

FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”

Leviticus 3:16 (NKJV)

“Thou crownest the year with thy goodness; and thy paths drop fatness.”

Psalms 65:11 (KJV)

01

WRAPS

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his presence.”
Psalms 103:5 (The Message)

HOW TO USE?

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

02

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

a

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

03

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g. "Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

04

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

**FAT
WRAPS**

**FOR
DECEMBER
2022**

06

WEEK 1

WORSHIPPING

(DECEMBER 1ST – 10TH 2022) HAGGAI 1 – LUKE 24

And This Gospel

<https://www.youtube.com/watch?v=gIrO19OtThM>

Matthew 24 & He Shall Reign

<https://www.youtube.com/watch?v=1paoIYI8G4k>

This Kingdom

<https://www.youtube.com/watch?v=FInBsbSCnWk>

Go (for kids)

<https://www.youtube.com/watch?v=aADUKP0s0xo>

READING

MATTHEW 24:3-14 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=eVR2qcYA8Nw>

“3 Now as He sat on the Mount of Olives, the disciples came to Him privately, saying, “Tell us, when will these things be? And what will be the sign of Your coming, and of the end of the age?”

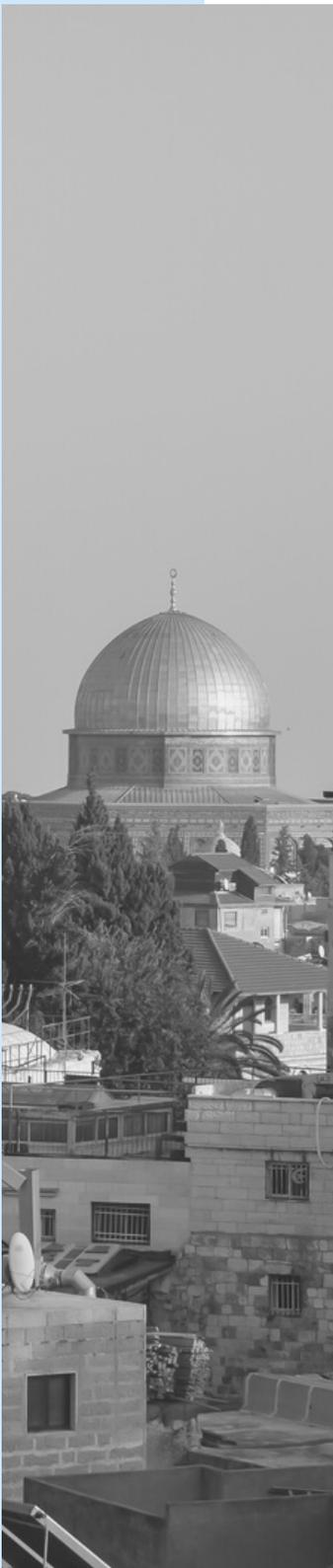
4 And Jesus answered and said to them: “Take heed that no one deceives you.

5 For many will come in My name, saying, ‘I am the Christ,’ and will deceive many.

6 And you will hear of wars and rumors of wars. See that you are not troubled; for all these things must come to pass, but the end is not yet.

7 For nation will rise against nation, and kingdom against kingdom. And there will be famines, pestilences, and earthquakes in various places.

8 All these are the beginning of sorrows.



READING

MATTHEW 24:3-14 (NKJV)

9 *“Then they will deliver you up to tribulation and kill you, and you will be hated by all nations for My name’s sake.*

