

FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire
for a sweet aroma; all the fat is the Lord’s.”

Leviticus 3:16 (NKJV)

“Thou crownest the year with thy goodness; and thy paths drop fatness.”

Psalms 65:11 (KJV)

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

**“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his
presence.” Psalms 103:5 (The Message)**

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS – through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

"Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR
MARCH
2024

WEEK 1

WORSHIPPING

Week One (March 1st - 10th 2024) Psalm 120 – Isaiah 20

Ah Lord God

https://www.youtube.com/watch?v=BzRKaS_jl2c

Holy Forever

https://www.youtube.com/watch?v=oOXvQz_gtfA

My God is so Big (For kids)

<https://www.youtube.com/watch?v=Zj-l-OdGgQ4>

Proverbs 30:24-31 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=OnSmsKLNDak>-from 2.41

24" There are four things which are little on the earth, But they are exceedingly wise:

25 The ants are a people not strong, Yet they prepare their food in the summer;

26 The rock badgers are a feeble folk, Yet they make their homes in the crags;

27 The locusts have no king, Yet they all advance in ranks;

28 The spider skillfully grasps with its hands, And it is in kings' palaces.

29 There are three things which are majestic in pace, Yes, four which are stately in walk:

30 A lion, which is mighty among beasts And does not turn away from any;

31 A greyhound, A male goat also, And a king whose troops are with him.

APPLYING

1)

- What can we learn from the ants about the importance of planning and preparation?

2)

- How can the badgers teach us about the value of community and teamwork?

3)

- What can we learn from the locusts about the importance of being adaptable and resilient in the face of adversity?

4)

- What other things do we learn here from other animals?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to work together as a united team. (e.g., “Forgive us Lord for many times being disunited as a family. Help us to work together like ants and be a loving community that you have enabled us to be through Your precious blood. Amen!”)

Declare by faith that your family will be united and work together as a loving team for His Kingdom. (e.g., “We declare by faith in the name of Jesus that we the _____ family are united through the blood of Christ to work together as a loving team that will overcome all spiritual enemies as we move together as a pride of lions. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(March 11th - 17th 2024) Isaiah 21 – Jeremiah 24

Arise Shine

<https://www.youtube.com/watch?v=IZ1wFtOrGqw>

O Church Arise

<https://www.youtube.com/watch?v=A98YQHG8tLY>

Rise and Shine (For children)

<https://www.youtube.com/watch?v=olBzSdX1vF4>

Isaiah 60:1-7 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=9ojLHyKNFUA>

“1 Arise, shine; For your light has come! And the glory of the Lord is risen upon you.

2 For behold, the darkness shall cover the earth, and deep darkness the people; But the Lord will arise over you, and His glory will be seen upon you.

3 The Gentiles shall come to your light, and kings to the brightness of your rising.

4 “Lift up your eyes all around, and see: They all gather together, they come to you; Your sons shall come from afar, and your daughters shall be nursed at your side.

5 Then you shall see and become radiant, and your heart shall swell with joy; Because the abundance of the sea shall be turned to you, the wealth of the Gentiles shall come to you.

WEEK 2

Isaiah 60:1-7 (NKJV)

6 The multitude of camels shall cover your land, the dromedaries of Midian and Ephah; All those from Sheba shall come; They shall bring gold and incense, and they shall proclaim the praises of the Lord.

7 All the flocks of Kedar shall be gathered together to you, the rams of Nebaioth shall minister to you; They shall ascend with acceptance on My altar, and I will glorify the house of My glory.”

APPLYING

1)

- What does it mean to arise and shine in the context of our lives?
- How can we reflect God's glory in our daily lives?

2)

- How can we embrace the light of Christ and share it with others?
- What are some practical ways to do so?

3)

- What does it mean to be a light to the nations?
- How can we be a positive influence on the world around us?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be lights in this present darkness. (e.g., “Forgive us Lord for often hiding our lights in our family, work, and social life. Help us to rise and shine for Your glory to all around us. Amen.”)

Declare that Your family will shine forth the glory of God to all around. (e.g., “We declare that we, the _____ Family are lights in this generation because we trust in the light of the world, Jesus. Help us to arise and shine in all areas of our lives that many will see and be transformed from glory to glory. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

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WEEK 3

WORSHIPPING

(March 18th – 24th 2024) Jeremiah 25 – Ezekiel 37

Hallelujah to the Lamb

<https://www.youtube.com/watch?v=jzxw7T-8W7o>

Facing a Task Unfinished

https://www.youtube.com/watch?v=zOpt_bulJxY

Go and Make Disciples (For Kids)

<https://www.youtube.com/watch?v=OUTLi2uIVGA>

Ezekiel 2:1-10 (NKJV)

Reading for young kids

https://www.youtube.com/watch?v=sQ_a9auXF9g

“ 1 And He said to me, “Son of man, stand on your feet, and I will speak to you.”

2 Then the Spirit entered me when He spoke to me, and set me on my feet; and I heard Him who spoke to me.

3 And He said to me: “Son of man, I am sending you to the children of Israel, to a rebellious nation that has rebelled against Me; they and their fathers have transgressed against Me to this very day.

4 For they are impudent and stubborn children. I am sending you to them, and you shall say to them, ‘Thus says the Lord God.’

5 As for them, whether they hear or whether they refuse—for they are a rebellious house—yet they will know that a prophet has been among them.

