

FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”

Leviticus 3:16 (NKJV)

“Thou crownest the year with thy goodness; and thy paths drop fatness.”

Psalms 65:11 (KJV)

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He wraps you in goodness—beauty eternal. He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____ . In the name of Jesus, Amen”.)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by _____").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR
APRIL
2024

WEEK 1

WORSHIPPING

Week One (April 1st - 7th 2024) Zechariah 1 – Luke 8

Days of Elijah

<https://www.youtube.com/watch?v=ca9LnzJnpjQ>

He will Hold Me Fast

<https://www.youtube.com/watch?v=936BapRFHaQ>

Jesus Is the King (For kids)

<https://www.youtube.com/watch?v=Z56AWDpHzCE>

Zechariah 14:1-11 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=IEY4W9TLQfQ>

" Behold, the day of the Lord is coming, and your spoil will be divided in your midst.

2 For I will gather all the nations to battle against Jerusalem; The city shall be taken, the houses rifled, and the women ravished. Half of the city shall go into captivity, but the remnant of the people shall not be cut off from the city.

3 Then the Lord will go forth and fight against those nations, as He fights in the day of battle.

4 And in that day His feet will stand on the Mount of Olives, which faces Jerusalem on the east. And the Mount of Olives shall be split in two, from east to west, making a very large valley; Half of the mountain shall move toward the north and half of it toward the south.

WEEK 1

Zechariah 14:1-11 (NKJV)

5 Then you shall flee through My mountain valley, for the mountain valley shall reach to Azal. Yes, you shall flee as you fled from the earthquake in the days of Uzziah king of Judah. Thus, the Lord my God will come, and all the saints with You.

6 It shall come to pass in that day that there will be no light; The lights will diminish.

7 It shall be one day which is known to the Lord— Neither day nor night. But at evening time it shall happen that it will be light.

8 And in that day, it shall be that living waters shall flow from Jerusalem, half of them toward the eastern sea and half of them toward the western sea; In both summer and winter it shall occur.

9 And the Lord shall be King over all the earth. In that day it shall be— “The Lord is one,” and His name one.

10 All the land shall be turned into a plain from Geba to Rimmon south of Jerusalem. Jerusalem shall be raised up and inhabited in her place from Benjamin’s Gate to the place of the First Gate and the Corner Gate, and from the Tower of Hananel to the king’s winepresses.

11 The people shall dwell in it; And no longer shall there be utter destruction, but Jerusalem shall be safely inhabited.

APPLYING

1)

- What does this passage reveal about the timing of the events described?
- How can we prepare our hearts for the return of the Lord Jesus?

2)

- Jesus warns against deception and false prophets.
- How can we discern truth from deception in our lives today?
- What steps can we take to avoid being misled by those who claim to speak in Jesus' name?

3)

- What encouragement can we draw from the promise that God will give us wisdom and strength to face challenges?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be aligned and ready for the end times. (e.g., “Forgive us Lord for many times being caught up in the worries of everyday life that we forget to look to the blessed hope of Your soon coming and prepare our lives for that end. Help us to be a family that is prepared and ready. Amen!”)

Declare by faith that your family will be ready for the end times and part of His end time army. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family are aligning our lives with His end time plans and we are taking our place in His end time army to live prepared and victorious lives for His Kingdom. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(April 8th -14th 2024) Luke 9 – Romans 5

Jesus Is Coming Back

<https://www.youtube.com/watch?v=92yISpwV8-w>

Adonai

<https://www.youtube.com/watch?v=vcjWa80XtLI>

Jesus Is Coming Back (For children)

<https://www.youtube.com/watch?v=tqkEk5eWhGo>

Luke 21:7-19 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=-B2I1ZPhdzY>

7 So they asked Him, saying, "Teacher, but when will these things be? And what sign will there be when these things are about to take place?"

8 And He said: "Take heed that you not be deceived. For many will come in My name, saying, 'I am He,' and, 'The time has drawn near.' Therefore, do not go after them.

9 But when you hear of wars and commotions, do not be terrified; for these things must come to pass first, but the end will not come immediately."

