

# FAMILY ALTAR TIME



**"AND THE PRIEST SHALL BURN THEM ON THE ALTAR AS FOOD, AN OFFERING MADE BY FIRE  
FOR A SWEET AROMA; ALL THE FAT IS THE LORD'S."  
LEVITICUS 3:16 (NKJV)**

**"THOU CROWNEST THE YEAR WITH THY GOODNESS; AND THY PATHS DROP FATNESS."  
PSALM 65:11 (KJV)**



**SCHOOL OF TRANSFORMATION**



**"The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent." Psalm 104:2 (NIV)**

**"He wraps you in goodness—beauty eternal.  
He renews your youth—you're always young in his  
presence." Psalms 103:5 (The Message)**

## **HOW TO USE**

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).



# GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

## **Guidelines for the leader of the Family Altar Time:**

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).



**(1) Worshipping (7 Minutes\*)**

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

**(2) Reading (5 Minutes\*)**

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

**(3) Applying (10 Minutes\*)**

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

**(4) Praying (5 Minutes\*)**

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

"Forgive us Lord that we have broken Your covenant by \_\_\_\_\_, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by \_\_\_\_\_. In the name of Jesus, Amen".)



**(5) Speaking Blessing (3 minutes\*)**

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by \_\_\_\_\_").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

*\*Suggested timing. Make it according to what is best for your family).*



# **FAT WRAPS**

**FOR  
JANUARY  
2024**

# WEEK 1

## WORSHIPPING

**(January 1st - 7th 2024) Genesis 1 - Exodus 20**

O Come to the Altar

[https://www.youtube.com/watch?v=OpfuKKH\\_SCE](https://www.youtube.com/watch?v=OpfuKKH_SCE)

Awesome in this Place

<https://www.youtube.com/watch?v=a9vwyRTQZh4>

Jacob's Ladder (For kids)

<https://www.youtube.com/watch?v=8R73dY1m4j0>

### Genesis 28:10-22 (NKJV)

Reading for young kids

[https://www.youtube.com/watch?v=QELQ\\_Re8ZmQ](https://www.youtube.com/watch?v=QELQ_Re8ZmQ)

*10" Now Jacob went out from Beersheba and went toward Haran.*

*11 So he came to a certain place and stayed there all night, because the sun had set. And he took one of the stones of that place and put it at his head, and he lay down in that place to sleep.*

*12 Then he dreamed, and behold, a ladder was set up on the earth, and its top reached to heaven; and there the angels of God were ascending and descending on it.*

*13 And behold, the Lord stood above it and said: "I am the Lord God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and your descendants.*

*14 Also your descendants shall be as the dust of the earth; you shall spread abroad to the west and the east, to the north and the south; and in you and in your seed all the families of the earth shall be blessed.*

# WEEK 1

## Genesis 28:10-22 (NKJV)

*15 Behold, I am with you and will keep you wherever you go, and will bring you back to this land; for I will not leave you until I have done what I have spoken to you."*

*16 Then Jacob awoke from his sleep and said, "Surely the Lord is in this place, and I did not know it."*

*17 And he was afraid and said, "How awesome is this place! This is none other than the house of God, and this is the gate of heaven!"*

*18 Then Jacob rose early in the morning and took the stone that he had put at his head, set it up as a pillar, and poured oil on top of it.*

*19 And he called the name of that place Bethel; but the name of that city had been Luz previously.*

*20 Then Jacob made a vow, saying, "If God will be with me, and keep me in this way that I am going, and give me bread to eat and clothing to put on,*

*21 so that I come back to my father's house in peace, then the Lord shall be my God.*

*22 And this stone which I have set as a pillar shall be God's house, and of all that You give me I will surely give a tenth to You."*



# APPLYING

1)

- In verse 12, Jacob has a dream of a ladder reaching to heaven with angels ascending and descending on it.
- What do you think this dream represents?
- What is the significance of the angels ascending and descending?
- Read John 1:51 – What does this tell us?

