

# FAMILY ALTAR TIME

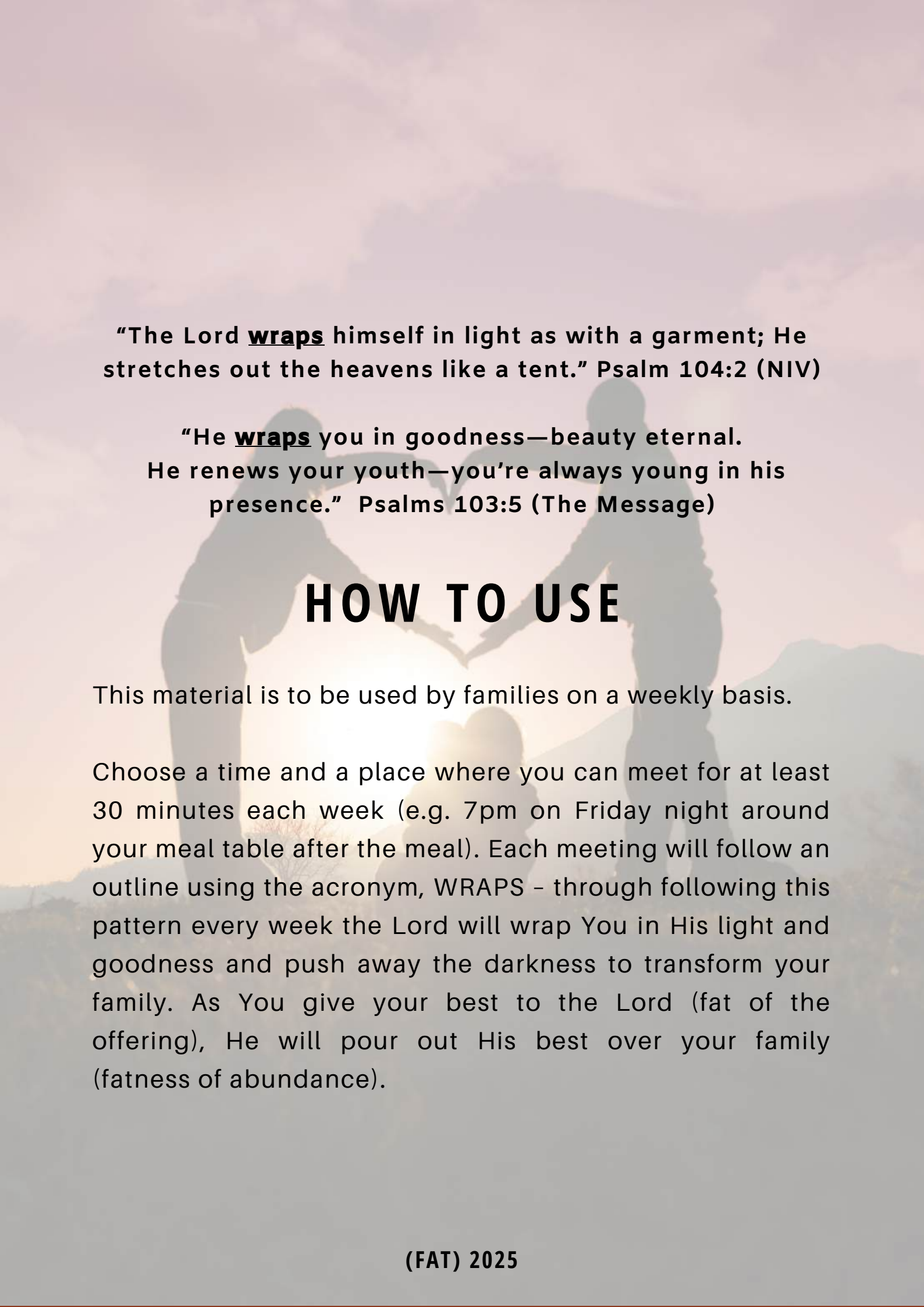


"And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord's."

Leviticus 3:16 (NKJV)

"Thou crownest the year with thy goodness; and thy paths drop fatness."

