

FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”

Leviticus 3:16 (NKJV)

“Thou crownest the year with thy goodness; and thy paths drop fatness.”

Psalms 65:11 (KJV)

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He wraps you in goodness—beauty eternal. He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____ . In the name of Jesus, Amen”.)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by _____").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR
SEPTEMBER
2024

WEEK 1

WORSHIPPING

(September 1st - 8th 2024) Genesis 1 – Exodus 30

Song of the Beautiful Bride

https://www.youtube.com/watch?v=RLgIAgiS_LE

Spirit and the Bride

<https://www.youtube.com/watch?v=EnZKNZM-Ovw>

Isaac's Love Story (For kids)

<https://www.youtube.com/watch?v=SQdpLqHbNZE>

Genesis 24:10 - 19 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=xrwZrMzX09o>

10 "Then the servant took ten of his master's camels and departed, for all his master's goods were in his hand. And he arose and went to Mesopotamia, to the city of Nahor.

11 And he made his camels kneel down outside the city by a well of water at evening time, the time when women go out to draw water.

12 Then he said, "O Lord God of my master Abraham, please give me success this day, and show kindness to my master Abraham.

13 Behold, here I stand by the well of water, and the daughters of the men of the city are coming out to draw water.

14 Now let it be that the young woman to whom I say, 'Please let down your pitcher that I may drink,' and she says, 'Drink, and I will also give your camels a drink'—let her be the one You have appointed for Your servant Isaac. And by this I will know that You have shown kindness to my master."

WEEK 1

Genesis 24:10 - 19 (NKJV)

15 And it happened, before he had finished speaking, that behold, Rebekah, who was born to Bethuel, son of Milcah, the wife of Nahor, Abraham's brother, came out with her pitcher on her shoulder.

16 Now the young woman was very beautiful to behold, a virgin; no man had known her. And she went down to the well, filled her pitcher, and came up.

17 And the servant ran to meet her and said, "Please let me drink a little water from your pitcher."

18 So she said, "Drink, my lord." Then she quickly let her pitcher down to her hand, and gave him a drink.

19 And when she had finished giving him a drink, she said, "I will draw water for your camels also, until they have finished drinking."

APPLYING

1)

- Eliezer, Abraham's servant, prayed for God's guidance in finding a wife for Isaac.
- How can we apply this to our decision-making process?
- What role does prayer play in seeking God's will for our lives?

2)

- Eliezer asked for a specific sign to identify the right woman.
- How can we be attuned to divine appointments and recognize God's leading in our everyday encounters?

3)

- Rebekah's willingness to offer water to Eliezer and his camels demonstrated hospitality and kindness.
- How can we cultivate a generous and welcoming spirit toward others as the Bride of Christ?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to daily seek the will of the Lord in all decisions. (e.g., “Forgive us Lord for many times trusting in our own wisdom and following the desires of our heart without seeking Your will. Help us to daily turn to You for wisdom and live in Your wisdom and will throughout each day. Amen!”)

Declare by faith that your family will seek Him daily and walk in His will. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family will seek His face every day and hear from Him as to His divine appointments during the day. We will walk in His will and power and see great and mighty things happen for His glory as He will go with us. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(September 9th -15th 2024) Exodus 31 – Numbers 33

The Blessing Song

<https://www.youtube.com/watch?v=Zp6aygmvzM4>

Blessings

<https://www.youtube.com/watch?v=ICnct8THNag>

The Blessing (For children)

<https://www.youtube.com/watch?v=9Cn46G4ucjE>

Numbers 6:22 - 27 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=RqLYftyEcwQ>

“22 And the Lord spoke to Moses, saying:

23 “Speak to Aaron and his sons, saying, ‘This is the way you shall bless the children of Israel. Say to them:

24 “The Lord bless you and keep you;

25 The Lord make His face shine upon you, And be gracious to you;

26 The Lord lift up His countenance upon you, And give you peace.”’

27 “So, they shall put My name on the children of Israel, and I will bless them.”

APPLYING

1)

- How can we incorporate the principles of the Priestly Blessing into our daily interactions with others?

2)

- In what ways can we actively seek God's peace and grace in our lives, as described in the blessing?

3)

- How does the idea of God's face shining upon us influence our understanding of His presence and favour?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to move as channels of blessing. (e.g., “Forgive us Lord for often neglecting to bless those around us, even those we find it difficult to love. Release us to be channels of blessing in every relationship. Amen.”)