2)

- In verse 15, God promises Jacob that He will be with him and protect him wherever he goes.
- What does this promise mean to Jacob?
- What does it mean for you?

3)

- In verse 22, Jacob makes a vow to God, promising to give a tenth of everything he receives.
- What does this vow tell us about Jacob's character?
- What is your response to this?



# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live under an open heaven. (e.g., “Forgive us Lord for many times living under a closed heaven because we do not take time to build strong and effective personal and family prayer altars. Help us to build our prayer altars that will open a spiritual gateway to draw your presence and push back the darkness. Amen!”)

Declare by faith that your family will build strong and effective prayer altars. (e.g., “We declare by faith in the name of Jesus that we the \_\_\_\_\_ family choose to build strong and effective personal and family prayer altars. We choose to wait at Bethel for an open heaven. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



# WEEK 2

## WORSHIPPING

(January 8th -14th 2024) Exodus 21 – Numbers 23

Come Let us Go Up

<https://www.youtube.com/watch?v=ETswlpiS9D0>

Throne Room Song

<https://www.youtube.com/watch?v=Fr9JVWWgeak>

Go Tell it on the Mountain (For children)

<https://www.youtube.com/watch?v=UNp5HMTsKfY>

### Exodus 24:1-15 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=G-Y4iDgzRuY>

1 "Now He said to Moses, "Come up to the Lord, you and Aaron, Nadab and Abihu, and seventy of the elders of Israel, and worship from afar.

2 And Moses alone shall come near the Lord, but they shall not come near; nor shall the people go up with him."

3 So Moses came and told the people all the words of the Lord and all the judgments. And all the people answered with one voice and said, "All the words which the Lord has said we will do."

4 And Moses wrote all the words of the Lord. And he rose early in the morning and built an altar at the foot of the mountain, and twelve pillars according to the twelve tribes of Israel.

5 Then he sent young men of the children of Israel, who offered burnt offerings and sacrificed peace offerings of oxen to the Lord.

6 And Moses took half the blood and put it in basins, and half the blood he sprinkled on the altar.



# WEEK 2

## Exodus 24:1-15 (NKJV)

7 Then he took the Book of the Covenant and read in the hearing of the people. And they said, "All that the Lord has said we will do and be obedient."

8 And Moses took the blood, sprinkled it on the people, and said, "This is the blood of the covenant which the Lord has made with you according to all these words."

9 Then Moses went up, also Aaron, Nadab, and Abihu, and seventy of the elders of Israel,

10 and they saw the God of Israel. And there was under His feet as it were a paved work of sapphire stone, and it was like the very heavens in its clarity.

11 But on the nobles of the children of Israel He did not lay His hand. So they saw God, and they ate and drank.

12 Then the Lord said to Moses, "Come up to Me on the mountain and be there; and I will give you tablets of stone, and the law and commandments which I have written, that you may teach them."

13 So Moses arose with his assistant Joshua, and Moses went up to the mountain of God.

14 And he said to the elders, "Wait here for us until we come back to you. Indeed, Aaron and Hur are with you. If any man has a difficulty, let him go to them."

15 Then Moses went up into the mountain, and a cloud covered the mountain."



# APPLYING

1)

- In verse 3, the people of Israel respond to God's covenant with the words, "All the words that the Lord has spoken we will do."
- What does this response tell us about the people's relationship with God?
- What does this mean for you?

2)

- What statement do the people repeat in verses 3 and 7?
- Is this your declaration?

3)

- In verse 10, Moses and the elders of Israel see God and eat and drink in His presence.
- What is the significance of this event?
- What does it speak to you?



# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be obedient to His Word and spend time in His Presence. (e.g., “Forgive us Lord for disobeying Your Word and not coming daily into Your Presence. Help us hunger more for Your Word and Your Presence. Amen.”)