Psalms 65:11 (KJV)



**“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)**

**“He wraps you in goodness—beauty eternal. He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)**

## **HOW TO USE**

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

# GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

## **Guidelines for the leader of the Family Altar Time:**

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

**(1) Worshipping (7 Minutes\*)**

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

**(2) Reading (5 Minutes\*)**

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

**(3) Applying (10 Minutes\*)**

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

**(4) Praying (5 Minutes\*)**

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by \_\_\_\_\_, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by \_\_\_\_\_. In the name of Jesus, Amen”).

**(5) Speaking Blessing (3 minutes\*)**

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

*\*Suggested timing. Make it according to what is best for your family).*

# FAT WRAPS

# FOR JANUARY 2025

A background image showing the silhouettes of three people standing on a grassy hill, holding hands in a circle. The sun is low on the horizon, creating a bright glow and casting long shadows. The sky is a mix of orange and blue, suggesting a sunset or sunrise. The overall mood is peaceful and communal.

# WEEK 1

## WORSHIPPING

(January 1st - 5th 2025) Genesis 1 - 50

Who You Say I Am

[https://www.youtube.com/watch?v=lcC1Bp13n\\_4](https://www.youtube.com/watch?v=lcC1Bp13n_4)

I Will Change Your Name

<https://www.youtube.com/watch?v=zgADp52Bn3l>

Who You Say I Am (For kids)

<https://www.youtube.com/watch?v=Y0LHTDVy5C0>

### Genesis 32:22 - 32 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=qeT6x8xi3dQ>

*22 That night Jacob got up and took his two wives, his two female servants and his eleven sons and crossed the ford of the Jabbok.*

*23 After he had sent them across the stream, he sent over all his possessions.*

*24 So Jacob was left alone, and a man wrestled with him till daybreak.*

*25 When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man.*

*26 Then the man said, "Let me go, for it is daybreak." But Jacob replied, "I will not let you go unless you bless me."*

*27 The man asked him, "What is your name?" "Jacob," he answered.*

*28 Then the man said, "Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome."*

# WEEK 1

## Genesis 32:22 - 32 (NKJV)

*29 Jacob said, "Please tell me your name." But he replied, "Why do you ask my name?" Then he blessed him there.*

*30 So Jacob called the place Peniel, saying, "It is because I saw God face to face, and yet my life was spared."*

*31 The sun rose above him as he passed Peniel, and he was limping because of his hip.*

*32 Therefore to this day the Israelites do not eat the tendon attached to the socket of the hip, because the socket of Jacob's hip was touched near the tendon."*



# APPLYING

## 1)

- Wrestling with God: Jacob wrestled with God throughout the night and emerged with a new name and a blessing.
- Have you ever experienced a time in your life when you felt like you were wrestling with God?
- How did that experience change you or your perspective?

## 2)

- Facing Fears: Jacob was preparing to meet his brother Esau, whom he feared.
- What are some fears or challenges you are currently facing?
- How can you trust God to help you overcome these fears?

## 3)

- Transformation and Identity: Jacob's name was changed to Israel, signifying a transformation in his identity.
- How has your relationship with God transformed your identity?
- In what ways do you see yourself differently now compared to before your faith journey?

# PRAYING

## **PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.**

Pray for your family to wrestle with God for breakthrough. (e.g., “Forgive us Lord for many times wrestling with our doubts and fears apart from You. Help us to wrestle with the difficult questions, fears and doubts in our heart together with You so that You can give us new names and new faith and courage to face the future as Jacob did. Amen!”)

Declare by faith that your family will face fears and doubts together and be transformed by the Lord. (e.g., “We declare by faith, in the name of Jesus, that we the \_\_\_\_\_ family will wrestle with God together concerning our doubts, fears and problems we face to see breakthrough and transformation in all of our lives. Amen!”)