Declare that Your family members will be priests that move in divine blessing. (e.g., “We declare that we, the _____ Family are qualified priests who walk daily with blessings on our lips towards others, placing His name upon the people, seeing signs, wonders and mighty miracles. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

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WEEK 3

WORSHIPPING

(September 16th – 22nd 2024) Numbers 34 – Judges 10

Lord, I Offer My Life

<https://www.youtube.com/watch?v=T6ScZi7drBg>

Offering

<https://www.youtube.com/watch?v=6Kigh5Er4Pk>

Offering Song (For Kids)

<https://www.youtube.com/watch?v=eesl9-dsg9U>

Deuteronomy 26:8 - 15 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=EUJblptuNEY>

8 *“So, the Lord brought us out of Egypt with a mighty hand and with an outstretched arm, with great terror and with signs and wonders.*

9 *He has brought us to this place and has given us this land, “a land flowing with milk and honey”;*

10 *and now, behold, I have brought the firstfruits of the land which you, O Lord, have given me.’ Then you shall set it before the Lord your God, and worship before the Lord your God.*

11 *So you shall rejoice in every good thing which the Lord your God has given to you and your house, you and the Levite and the stranger who is among you.*

WEEK 3

Deuteronomy 26:8 - 15 (NKJV)

12 When you have finished laying aside all the tithe of your increase in the third year—the year of tithing—and have given it to the Levite, the stranger, the fatherless, and the widow, so that they may eat within your gates and be filled,

13 then you shall say before the Lord your God: ‘I have removed the holy tithe from my house, and also have given them to the Levite, the stranger, the fatherless, and the widow, according to all Your commandments which You have commanded me; I have not transgressed Your commandments, nor have I forgotten them.

14 I have not eaten any of it when in mourning, nor have I removed any of it for an unclean use, nor given any of it for the dead. I have obeyed the voice of the Lord my God and have done according to all that You have commanded me.

15 Look down from Your holy habitation, from heaven, and bless Your people Israel and the land which You have given us, just as You swore to our fathers, “a land flowing with milk and honey.”

APPLYING

1)

- How can we be careful to remain humble about our successes?
- Instead of taking credit for ourselves, how can we give glory to God where it is due?

2)

- Reflecting on their humble beginnings, the Israelites were instructed to express gratitude when presenting their special offering.
- How can remembering our own past experiences lead to a more grateful attitude today?

3)

- In what ways can we honour the Lord with our wealth and the first fruits of our produce?
- How does cheerful giving align with God's desire for our hearts?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be humble and generous givers for His Kingdom. (e.g., “Forgive us Lord that we often think about what we can gain rather than what we can give. Help us to humbly reach out and give to You and others with joy in our hearts so that Your Kingdom can be furthered. Amen!”)

Declare by faith that your family will be a giving family. (e.g., “We declare that we, the _____ family will give rather than take, using all Your blessing to build Your Kingdom. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(September 23rd – 30th 2024) Judges 11 – 1 Kings 10

Holy Spirit Come

<https://www.youtube.com/watch?v=DEEVaZva7lw>

New Wine

https://www.youtube.com/watch?v=QbJaM_EneMw

Holy Spirit Fills Me Up (For kids)

<https://www.youtube.com/watch?v=zeOv8a1GcQw>

1 Samuel 1:8 - 18 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=x2tezW85Z5I>

“8 Then Elkanah her husband said to her, “Hannah, why do you weep? Why do you not eat? And why is your heart grieved? Am I not better to you than ten sons?”

9 So Hannah arose after they had finished eating and drinking in Shiloh. Now Eli the priest was sitting on the seat by the doorpost of the tabernacle of the Lord.

10 And she was in bitterness of soul and prayed to the Lord and wept in anguish.

11 Then she made a vow and said, “O Lord of hosts, if You will indeed look on the affliction of Your maidservant and remember me, and not forget Your maidservant, but will give Your maidservant a male child, then I will give him to the Lord all the days of his life, and no razor shall come upon his head.”

12 And it happened, as she continued praying before the Lord, that Eli watched her mouth.

WEEK 4

1 Samuel 1:8 - 18 (NKJV)

13 Now Hannah spoke in her heart; only her lips moved, but her voice was not heard. Therefore, Eli thought she was drunk.

14 So Eli said to her, "How long will you be drunk? Put your wine away from you!"

15 But Hannah answered and said, "No, my lord, I am a woman of sorrowful spirit. I have drunk neither wine nor intoxicating drink but have poured out my soul before the Lord.

16 Do not consider your maidservant a wicked woman, for out of the abundance of my complaint and grief I have spoken until now."

17 Then Eli answered and said, "Go in peace, and the God of Israel grant your petition which you have asked of Him."

18 And she said, "Let your maidservant find favor in your sight." So, the woman went her way and ate, and her face was no longer sad."

APPLYING

1)

- Hannah faced a seemingly hopeless situation, yet she trusted God.
- When has the Lord allowed you to face a similar situation to prove Himself faithful?
- How can we maintain faith during challenging time?

2)

- Hannah's fervent prayer led to a miraculous answer.
- What does this teach us about the importance of prayer during our times of hopelessness?
- How can we apply persistent prayer in our lives?

3)

- Eli thought she was drunk but she was praying in the Spirit.
- Discuss why her prayer was so powerful?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to maintain faith and prayerfulness in challenging times. (e.g. “Forgive us Lord for often turning in all directions except to You when we face problems and challenges. Help us to build a strong and effective prayer altar lifestyle that in tough times we can be tougher in You. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family are keepers of the faith in all seasons. We will rise up in dark times to shine the light by being on fire for God and maintaining strong faith and prayerfulness at all times. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

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TRANSFORMATIONSG

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