

# FAMILY ALTAR TIME



“And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord’s.”

*Leviticus 3:16 (NKJV)*

“Thou crownest the year with thy goodness; and thy paths drop fatness.”

*Psalms 65:11 (KJV)*

**“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)**

**“He wraps you in goodness—beauty eternal. He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)**

## **HOW TO USE**

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

# GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

## **Guidelines for the leader of the Family Altar Time:**

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

**(1) Worshipping (7 Minutes\*)**

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

**(2) Reading (5 Minutes\*)**

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

**(3) Applying (10 Minutes\*)**

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

**(4) Praying (5 Minutes\*)**

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by \_\_\_\_\_, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by \_\_\_\_\_ . In the name of Jesus, Amen”.)

**(5) Speaking Blessing (3 minutes\*)**

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by \_\_\_\_\_").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

*\*Suggested timing. Make it according to what is best for your family).*

# FAT WRAPS

FOR  
JULY  
2024

# WEEK 1

## WORSHIPPING

**(July 1st - 7th 2024) Isaiah 40 - 66; 2 Kings 21 - 24;  
Nahum 1 - 3; Habakkuk 1 - 3; Zephaniah 1 - 3;  
Jeremiah 1 - 24; Daniel 1 - 3**

Give us Clean Hands

<https://www.youtube.com/watch?v=gBjpnIOYIWE>

Holy Forever

<https://www.youtube.com/watch?v=KI5fqIMoz1A>

Daniel Was a Child Like Me (For kids)

<https://www.youtube.com/watch?v=PJ3ztWudWAO>

### Daniel 1:1 - 9 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=o9E8RQO8Eeo>

*1" In the third year of the reign of Jehoiakim king of Judah, Nebuchadnezzar king of Babylon came to Jerusalem and besieged it.*

*2 And the Lord gave Jehoiakim king of Judah into his hand, with some of the articles of the house of God, which he carried into the land of Shinar to the house of his god; and he brought the articles into the treasure house of his god.*

*3 Then the king instructed Ashpenaz, the master of his eunuchs, to bring some of the children of Israel and some of the king's descendants and some of the nobles,*

# WEEK 1

## Daniel 1:1 - 9 (NKJV)

*4 young men in whom there was no blemish, but good-looking, gifted in all wisdom, possessing knowledge and quick to understand, who had ability to serve in the king's palace, and whom they might teach the language and literature of the Chaldeans.*

*5 And the king appointed for them a daily provision of the king's delicacies and of the wine which he drank, and three years of training for them, so that at the end of that time they might serve before the king.*

*6 Now from among those of the sons of Judah were Daniel, Hananiah, Mishael, and Azariah.*

*7 To them the chief of the eunuchs gave names: he gave Daniel the name Belteshazzar; to Hananiah, Shadrach; to Mishael, Meshach; and to Azariah, Abed-Nego.*

*8 But Daniel purposed in his heart that he would not defile himself with the portion of the king's delicacies, nor with the wine which he drank; therefore, he requested of the chief of the eunuchs that he might not defile himself.*

*9 Now God had brought Daniel into the favor and goodwill of the chief of the eunuchs."*



# APPLYING

1)

- How does Daniel 1 exemplify obedience and faithfulness to God in difficult situations?

2)

- How might this relate to cultural assimilation today?
- Reflect on the tension between maintaining one's identity and adapting to the prevailing culture!

3)

- What lessons can we learn from Daniel's decision to not defile himself with the king's food and drink?
- Consider the courage it took to stand firm in his convictions despite the potential consequences.

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to not be influenced by negative cultural patterns of this age. (e.g., “Forgive us Lord for many times giving in to the ways of the world around us instead of standing firm in Your word and ways. Help us as a family to shine forth Your light in the darkness of this age. Amen!”)

Declare by faith that your family will not bow down to the gods of this age. (e.g., “We declare by faith, in the name of Jesus, that we the \_\_\_\_\_ family will pull down all false altars and idols in our family line and not be defiled by the spirits of this age. We will live for the Lord alone. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 2

## WORSHIPPING

**(July 8th -14th 2024) Jeremiah 27 - 49; 52:1 - 27;  
Ezekiel 1 - 33; 2 Kings 25; Obadiah 1; Lamentations 1 - 5**

Your Steadfast Love

[https://www.youtube.com/watch?v=jc\\_heQ9tvYI](https://www.youtube.com/watch?v=jc_heQ9tvYI)

The Steadfast Love of the Lord

<https://www.youtube.com/watch?v=EnOFh9WFe6k>

L-O-V-E (For children)

<https://www.youtube.com/watch?v=dJ9te-Gtfew>

### Lamentation 3:22 - 40 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=yJYtlqv5iWw> – from 2:30

22 *“Through the Lord’s mercies we are not consumed, because His compassions fail not.*