Declare that Your family will love His Word and His Presence. (e.g., “We declare that we, the \_\_\_\_\_ Family hunger and thirst after His Word and His Presence to walk in obedience and anointing. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



# WEEK 3

## WORSHIPPING

(January 15th – 21st 2024) Numbers 24 – Joshua 24

Better is One Day

<https://www.youtube.com/watch?v=3PdXmvMTyx0>

The Blessing

<https://www.youtube.com/watch?v=jDMijhOUOqk>

How Lovely Are Your Tents (For Kids)

<https://www.youtube.com/watch?v=2BwgaoO7hCI>

### Numbers 24:1-14 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=nMR9gukXNHc>

1 *“Now when Balaam saw that it pleased the Lord to bless Israel, he did not go as at other times, to seek to use sorcery, but he set his face toward the wilderness.*

2 *And Balaam raised his eyes, and saw Israel encamped according to their tribes; and the Spirit of God came upon him.*

3 *Then he took up his oracle and said: “The utterance of Balaam the son of Beor, the utterance of the man whose eyes are opened,*

4 *The utterance of him who hears the words of God, who sees the vision of the Almighty, who falls down, with eyes wide open:*

5 *“How lovely are your tents, O Jacob! Your dwellings, O Israel!*

6 *Like valleys that stretch out, like gardens by the riverside, like aloes planted by the Lord, Like cedars beside the waters.*



# WEEK 3

## Numbers 24:1-14 (NKJV)

*7 He shall pour water from his buckets, and his seed shall be in many waters.  
“His king shall be higher than Agag, and his kingdom shall be exalted.*

*8 “God brings him out of Egypt; He has strength like a wild ox; He shall  
consume the nations, his enemies; He shall break their bones and pierce  
them with his arrows.*

*9 ‘He bows down, he lies down as a lion; And as a lion, who shall rouse him?’  
“Blessed is he who blesses you, and cursed is he who curses you.”*

*10 Then Balak’s anger was aroused against Balaam, and he struck his hands  
together; and Balak said to Balaam, “I called you to curse my enemies, and  
look, you have bountifully blessed them these three times!*

*11 Now therefore, flee to your place. I said I would greatly honor you, but in  
fact, the Lord has kept you back from honor.”*

*12 So Balaam said to Balak, “Did I not also speak to your messengers whom  
you sent to me, saying,*

*13 ‘If Balak were to give me his house full of silver and gold, I could not go  
beyond the word of the Lord, to do good or bad of my own will. What the Lord  
says, that I must speak’?*

*14 And now, indeed, I am going to my people. Come, I will advise you what  
this people will do to your people in the latter days.”*



# APPLYING

**1)**

- 1. Balaam was asked to curse Israel, but he could not.
- Why?
- Read Genesis 12:3 – What does this mean to you?

**2)**

- Why is it important to bless Israel?
- Does this mean we must agree with everything Israel does?
- What does it mean?

**3)**

- What happens when we bless others around us?



# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be a people of Blessing, especially to bless Israel. (e.g., “Forgive us Lord that we often live lives that curse instead of blessing. We speak bad things about others and even about Israel. Help us be a family of blessing that blesses each other, those outside and Israel. Amen!”)

Declare by faith that your family will be a family of blessing. (e.g., “We declare that we, the \_\_\_\_\_ family are a family that always speaks blessing to one another, to those outside and to Israel. Even when we feel like cursing, we will choose to bless so we can inherit a blessing! Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



# WEEK 4

## WORSHIPPING

(January 22nd – 31st 2024) Judges 1 – 1 Kings 20

My Deliverer (Rich Mullins)

<https://www.youtube.com/watch?v=L0ANzUZ2Bhc>

My Deliverer (Chris Tomlin)

<https://www.youtube.com/watch?v=1OC5eh-9LyI>

Judges of the Bible Song (For kids)

<https://www.youtube.com/watch?v=QBf-JToJVgw>

### Judges 2:11 - 23 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=0OhTDaAnkGw>

“11 Then the children of Israel did evil in the sight of the Lord, and served the Baals;

12 and they forsook the Lord God of their fathers, who had brought them out of the land of Egypt; and they followed other gods from among the gods of the people who were all around them, and they bowed down to them; and they provoked the Lord to anger.

