

FAMILY ALTAR TIME



"And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord's."

Leviticus 3:16 (NKJV)

"Thou crownest the year with thy goodness; and thy paths drop fatness."

Psalms 65:11 (KJV)



“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He wraps you in goodness—beauty eternal. He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen”).

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR APRIL 2025



WEEK 1

WORSHIPPING

(April 1st – 6th 2025) Nahum 1 – Matthew 28

Lord, I Offer My Life

<https://www.youtube.com/watch?v=T6ScZi7drBg>

Heart of Worship

<https://www.youtube.com/watch?v=gljs4N7ZoD4&themeRefresh=1>

Offering Song (For kids)

<https://www.youtube.com/watch?v=eesl9-dsg9U>

Malachi 3:8 - 18 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=QnfA1vtKdLg>

8 “Will a man rob God? Yet you have robbed Me! But you say, ‘In what way have we robbed You?’ In tithes and offerings.

9 You are cursed with a curse, for you have robbed Me, even this whole nation.

10 Bring all the tithes into the storehouse, that there may be food in My house, and try Me now in this,” Says the Lord of hosts, “If I will not open for you the windows of heaven and pour out for you such blessing That there will not be room enough to receive it.

11 “And I will rebuke the devourer for your sakes, So that he will not destroy the fruit of your ground, Nor shall the vine fail to bear fruit for you in the field,” Says the Lord of hosts;

WEEK 1

Malachi 3:8 - 18 (NKJV)

12 “And all nations will call you blessed, For you will be a delightful land,” Says the Lord of hosts.

13 “Your words have been harsh against Me,” Says the Lord, “Yet you say, ‘What have we spoken against You?’

14 You have said, ‘It is useless to serve God; What profit is it that we have kept His ordinance, And that we have walked as mourners Before the Lord of hosts?

15 So now we call the proud blessed, for those who do wickedness are raised up; They even tempt God and go free.’”

16 Then those who feared the Lord spoke to one another, And the Lord listened and heard them; So, a book of remembrance was written before Him For those who fear the Lord And who meditate on His name.

17 “They shall be Mine,” says the Lord of hosts, “On the day that I make them My jewels. And I will spare them As a man spares his own son who serves him.”

18 Then you shall again discern Between the righteous and the wicked, Between one who serves God And one who does not serve Him.

APPLYING

1)

- **Are we faithfully giving back to God?** - Malachi 3:8-10 talks about the importance of tithing.
- How can our family ensure that we are giving back to God not just financially, but also with our time and talents?
- What steps can we take to regularly assess and improve our contributions?

2)

- **Do we trust in God's provision and blessings?** - Verses 10-12 highlight God's promise to bless those who are faithful in their giving.
- As a family, how can we strengthen our trust in God's provision, especially during challenging times?
- Can we share testimonies of how we've experienced God's blessings in our lives?

3)

- **Are we honouring God in our daily lives?** - Malachi 3:13-18 contrasts those who speak against God with those who fear Him and honour His name.
- How can our family intentionally honour God in our words and actions every day?
- What changes can we make to ensure that our lives reflect our reverence for God?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be faithful tithers and givers. (e.g., “Forgive us Lord for many times robbing You by not giving faithfully as You have given us so much more. Help us to be faithful tithers and givers of our resources and to trust in You as our main source of provision. Amen!”)

Declare by faith that your family will be faithful givers. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family give faithfully into the Kingdom of God for His work to be done above all else. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(April 7th - 13th 2025) Mark 1 - Acts 5

Facing an Unfinished Task

https://www.youtube.com/watch?v=zOpt_buIjxY

Oceans

<https://www.youtube.com/watch?v=6GGFb6LcX3U>

The Lost Sheep (For children)

<https://www.youtube.com/watch?v=Epxh68WKiiw>

Luke 15:1 - 10 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=EZKr7y44gEU>

1 "Then all the tax collectors and the sinners drew near to Him to hear Him.

2 And the Pharisees and scribes complained, saying, "This Man receives sinners and eats with them."

3 So He spoke this parable to them, saying:

4 "What man of you, having a hundred sheep, if he loses one of them, does not leave the ninety-nine in the wilderness, and go after the one which is lost until he finds it?

5 And when he has found it, he lays it on his shoulders, rejoicing.

6 And when he comes home, he calls together his friends and neighbors, saying to them, 'Rejoice with me, for I have found my sheep which was lost!'

7 I say to you that likewise there will be more joy in heaven over one sinner who repents than over ninety-nine just persons who need no repentance.

WEEK 2

Luke 15:1 - 10 (NKJV)

8 “Or what woman, having ten silver coins, if she loses one coin, does not light a lamp, sweep the house, and search carefully until she finds it?

9 And when she has found it, she calls her friends and neighbors together, saying, ‘Rejoice with me, for I have found the piece which I lost!’