23 *They are new every morning; Great is Your faithfulness.*

24 *“The Lord is my portion,” says my soul, “Therefore I hope in Him!”*

25 *The Lord is good to those who wait for Him, To the soul who seeks Him.*

26 *It is good that one should hope and wait quietly for the salvation of the Lord.*

27 *It is good for a man to bear the yoke in his youth.*

28 *Let him sit alone and keep silent, because God has laid it on him;*

29 *Let him put his mouth in the dust— There may yet be hope.*

# WEEK 2

## Lamentation 3:22 - 40 (NKJV)

*30 Let him give his cheek to the one who strikes him and be full of reproach.*

*31 For the Lord will not cast off forever.*

*32 Though He causes grief, yet He will show compassion according to the multitude of His mercies. For He does not afflict willingly, nor grieve the children of men.*

*34 To crush under one's feet All the prisoners of the earth,*

*35 to turn aside the justice due a man Before the face of the Most High,*

*36 or subvert a man in his cause — The Lord does not approve.*

*37 Who is he who speaks and it comes to pass, when the Lord has not commanded it?*

*38 Is it not from the mouth of the Most High that woe and well-being proceed?*

*39 Why should a living man complain, a man for the punishment of his sins?*

*40 Let us search out and examine our ways and turn back to the Lord."*

# APPLYING

1)

- Who is God, according to this passage?
- What does it reveal about His character?
- How do you see God's goodness and faithfulness in action?

2)

- How does knowing God's character shape your understanding of yourself?
- In what ways can you find hope and security in God as your portion?

3)

- Have you ever felt like your prayers were blocked or unheard by God?
- How did you handle it?
- When faced with suffering or loss, how can you maintain hope and endurance?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to move in God's lovingkindness and faithfulness. (e.g., "Forgive us Lord for often giving up hope in painful times and times of suffering. Help us look to You and Your loving kindness and faithfulness in every situation that we may live in hope and faithfulness all the days of our lives. Amen.")

Declare that Your family members will move in God's love and faith. (e.g., "We declare that we, the \_\_\_\_\_ Family are full of the love and faith of God in every situation and will live in hope through times of suffering and difficulty. Amen!")

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 3

## WORSHIPPING

**(July 15th – 21st 2024) Ezekiel 34 - 48; Jeremiah 50 - 51; 52:28 - 34; Psalm 137; Daniel 4 - 9; 2 Kings 25:27 - 30; 1 Chronicles 1 - 29; 2 Chronicles 1 - 17**

Lord Prepare Me

<https://www.youtube.com/watch?v=AxB9VH3cCN4>

Sanctuary

<https://www.youtube.com/watch?v=2SmFaNV2La8>

I'm a Sanctuary (For Kids)

<https://www.youtube.com/watch?v=K1nfzGTPnYY>

### **1 Chronicles 22:1 - 13 (NKJV)**

Reading for young kids

<https://www.youtube.com/watch?v=D15Z56QYYpw>

*1 "Then David said, "This is the house of the Lord God, and this is the altar of burnt offering for Israel."*

*2 So David commanded to gather the aliens who were in the land of Israel; and he appointed masons to cut hewn stones to build the house of God.*

*3 And David prepared iron in abundance for the nails of the doors of the gates and for the joints, and bronze in abundance beyond measure,*

*4 and cedar trees in abundance; for the Sidonians and those from Tyre brought much cedar wood to David.*

*5 Now David said, "Solomon my son is young and inexperienced, and the house to be built for the Lord must be exceedingly magnificent, famous, and glorious throughout all countries. I will now make preparation for it." So, David made abundant preparations before his death.*

# WEEK 3

## 1 Chronicles 22:1 - 13 (NKJV)

6 Then he called for his son Solomon and charged him to build a house for the Lord God of Israel.

7 And David said to Solomon: "My son, as for me, it was in my mind to build a house to the name of the Lord my God;

8 but the word of the Lord came to me, saying, 'You have shed much blood and have made great wars; you shall not build a house for My name, because you have shed much blood on the earth in My sight.

9 Behold, a son shall be born to you, who shall be a man of rest; and I will give him rest from all his enemies all around. His name shall be Solomon, for I will give peace and quietness to Israel in his days.

10 He shall build a house for My name, and he shall be My son, and I will be his Father; and I will establish the throne of his kingdom over Israel forever.'

11 Now, my son, may the Lord be with you; and may you prosper, and build the house of the Lord your God, as He has said to you.

12 Only may the Lord give you wisdom and understanding, and give you charge concerning Israel, that you may keep the law of the Lord your God.

13 Then you will prosper, if you take care to fulfil the statutes and judgments with which the Lord charged Moses concerning Israel. Be strong and of good courage; do not fear nor be dismayed."



# APPLYING

1)

- Why was it significant for David to prepare materials for the construction of the Temple?