WEEK 3

Ezekiel 2:1 - 10 (NKJV)

6 *“And you, son of man, do not be afraid of them nor be afraid of their words, though briers and thorns are with you and you dwell among scorpions; do not be afraid of their words or dismayed by their looks, though they are a rebellious house.*

7 *You shall speak My words to them, whether they hear or whether they refuse, for they are rebellious.*

8 *But you, son of man, hear what I say to you. Do not be rebellious like that rebellious house; open your mouth and eat what I give you.”*

9 *Now when I looked, there was a hand stretched out to me; and behold, a scroll of a book was in it.*

10 *Then He spread it before me; and there was writing on the inside and on the outside and written on it were lamentations and mourning and woe.”*

APPLYING

1)

- What can we learn from the prophet Ezekiel about the importance of being obedient to God's call?

2)

- Who does God want you to speak His words to?
- How can you reach out more to share His good news?

3)

- What can we learn from the Holy Spirit's role in Ezekiel's ministry?
- How can we rely on the Holy Spirit in our own lives?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be bold in proclaiming the Gospel even if people are hard-hearted and rebellious. (e.g., “Forgive us Lord that we often wait for people who seem favourable to the Gospel before we open our mouths to share Your Good News. Help us to be as bold as lions in sharing Your Gospel to our extended family, work colleagues, school friends and other social contacts. Amen!”)

Declare by faith that your family will be a family that share the Gospel boldly. (e.g., “We declare that we, the _____ family are not ashamed of the Gospel for it is the power of God for salvation. We will march out boldly to proclaim the Gospel of the Kingdom with wisdom and power to all, even those who are resistant and rebellious. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

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WEEK 4

WORSHIPPING

(March 25th – 31st 2024) Ezekiel 38 – Haggai 2

House of the Lord

https://www.youtube.com/watch?v=R6l5T_rflfk

The More I Seek You

https://www.youtube.com/watch?v=NI_1YliutzA

Ask, Seek, Knock (For kids)

<https://www.youtube.com/watch?v=ZctrvTjKPSE>

Amos 5:4-15 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=yiBoFSH9GVA>

4 “For thus says the Lord to the house of Israel: “Seek Me and live;

5 But do not seek Bethel, nor enter Gilgal, nor pass over to Beersheba; For Gilgal shall surely go into captivity, and Bethel shall come to nothing.

6 Seek the Lord and live, lest He break out like fire in the house of Joseph, and devour it, with no one to quench it in Bethel—

7 You who turn justice to wormwood, and lay righteousness to rest in the earth!”

8 He made the Pleiades and Orion; He turns the shadow of death into morning and makes the day dark as night; He calls for the waters of the sea and pours them out on the face of the earth; The Lord is His name.

9 He rains ruin upon the strong, so that fury comes upon the fortress.

10 They hate the one who rebukes in the gate, and they abhor the one who speaks uprightly.

WEEK 4

Amos 5:4 - 15 (NKJV)

11 Therefore, because you tread down the poor and take grain taxes from him, though you have built houses of hewn stone, yet you shall not dwell in them; You have planted pleasant vineyards, but you shall not drink wine from them.

12 For I know your manifold transgressions and your mighty sins: Afflicting the just and taking bribes; Diverting the poor from justice at the gate.

13 Therefore the prudent keep silent at that time, for it is an evil time.

14 Seek good and not evil, that you may live; So the Lord God of hosts will be with you, as you have spoken.

15 Hate evil, love good; Establish justice in the gate. It may be that the Lord God of hosts will be gracious to the remnant of Joseph."

APPLYING

1)

- What can we learn from the sinful ease of God's people in this passage?
- How can we avoid becoming complacent in our own lives?

2)

- How can we apply the message of judgment in this passage to our lives today?
- What are some ways we can turn away from sin and towards God?

3)

- What can we learn from the prophet Amos about the importance of speaking truth to power?
- How can we be bold in our faith and stand up for what is right?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

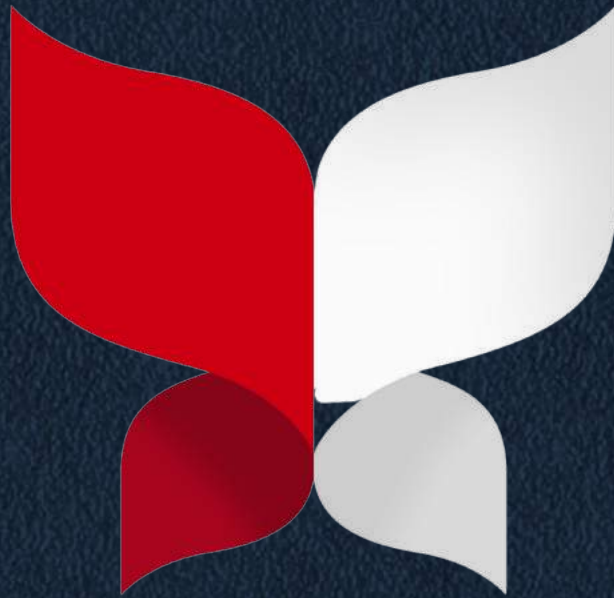
Pray for your family to seek God and stand up for truth in love. (e.g. “Forgive us Lord for often being quiet when we see wrong things happening around us. Help us to seek Your face more and stand up for righteousness in love in our family, workplace, school and everywhere we go. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family are a living example of God’s truth and uprightness through Christ. We will stand up for truth and righteousness in love in every situation where darkness manifests so we can be lights of the world in this present darkness. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

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TRANSFORMATIONSG

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