10 Then He said to them, "Nation will rise against nation, and kingdom against kingdom.

11 And there will be great earthquakes in various places, and famines and pestilences; and there will be fearful sights and great signs from heaven.

WEEK 2

Luke 21:7-19 (NKJV)

12 But before all these things, they will lay their hands on you and persecute you, delivering you up to the synagogues and prisons. You will be brought before kings and rulers for My name's sake.

13 But it will turn out for you as an occasion for testimony.

14 Therefore settle it in your hearts not to meditate beforehand on what you will answer;

15 for I will give you a mouth and wisdom which all your adversaries will not be able to contradict or resist.

16 You will be betrayed even by parents and brothers, relatives, and friends; and they will put some of you to death.

17 And you will be hated by all for My name's sake.

18 But not a hair of your head shall be lost.

19 By your patience possess your souls."

APPLYING

1)

- What practical steps can we take to live with a sense of expectancy for His coming?

2)

- Despite the chaos and upheaval described, God remains in control.
- How can we cultivate a trustful attitude toward His sovereignty?

3)

- How do we find comfort in the promise that not even a hair of our heads will be lost?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be living expectantly in the light of His soon coming. (e.g., “Forgive us Lord for often not expecting You to return so soon and living complacent and unprepared lives. Help us to be expectant and ready for Your second coming. Amen.”)

Declare that Your family will be expectant and ready for His second coming. (e.g., “We declare that we, the _____ Family are full of excitement, hope and expectancy concerning the Second Coming of our Lord. We are aligning our lives for this eventuality and living in the light of eternity. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

(April 15th – 21st 2024) Roman 6 – 1 Timothy 2

Jesus is Coming Soon

<https://www.youtube.com/watch?v=G1BMJXt6QC8>

So Come

https://www.youtube.com/watch?v=uie_8_bLEEs

Soon and Very Soon (For Kids)

<https://www.youtube.com/watch?v=saGAhZqkRbE>

2 Thessalonians 2:1 - 12 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=jqaZDdbO1Kk>

“1 Now, brethren, concerning the coming of our Lord Jesus Christ and our gathering together to Him, we ask you,

2 not to be soon shaken in mind or troubled, either by spirit or by word or by letter, as if from us, as though the day of Christ had come.

3 Let no one deceive you by any means; for that Day will not come unless the falling away comes first, and the man of sin is revealed, the son of perdition,

4 who opposes and exalts himself above all that is called God or that is worshiped, so that he sits as God in the temple of God, showing himself that he is God.

5 Do you not remember that when I was still with you I told you these things?

6 And now you know what is restraining, that he may be revealed in his own time.

7 For the mystery of lawlessness is already at work; only He who now restrains will do so until He is taken out of the way.

WEEK 3

2 Thessalonians 2:1 - 12 (NKJV)

8 And then the lawless one will be revealed, whom the Lord will consume with the breath of His mouth and destroy with the brightness of His coming.

9 The coming of the lawless one is according to the working of Satan, with all power, signs, and lying wonders,

10 and with all unrighteous deception among those who perish, because they did not receive the love of the truth, that they might be saved.

11 And for this reason God will send them strong delusion, that they should believe the lie,

12 that they all may be condemned who did not believe the truth but had pleasure in unrighteousness.”

APPLYING

1)

- According to verse 2 what should be our attitude in the light of Christ's soon return?
- How will this effect the way you live your life?

2)

- What are some events that will happen before Christ's return in this passage?
- How can we be ready for these?

3)

- Is there any hope in this passage?
- What is it?
- What is your hope in life?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be ready for the end time deception and persecution to come. (e.g., “Forgive us Lord that we often do not believe we are in the end times and do not discern deception when it comes and are not ready to handle persecution. Prepare us for these events and help us live in Your truth and protection and have grace to go through persecution if needs be. Amen!”)