2)

- How can we apply David's foresight and preparations to our own lives, especially in preparing the next generation?

3

- Why wasn't David allowed to build the temple?
- How did David handle this divine command?
- What does this speak to you?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to pass on the love of God and His kingdom to the next generation. (e.g., “Forgive us Lord that we often only live in the now instead of preparing to pass on Your goodness and worship to the next generation. Help us to be concerned to pass Your spark on to others that they will be able to do the same. Amen!”)

Declare by faith that your family will prepare for the next generation. (e.g., “We declare that we, the \_\_\_\_\_ family are Davids in this generation, preparing Solomons to build the temple and live in true worship and wisdom. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 4

## WORSHIPPING

(July 22nd – 31st 2024) 2 Chronicle 18 - 36; Ezra 1 - 10;  
Haggai 1 - 2; Zechariah 1 - 14; Daniel 10 - 12;  
Esther 1 - 10; Nehemiah 1 - 13; 1 Chronicles 9;  
Psalms 91 - 94; 96 - 100; 102; 104 - 107; 111 - 118

Born For This

<https://www.youtube.com/watch?v=iZvZWUZFevI>

Every Time I Pray

<https://www.youtube.com/watch?v=-YNY-XJeBNM>

For Such a Time (For kids)

[https://www.youtube.com/watch?v=YZsHphxU\\_7I](https://www.youtube.com/watch?v=YZsHphxU_7I)

### Esther 5:1 - 8 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=us2CduHLkP4>

1 “Now it happened on the third day that Esther put on her royal robes and stood in the inner court of the king’s palace, across from the king’s house, while the king sat on his royal throne in the royal house, facing the entrance of the house.

2 So it was, when the king saw Queen Esther standing in the court, that she found favor in his sight, and the king held out to Esther the golden scepter that was in his hand. Then Esther went near and touched the top of the scepter.

3 And the king said to her, “What do you wish, Queen Esther? What is your request? It shall be given to you—up to half the kingdom!”

4 So Esther answered, “If it pleases the king, let the king and Haman come today to the banquet that I have prepared for him.”

# WEEK 4

## Esther 5:1 - 8 (NKJV)

5 Then the king said, "Bring Haman quickly, that he may do as Esther has said." So, the king and Haman went to the banquet that Esther had prepared.

6 At the banquet of wine the king said to Esther, "What is your petition? It shall be granted you. What is your request, up to half the kingdom? It shall be done!"

7 Then Esther answered and said, "My petition and request is this:

8 If I have found favor in the sight of the king, and if it pleases the king to grant my petition and fulfil my request, then let the king and Haman come to the banquet which I will prepare for them, and tomorrow I will do as the king has said."

# APPLYING

1)

- Esther risked her life by approaching the king uninvited.
- What can we learn from her boldness and willingness to take risks for a greater purpose?
- How does this relate to our own lives when we face difficult decisions or stand up for what is right?

2)

- How does Esther have God's favour, and what can we learn from this?

3)

- Esther could have asked anything up to half the kingdom.
- Why did she ask to host a banquet instead?
- What do you learn from this concerning your prayers to God?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

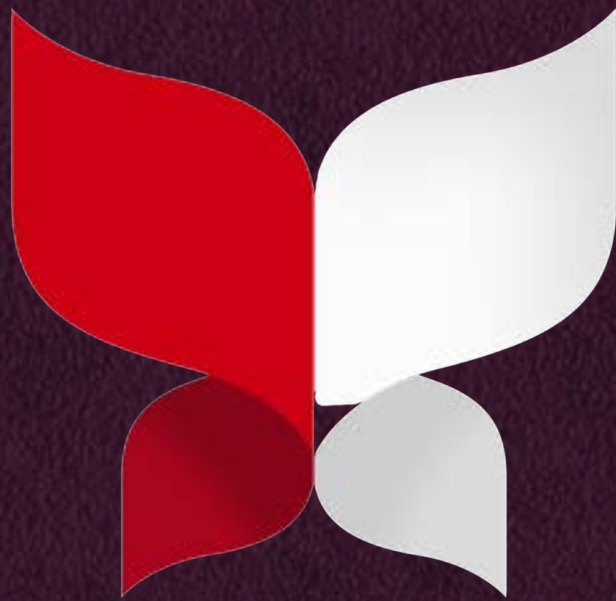
Pray for your family to stand for what is right and make intercession for God's chosen. (e.g. "Forgive us Lord for often being quiet and voiceless when we should be interceding and speaking up where there is oppression or injustice. Help us stand in the gap for those You are calling us to do so for. Amen!")

We declare by faith in the name of Jesus that we, the \_\_\_\_\_ family are Esthers in our generation, speaking up for the oppressed and victims of injustice as the Lord leads. Amen!

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



TRANSFORMATIONSG

***This booklet is for Internal use only and not for sale.***