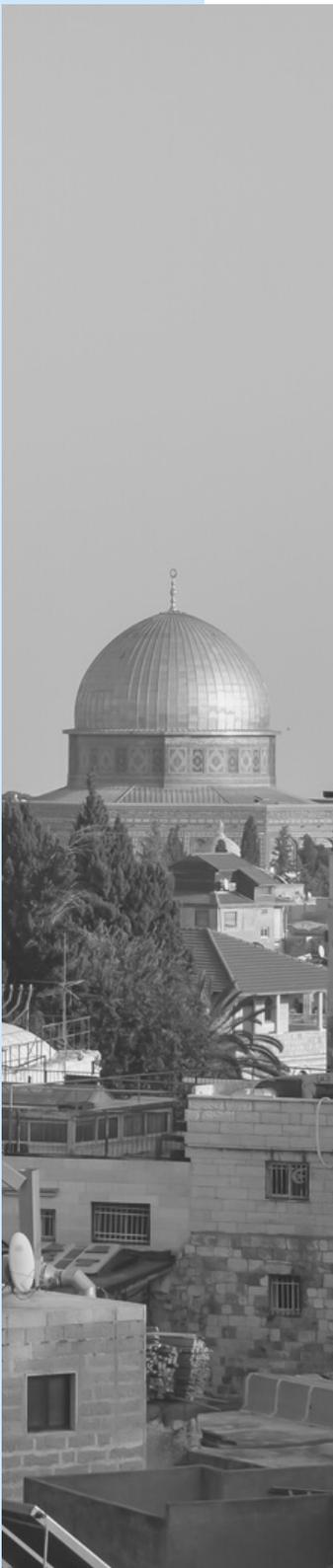
10 *And then many will be offended, will betray one another, and will hate one another.*

11 *Then many false prophets will rise up and deceive many.*

12 *And because lawlessness will abound, the love of many will grow cold.*

13 *But he who endures to the end shall be saved.*

14 *And this gospel of the kingdom will be preached in all the world as a witness to all the nations, and then the end will come.”*



APPLYING

1.

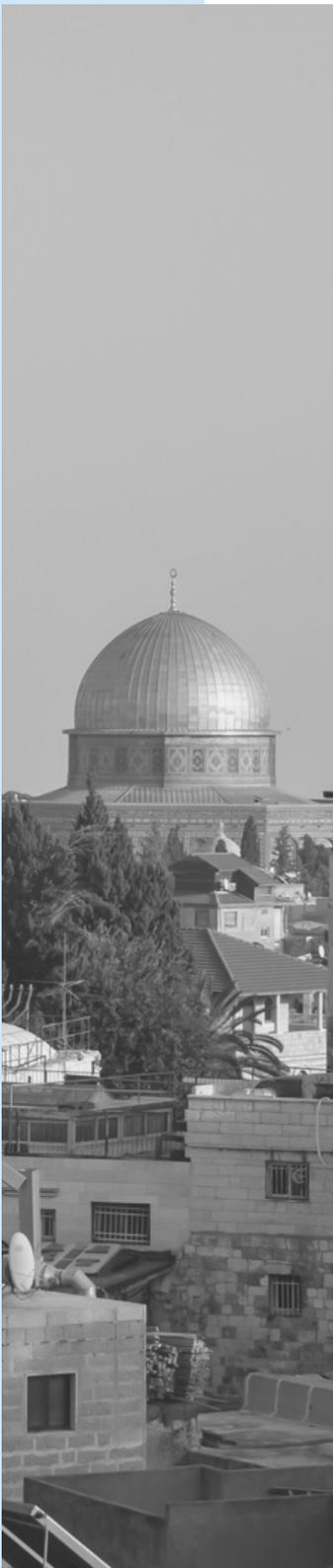
What are some of the things that Jesus mentions that will happen before the end of the age? Are we seeing these happen now? What are we to be aware of amid these events? (See verses 4-8)

2.

How are we to ready ourselves for such times and how urgent do you think this preparation is given the current situation?

3.

What else speaks to you from this passage of Scripture. Discuss.