13 They forsook the Lord and served Baal and the Ashtoreths.

14 And the anger of the Lord was hot against Israel. So He delivered them into the hands of plunderers who despoiled them; and He sold them into the hands of their enemies all around, so that they could no longer stand before their enemies.

# WEEK 4

## Judges 2:11 - 23 (NKJV)

15 Wherever they went out, the hand of the Lord was against them for calamity, as the Lord had said, and as the Lord had sworn to them. And they were greatly distressed.

16 Nevertheless, the Lord raised up judges who delivered them out of the hand of those who plundered them.

17 Yet they would not listen to their judges, but they played the harlot with other gods, and bowed down to them. They turned quickly from the way in which their fathers walked, in obeying the commandments of the Lord; they did not do so.

18 And when the Lord raised up judges for them, the Lord was with the judge and delivered them out of the hand of their enemies all the days of the judge; for the Lord was moved to pity by their groaning because of those who oppressed them and harassed them.

19 And it came to pass, when the judge was dead, that they reverted and behaved more corruptly than their fathers, by following other gods, to serve them and bow down to them. They did not cease from their own doings nor from their stubborn way.

20 Then the anger of the Lord was hot against Israel; and He said, "Because this nation has transgressed My covenant which I commanded their fathers, and has not heeded My voice,

21 I also will no longer drive out before them any of the nations which Joshua left when he died,

22 so that through them I may test Israel, whether they will keep the ways of the Lord, to walk in them as their fathers kept them, or not."

23 Therefore the Lord left those nations, without driving them out immediately; nor did He deliver them into the hand of Joshua."



# APPLYING

1)

- In verses 11-13, the Israelites turned away from God and worshipped other gods.
- What led them to do this?
- How does this relate to our own lives and the temptations we face?

2)

- In verse 16, God raises up judges to deliver the Israelites from their oppressors.
- What does this tell us about God's character?
- Who fulfils this?
- What does that mean for us?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to come under the deliverance purchased on the Cross and be deliverers. (e.g. "Forgive us Lord for being overcome by the enemies that surround us. Help us live under Your deliverance that You have purchased for us as the fulfilment of all the Judges. Help us live as The Delivered. Amen!")

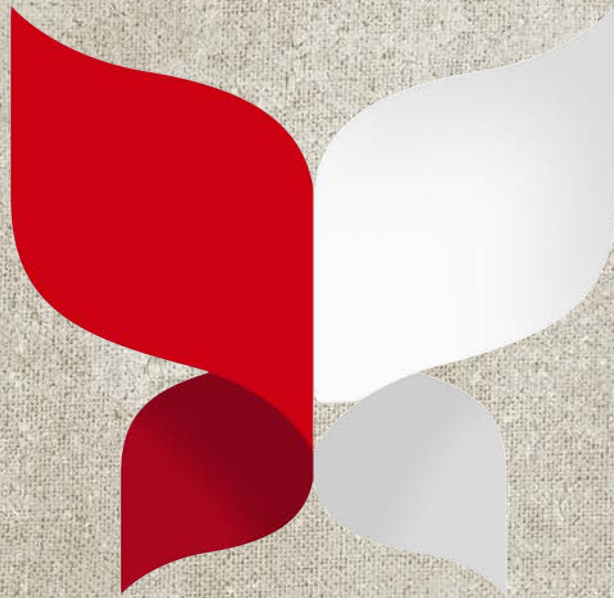
We declare by faith in the name of Jesus that we, the \_\_\_\_\_ family will live in His deliverance and offer that deliverance to our family, our friends our colleagues and all those who we meet. Amen!

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.





TRANSFORMATIONSG

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