore in My wrath, ‘They shall not enter My rest.’ ”



## APPLYING



### 1.

Psalm 95 starts by inviting us to give thanks to the Lord with joy (verses 1-2).

Today, will you accept God's invitation to express your gratitude for all He has done for you?

Can you still thank God with joy even during a trial or struggle?

Talk about it.

### 2.

The psalmist tells us why we should give thanks with joy — because God is great (verses 3-7).

When is the last time you meditated on God's greatness?

What's the result of doing this?

## APPLYING

### 3.

What we learn from verses 8-12

is that it doesn't take much

for our hearts to turn

from gratitude to grumbling.

Have you ever experienced this before?

Why is it so easy to forget

God's goodness and start complaining?



# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

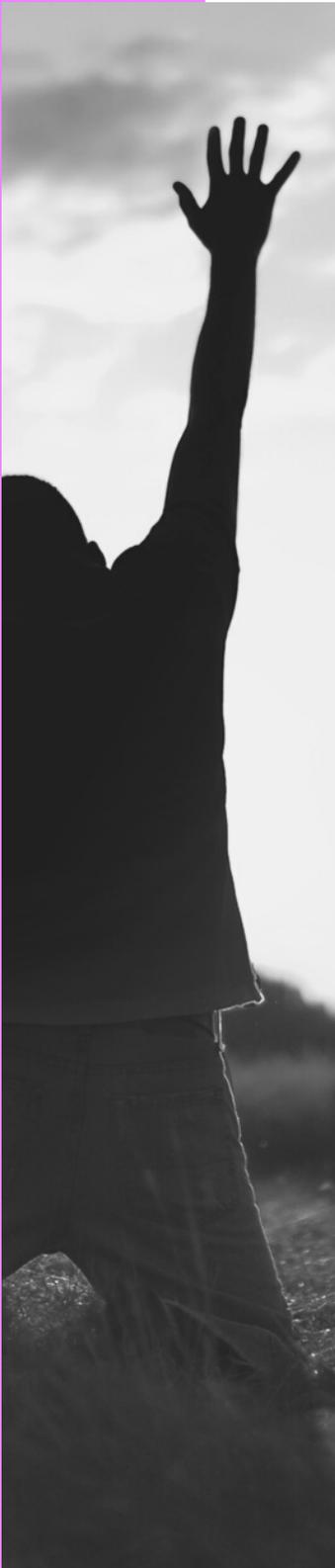
Pray for your family to always be full of gratitude. (e.g., “Forgive us Lord that we often do not give thanks, especially in trying times. Forgive us for the times we grumble in bad situations and help us to always have words of thanksgiving in every situation. Amen!”)

Declare, “We declare that we, the \_\_\_\_\_ family, are a family of thanksgiving in every situation, whether good or bad. We declare that we will not grumble but in everything give thanks which is the will of God in Christ Jesus!”

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



# WORSHIPPING

(JUN 21ST -30TH 2022) 1 KINGS 3-22; 2 CHRONICLES 1-23;

PSALMS 72,134,136,146-150; PROVERBS 1-31; ECCLESIASTES 1-12;

SONGS 1-8; OBADIAH 1

Remember Your Creator

<https://www.youtube.com/watch?v=5T-he7W--Ho>

The Conclusion

<https://www.youtube.com/watch?v=Px4mwETBfzM>

We Choose the Fear of the Lord

<https://www.youtube.com/watch?v=jeksNsNriNA>

The Whole Duty of Man (For kids)

<https://www.youtube.com/watch?v=OYKfkrF-8hw>

## READING

**ECCLESIASTES 12:1-14 (NKJV)**

Reading For young kids

[https://www.youtube.com/watch?v=HyrfC\\_IscSs](https://www.youtube.com/watch?v=HyrfC_IscSs)

1 “Remember now your Creator in the days of your youth, before the difficult days come, and the years draw near when you say, “I have no pleasure in them”:

2 While the sun and the light, the moon and the stars, are not darkened, and the clouds do not return after the rain;

3 In the day when the keepers of the house tremble, and the strong men bow down; When the grinders cease because they are few, and those that look through the windows grow dim;



## READING

### ECCLESIASTES 12:1-14 (NKJV)

4 When the doors are shut in the streets, and the sound of grinding is low; When one rises up at the sound of a bird, and all the daughters of music are brought low.

5 Also they are afraid of height, and of terrors in the way; When the almond tree blossoms, the grasshopper is a burden, and desire fails. For man goes to his eternal home, and the mourners go about the streets.

6 Remember your Creator before the silver cord is loosed, or the golden bowl is broken, or the pitcher shattered at the fountain, or the wheel broken at the well.

7 Then the dust will return to the earth as it was, and the spirit will return to God who gave it.

8 “Vanity of vanities,” says the Preacher, “All is vanity.”

9 And moreover, because the Preacher was wise, he still taught the people knowledge; yes, he pondered and sought out and set in order many proverbs.

10 The Preacher sought to find acceptable words; and what was written was upright—words of truth.

11 The words of the wise are like goads, and the words of scholars are like well-driven nails, given by one Shepherd.

12 And further, my son, be admonished by these. Of making many books there is no end, and much study is wearisome to the flesh.

13 Let us hear the conclusion of the whole matter: Fear God and keep His commandments, for this is man’s all.

14 For God will bring every work into judgment, including every secret thing, whether good or evil.”



## APPLYING

### 1.

What does it mean to  
“Remember Your Creator?”  
How does this affect our attitudes and actions?  
Why is it important for us to do this  
while we are young?

### 2.

What is depicted in  
verses two through seven?  
Explain the symbolism.  
What does Solomon say about  
these things in verse eight?

### 3.

What does Solomon offer as the conclusion  
to his search for meaning? (v13)  
What do these two things mean,  
and why are they vital for  
overcoming the vanity of life  
“under the sun?”



# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be God-fearing and obedient and with purpose in fulfilling your destiny. (e.g., “Forgive us Lord that often we fear other things rather than having a healthy reverential fear of You. Help us always fear You and keep Your commandments so we can live out Your calling and destiny for us. Amen!”)

Declare: “We declare that we, the \_\_\_\_\_ family, are God-fearers who live in obedience to God’s general and specific commands, walking in our God-given destiny as overcomers. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.





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