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

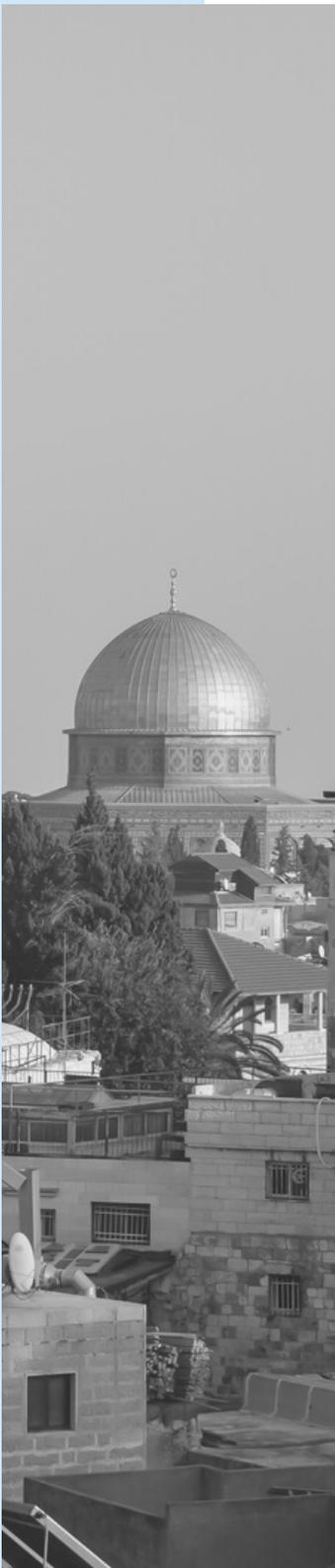
Pray for your family to be prepared for the end time events listed in this passage. (e.g., “Forgive us Lord for often not realizing the time we are living in and just going about our lives as in the days of Noah! Have mercy on us and help us to seriously take heed of Your warnings in Matthew 24 and live our lives in readiness of Your soon coming. Amen!”)

Declare in faith: “We declare that we, the _____ Family, are preparing actively for the Second Coming of the Lord and are alert to the activity of the enemy and the signs of the times. We will endure to the very end and not be deceived by the schemes of the enemy. We will not be troubled but live victoriously in the Name of the Lord. Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



10

WEEK 2

WORSHIPPING

(DECEMBER 11TH - 17TH 2022) JOHN 1 – 1 CORINTHIANS 10

Therefore, being Justified

<https://www.youtube.com/watch?v=vPJ9sX1-OJo>

The Character Song

<https://www.youtube.com/watch?v=A2lpWYUDb34>

I See Grace

<https://www.youtube.com/watch?v=Kc80Tm2bfxc>

Romans 5:8 (For children)

<https://www.youtube.com/watch?v=wZhbmTc-U0Q>

READING

ROMANS 5:1-11 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=fb6nkKglXYQ>

1 “Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,

2 through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God.

3 And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance;

4 and perseverance, character; and character, hope.

5 Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.



READING

ROMANS 5:1-11 (NKJV)

6 For when we were still without strength, in due time Christ died for the ungodly.

7 For scarcely for a righteous man will one die; yet perhaps for a good man someone would even dare to die.

8 But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

9 Much more then, having now been justified by His blood, we shall be saved from wrath through Him.

10 For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.

11 And not only that, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received the reconciliation.”



12

APPLYING

1.

List out the benefits
the Lord has given to us
at new birth that are mentioned here.
Which of these benefits that we have received
is especially meaningful to you right now?
Why?

2.

What does it look like
when you find your confidence and joy
in what God has done?
How can you experience this more?

3.

How has God used suffering
as a tool for perseverance, character,
and hope in your life?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live in the fulness of the Lord's salvation in all you think, say, and do. (e.g., "Father God, forgive us for not rising in faith to claim and live in the fulness of your justification so we can live in Your peace, reconciliation, grace, and joy even in the midst of tribulation. Have mercy on us and help us live in faith and claim all these promises through good times and bad. Amen.")

Declare that you will be a family that lives by faith in God's promises. (e.g., "We declare that we, the _____ Family, are justified by faith, having peace with God and access into His grace, reconciled to Him by the blood of the Lamb and living victorious and joyful lives in good times and bad. Amen.")

SPEAKING BLESSING

BLESS YOUR CHILDREN

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14

WEEK 3

WORSHIPPING

(DECEMBER 18TH - 24TH 2022) 1 CORINTHIANS 11 – HEBREWS 9

Blessed Be Your Name

<https://www.youtube.com/watch?v=sh2DmjvQW20>

10,000 Reasons

https://www.youtube.com/watch?v=DXDGE_IRI0E

In Christ Alone

<https://www.youtube.com/watch?v=rn9-UNer6MQ>

In Him We Have Redemption (for kids)

https://www.youtube.com/watch?v=_Zvws_uOKLg

READING

EPHESIANS 1:3-14 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=WTc1lqfi4ts>

“3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

4 just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love,

5 having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will,

6 to the praise of the glory of His grace, by which He made us accepted in the Beloved.