Declare by faith that your family will be a family that will not be deceived and deluded and will endure persecution with joy. (e.g., “We declare that we, the _____ family will not be deceived and deluded by end time deception, but we will live in His truth in power and authority. We expect persecution but will not be broken by it and will go through it with joy. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(April 22nd – 30th 2024) 1 Timothy 3 – Revelation 22

Lion and the Lamb

<https://www.youtube.com/watch?v=3THgbWT-mqU>

The Wedding of the Lamb

<https://www.youtube.com/watch?v=otEgXJRTLSg>

Jesus Is Coming Back Soon (For kids)

https://www.youtube.com/watch?v=cYSw1p0o_KM

Revelation 19:6-16 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=0ibpl4dGPxU>

“6 And I heard, as it were, the voice of a great multitude, as the sound of many waters and as the sound of mighty thunderings, saying, “Alleluia! For the Lord God Omnipotent reigns!

7 Let us be glad and rejoice and give Him glory, for the marriage of the Lamb has come, and His wife has made herself ready.”

8 And to her it was granted to be arrayed in fine linen, clean and bright, for the fine linen is the righteous acts of the saints.

9 Then he said to me, “Write: ‘Blessed are those who are called to the marriage supper of the Lamb!’” And he said to me, “These are the true sayings of God.”

10 And I fell at his feet to worship him. But he said to me, “See that you do not do that! I am your fellow servant, and of your brethren who have the testimony of Jesus. Worship God! For the testimony of Jesus is the spirit of prophecy.”

WEEK 4

Revelation 19:6-16 (NKJV)

11 Now I saw heaven opened, and behold, a white horse. And He who sat on him was called Faithful and True, and in righteousness He judges and makes war.

12 His eyes were like a flame of fire, and on His head were many crowns. He had a name written that no one knew except Himself.

13 He was clothed with a robe dipped in blood, and His name is called The Word of God.

14 And the armies in heaven, clothed in fine linen, white and clean, followed Him on white horses.

15 Now out of His mouth goes a sharp sword, that with it He should strike the nations. And He Himself will rule them with a rod of iron. He Himself treads the winepress of the fierceness and wrath of Almighty God.

16 And He has on His robe and on His thigh a name written: KING OF KINGS AND LORD OF LORDS.”

APPLYING

1)

- Christ's second coming is described as a groom coming for his bride to celebrate the wedding supper.
- We are Christ's bride.
- How can you prepare yourself for this event?

2)

- How is Jesus described here?
- What do these images speak to you?

3)

- Jesus is victorious and we are on His side!
- How does this make you feel and how should this truth effect the way you live your life?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

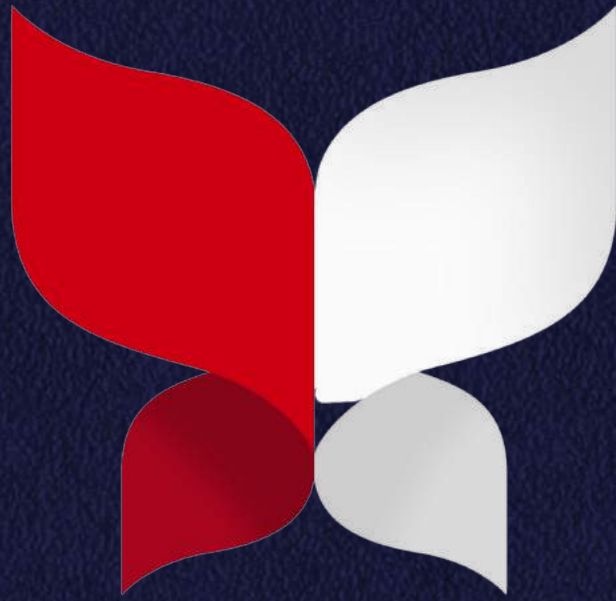
Pray for your family to be part of His prepared Bride. (e.g. “Forgive us Lord for often being an unprepared Bride, not having prepared our wedding garments of righteous works for Your glory. Help us to be ready and dressed in Your righteous deeds, living in intimacy and preparedness with You, constantly coming to Your Throne room for empowering and direction. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family are a part of the end time Bride, clothed in our wedding garments which are the righteous deeds of the saints and walking in intimacy and power with our Bride Groom, Jesus. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



TRANSFORMATIONSG

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