# SPEAKING BLESSING

## **BLESS YOUR CHILDREN**

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 2

## WORSHIPPING

(January 6th - 12th 2025) Exodus 1 – Numbers 3

God Our Banner

<https://www.youtube.com/watch?v=O88EUszIOQA>

Banner

<https://www.youtube.com/watch?v=WSRxS93UjH8>

His Banner over me is Love (For children)

<https://www.youtube.com/watch?v=Q01EhTNkRjw>

### Exodus 17:8 - 16 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=Zs-vckTToXU> - from 1:40

*“8 Now Amalek came and fought with Israel in Rephidim.*

*9 And Moses said to Joshua, “Choose us some men and go out, fight with Amalek. Tomorrow I will stand on the top of the hill with the rod of God in my hand.”*

*10 So Joshua did as Moses said to him and fought with Amalek. And Moses, Aaron, and Hur went up to the top of the hill.*

*11 And so it was, when Moses held up his hand, that Israel prevailed; and when he let down his hand, Amalek prevailed.*

*12 But Moses’ hands became heavy; so, they took a stone and put it under him, and he sat on it. And Aaron and Hur supported his hands, one on one side, and the other on the other side; and his hands were steady until the going down of the sun.*

# WEEK 2

## Exodus 17:8 - 16 (NKJV)

*13 So Joshua defeated Amalek and his people with the edge of the sword.*

*14 Then the Lord said to Moses, "Write this for a memorial in the book and recount it in the hearing of Joshua, that I will utterly blot out the remembrance of Amalek from under heaven."*

*15 And Moses built an altar and called its name, The-Lord-Is-My-Banner;*

*16 for he said, "Because the Lord has sworn: the Lord will have war with Amalek from generation to generation."*

# APPLYING

1)

- **Support in Battle:** In this passage, Moses, Aaron, and Hur work together to ensure victory over the Amalekites.
- How can you support others in their personal battles?
- Share an experience where you received or provided support that made a significant difference.

2)

- **Dependence on God:** The Israelites' victory depended on Moses keeping his hands raised, symbolizing dependence on God.
- In what areas of your life do you need to rely more on God?
- How can you practically demonstrate this dependence?

3)

- **Remembering God's Faithfulness:** After the victory, Moses built an altar and called it "The Lord is my Banner" to remember God's faithfulness.
- How do you remember and celebrate God's faithfulness in your life?
- What are some ways you can remind yourself and others of His past victories?

# PRAYING

## **PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.**

Pray for your family to support one another in the battles you face. (e.g., “Forgive us Lord for often letting other family members struggle in their own battles and not come alongside to help them and lift their hands in victory. Help us to get alongside each other to face the battles together in faith and victory according to the Lord’s promises and the victory He’s already won. Amen.”)

Declare that Your family members will support one another through life’s battles. (e.g., “We declare that we, the \_\_\_\_\_ Family will gather around each other to hold up arms in victory of those who are facing difficult battles. We will claim the Lord’s victory according to His promises over each of our lives. Amen!”)

# SPEAKING BLESSING

## **BLESS YOUR CHILDREN**

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 3

## WORSHIPPING

(January 13th - 19th 2025) Numbers 4 - Joshua 3

Dwelling Place

<https://www.youtube.com/watch?v=JlgJRFSOYj0>

Dwelling Places

<https://www.youtube.com/watch?v=ZJkCluM2R1U>

I'm a Sanctuary (For Kids)

<https://www.youtube.com/watch?v=K1nfzGTPnYY>

### Deuteronomy 12:1 - 7 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=RxFE3rnAPM8>

*1 "These are the statutes and judgments which you shall be careful to observe in the land which the Lord God of your fathers is giving you to possess, all the days that you live on the earth.*

*2 You shall utterly destroy all the places where the nations which you shall dispossess served their gods, on the high mountains and on the hills and under every green tree.*

*3 And you shall destroy their altars, break their sacred pillars, and burn their wooden images with fire; you shall cut down the carved images of their gods and destroy their names from that place.*

*4 You shall not worship the Lord your God with such things.*

*5 "But you shall seek the place where the Lord your God chooses, out of all your tribes, to put His name for His dwelling place; and there you shall go.*

# WEEK 3

## Deuteronomy 12:1 - 7 (NKJV)

*6 There you shall take your burnt offerings, your sacrifices, your tithes, the heave offerings of your hand, your vowed offerings, your freewill offerings, and the firstborn of your herds and flocks.*

*7 And there you shall eat before the Lord your God, and you shall rejoice in all to which you have put your hand, you and your households, in which the Lord your God has blessed you.”*



# APPLYING

1)

- **Central Place of Worship:** This passage emphasizes the importance of having a central place of worship.
- How does having a designated place for worship impact your relationship with God?
- How can you create a sacred space in your daily life to connect with Him?