READING

EPHESIANS 1:3-14 (NKJV)

7 In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace
8 which He made to abound toward us in all wisdom and prudence,

9 having made known to us the mystery of His will, according to His good pleasure which He purposed in Himself,

10 that in the dispensation of the fullness of the times He might gather together in one all things in Christ, both which are in heaven and which are on earth—in Him.

11 In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things according to the counsel of His will,

12 that we who first trusted in Christ should be to the praise of His glory.

13 In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise,
14 who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory.”



APPLYING

1.

In the original Greek
this passage is all one long sentence
without any full stop!

What is Paul trying to show us here?
What feeling do you get reading this?

Explain.

2.

What have each member of the Trinity
done for us according to Paul's prayer here?

Discuss.

3.

What is your response to all that He has done for you?



PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live in the full blessings of the Lord. (e.g., “Forgive us Lord for taking for granted what You have done for us. Have mercy on us and help us to be more grateful for what You have done, Father, Son, and Holy Spirit. Open the eyes of our heart to see the riches of Your love towards us and Your calling on our lives. Amen!”)

Declare, “We declare that we, the _____ family, are blessed beyond measure by the Father, Son, and Holy Spirit. We declare that we are chosen and adopted by the Father, redeemed by the Son, and sealed and have a glorious inheritance in the Spirit. Amen!”

SPEAKING BLESSING

BLESS YOUR CHILDREN

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WEEK 4

WORSHIPPING

(DECEMBER 25TH - 29TH 2022) HEBREWS 10 – REVELATION 22

Fires

<https://www.youtube.com/watch?v=raF1EfAG0vg>

Lord I Offer My Life

<https://www.youtube.com/watch?v=c-rntNG0xm0>

Heart of a Servant

<https://www.youtube.com/watch?v=yK-gwUzBRbc>

Serve (For kids)

<https://www.youtube.com/watch?v=-RyHPjM047c>

READING

1 PETER 4:7-19 (NKJV)

Reading For young kids

<https://www.youtube.com/watch?v=G1huUIFdDEw>

“7 But the end of all things is at hand; therefore be serious and watchful in your prayers.

8 And above all things have fervent love for one another, for “love will cover a multitude of sins.”

9 Be hospitable to one another without grumbling.

10 As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God.



READING

1 PETER 4:7-19 (NKJV)

11 If anyone speaks, let him speak as the oracles of God. If anyone ministers, let him do it as with the ability which God supplies, that in all things God may be glorified through Jesus Christ, to whom belong the glory and the dominion forever and ever. Amen.

12 Beloved, do not think it strange concerning the fiery trial which is to try you, as though some strange thing happened to you;

13 but rejoice to the extent that you partake of Christ's sufferings, that when His glory is revealed, you may also be glad with exceeding joy.

14 If you are reproached for the name of Christ, blessed are you, for the Spirit of glory and of God rests upon you. On their part He is blasphemed, but on your part He is glorified.

15 But let none of you suffer as a murderer, a thief, an evildoer, or as a busybody in other people's matters.

16 Yet if anyone suffers as a Christian, let him not be ashamed, but let him glorify God in this matter.

17 For the time has come for judgment to begin at the house of God; and if it begins with us first, what will be the end of those who do not obey the gospel of God?

18 Now "If the righteous one is scarcely saved, where will the ungodly and the sinner appear?"

19 Therefore let those who suffer according to the will of God commit their souls to Him in doing good, as to a faithful Creator."



APPLYING

1.

Do you believe we are living in the end times?
Why or why not?

2.

If we know the end of all things
is at hand
what does Peter say
should be our response
(verses 7-11)?
How do we measure up?
Discuss.

3.

Living in the End Times means
persecution will come.
What should be our response
to trials and tribulations
in the end times (verses 12-19)?
Discuss.



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PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be living properly in these End Times. (e.g., “Forgive us Lord that often we are not watchful in our prayers and not living the holy kind of lives we should in preparation for Christ’s second coming. Have mercy on us and help us see the urgency of the hour and adjust our lives to glorify Your name in all we think, say, and do. Amen!”)