2)

- **Obedience to God's Commands:** The Israelites are instructed to follow God's commands carefully.
- In what areas of your life do you find it challenging to obey God's instructions?
- How can you seek support and accountability within your small group to grow in obedience?

3)

- **Destroying Idols:** The passage talks about destroying all the places where other gods were worshipped.
- What are some modern-day "idols" that can distract you from your faith?
- How can you actively remove these distractions and focus more on your relationship with God?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be regularly coming together in worship to destroy all false idols and walk in obedience to His Word. (e.g., “Forgive us Lord that we often do not spend the quality time together as a family to worship, hear Your word and live in concentration and obedience. Help us hunger and thirst more for your word and presence and to rise in obedience to walk in Your ways. Amen!”)

Declare by faith that your family will gather regularly for quality times of reading His Word, worship and obedient prayer. (e.g., “We declare that we, the \_\_\_\_\_ family will spend regular times of soaking in His Word, presence and Spirit. We will walk in consecration and obedience to the Living God. Amen!”)

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 4

## WORSHIPPING

(January 20th – 31st 2025) Joshua 4 – 1 Kings 20

Victory Belongs to Jesus

<https://www.youtube.com/watch?v=lkASX8Fd1tE>

See a Victory

<https://www.youtube.com/watch?v=AI3VcChbPBY>

See a Victory (For kids)

<https://www.youtube.com/watch?v=ooNS4myhi0c>

### Judges 16:25 - 31 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=0ltpuRJDACY>

“25 So it happened, when their hearts were merry, that they said, “Call for Samson, that he may perform for us.” So, they called for Samson from the prison, and he performed for them. And they stationed him between the pillars.

26 Then Samson said to the lad who held him by the hand, “Let me feel the pillars which support the temple, so that I can lean on them.”

27 Now the temple was full of men and women. All the lords of the Philistines were there—about three thousand men and women on the roof watching while Samson performed.

28 Then Samson called to the Lord, saying, “O Lord God, remember me, I pray! Strengthen me, I pray, just this once, O God, that I may with one blow take vengeance on the Philistines for my two eyes!”

29 And Samson took hold of the two middle pillars which supported the temple, and he braced himself against them, one on his right and the other on his left.

# WEEK 4

## Judges 16:25 - 31 (NKJV)

30 Then Samson said, "Let me die with the Philistines!" And he pushed with all his might, and the temple fell on the lords and all the people who were in it. So, the dead that he killed at his death were more than he had killed in his life.

31 And his brothers and all his father's household came down and took him and brought him up and buried him between Zorah and Eshtaol in the tomb of his father Manoah. He had judged Israel twenty years.

# APPLYING

1)

- **Strength and Weakness:** Samson's physical strength was legendary, but his weaknesses led to his downfall.
- What are some strengths and weaknesses you see in yourself?
- How can you use your strengths for good, and how can you address your weaknesses with God's help?

2)

- **Seeking Redemption:** In his final moments, Samson prayed to God for strength to defeat the Philistines.
- Have you ever found yourself seeking redemption or a second chance?
- How did you approach God in that moment, and what was the outcome?

3)

- **Legacy and Impact:** Samson's actions had a significant impact on the Israelites and their enemies.
- What kind of legacy do you want to leave behind?
- How can your actions today influence others and reflect your faith?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to recognise weaknesses in each other and cover them with prayer and repentance and see redemption in those areas. (e.g. “Forgive us Lord for often exposing each other’s weaknesses rather than covering them and helping each other grow and mature in Christ to live in redemption and leave a powerful legacy for future generations. Amen!”)

We declare by faith in the name of Jesus that we, the \_\_\_\_\_ family will cover each other’s weaknesses in prayer and help each other to grow and mature in Christ to leave a positive and powerful legacy. Amen!

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



TRANSFORMATIONSG

---



***This booklet is for Internal use only and not for sale.***