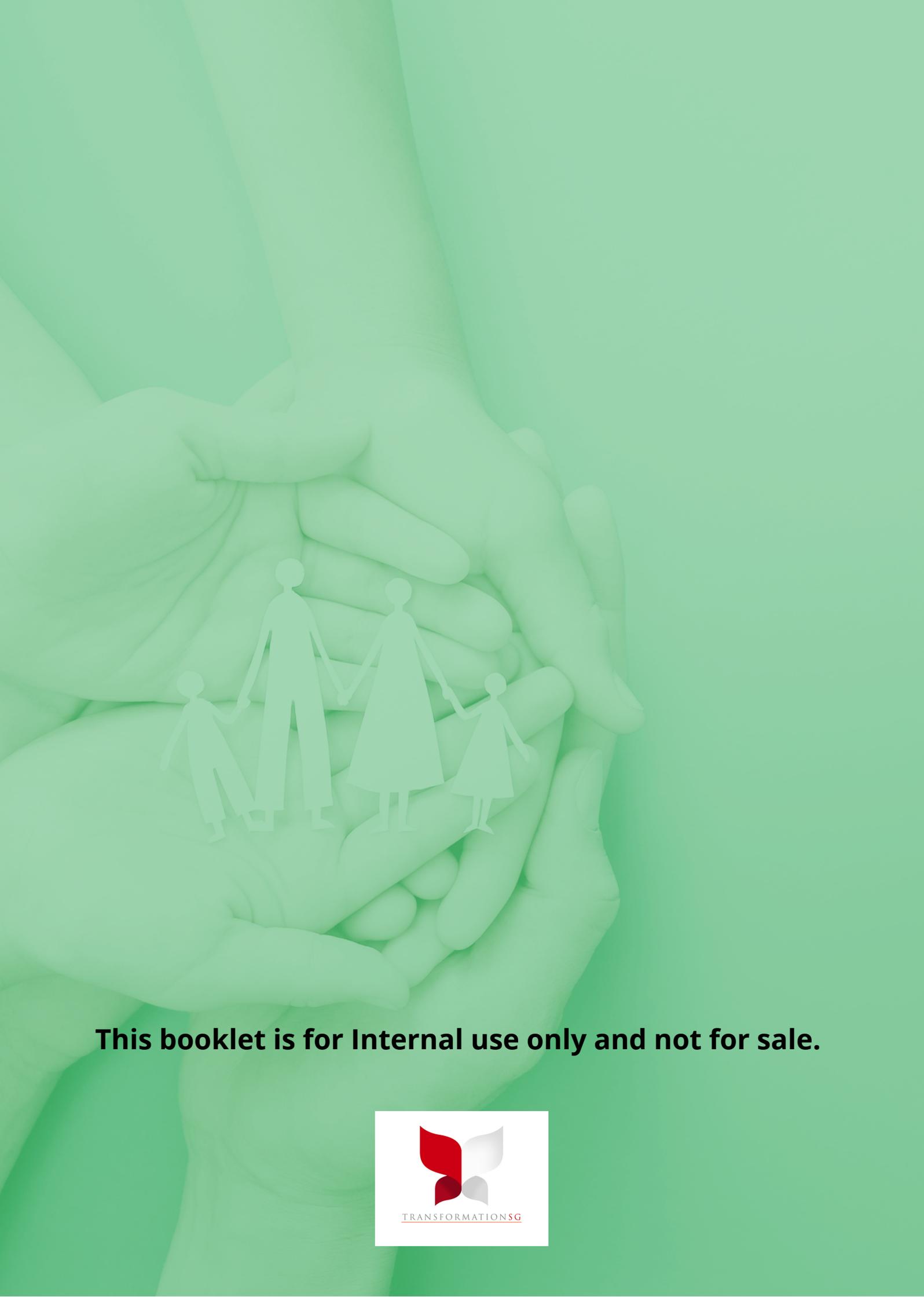
Declare: “We declare that we, the _____ family, are part of the end-time Bride who is preparing herself for the arrival of her bridegroom, Christ. We will be watchful in our prayers and will manifest the love of God to the world through loving one another. We will minister according to our God-given gifts and speak the very oracles of God to glorify Him and magnify His name in the nations. We will willingly and joyfully suffer for the sake of Christ and commit our souls to Him in doing good. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

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