10 Likewise, I say to you, there is joy in the presence of the angels of God over one sinner who repents.”

APPLYING

1)

- **How can we show love and acceptance to those who feel lost or marginalized?**
 - The parables of the lost sheep and the lost coin highlight the joy in finding and restoring what was lost.
- How can our family extend love and acceptance to those who feel isolated or overlooked in our community?
- What specific actions can we take to reach out and support them?

2)

- **Do we celebrate and rejoice in the small victories and successes of our family members?**
 - Just as there is great joy in finding the lost sheep and coin, how can our family create a culture of celebration for each other's achievements and milestones, no matter how small?
- What can we do to acknowledge and encourage each other's efforts and progress?

3)

- **Are we diligent in seeking and restoring what is valuable in our relationships? -**
The woman searches diligently for her lost coin until she finds it.
- How can our family apply this diligence in mending and strengthening our relationships with one another?
- What steps can we take to address conflicts, misunderstandings, or emotional distances within our family?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to reach out in love to the lost. (e.g., “Forgive us Lord for often hiding our light under a basket. Help us to arise and shine as lights in this world and seek out the lost sheep to bring them into Your Kingdom by faith. Amen.”)

Declare that Your family will be seekers of the lost sheep. (e.g., “We declare that we, the _____ Family will arise and seek out the lost sheep to bring them into the sheep fold of His Kingdom. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

(April 14th – 20th 2025) Acts 6 – 2 Corinthians 13

No Condemnation

<https://www.youtube.com/watch?v=GOqEf1Xv3jw>

Jesus I Come

<https://www.youtube.com/watch?v=XTKpM1KSPVI>

No Condemnation (For Kids)

<https://www.youtube.com/watch?v=X0ZtNxINFjw>

Romans 8:1 - 11 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=4IOhfAgSbIU&t=2s>

1 *“There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.*

2 *For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.*

3 *For what the law could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh,*

4 *that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.*

5 *For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.*

6 *For to be carnally minded is death, but to be spiritually minded is life and peace.*

WEEK 3

Romans 8:1 - 11 (NKJV)

7 Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be.

8 So then, those who are in the flesh cannot please God.

9 But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His.

10 And if Christ is in you, the body is dead because of sin, but the Spirit is life because of righteousness.

11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.”

APPLYING

1)

- **How can we live in the freedom from condemnation?** - Romans 8:1-2 emphasizes that there is no condemnation for those who are in Christ Jesus.
- How can our family remind each other of this truth and live without guilt or shame?
- What practical steps can we take to support one another in embracing the freedom that Christ offers?

2)

- **Are we allowing the Holy Spirit to guide our decisions and actions?** - Verses 5-6 talk about setting our minds on the Spirit rather than on the flesh.
- How can our family intentionally seek the Holy Spirit's guidance in our daily lives and decisions?
- Can we share examples of times when we felt led by the Spirit and the impact it had on our choices?

3)

- **How do we nurture a spiritually minded home environment?** - Romans 8:9-11 speaks about the indwelling presence of the Holy Spirit.
- What can our family do to create an environment that nurtures spiritual growth and fosters the presence of the Holy Spirit?
- Are there specific practices or habits we can incorporate into our routines to strengthen our spiritual lives?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be free of all condemnation and to live in His Spirit. (e.g., “Forgive us Lord that we often allow shame and guilt to consume us. Help us to realise we are already free from these things through Your precious blood, and we are not under condemnation, but empowered by Your Spirit to live victorious lives. Amen!”)

Declare by faith that your family will be free of all condemnation and living in the Spirit. (e.g., “We declare that we, the _____ family are no longer under any condemnation but are free to live and walk in the power of the Spirit. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(April 21st – 30th 2025) Galatians 1 – Revelation 22

In Christ Alone

<https://www.youtube.com/watch?v=rn9-UNer6MQ>

Preach the Word

<https://www.youtube.com/watch?v=pTAu-R3Nrco>

Preach the Word (For kids)

<https://www.youtube.com/watch?v=2d5lajvVZaU>

2 Timothy 4:1 - 8 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=mQ9ZT4tVrNE>

1 “I charge you therefore before God and the Lord Jesus Christ, who will judge the living and the dead at His appearing and His kingdom:

2 Preach the word! Be ready in season and out of season. Convince, rebuke, exhort, with all longsuffering and teaching.

3 For the time will come when they will not endure sound doctrine, but according to their own desires, because they have itching ears, they will heap up for themselves teachers;

4 and they will turn their ears away from the truth and be turned aside to fables.

5 But you be watchful in all things, endure afflictions, do the work of an evangelist, fulfill your ministry.

6 For I am already being poured out as a drink offering, and the time of my departure is at hand.

WEEK 4

2 Timothy 4:1 - 8 (NKJV)

7 I have fought the good fight, I have finished the race, I have kept the faith.

8 Finally, there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will give to me on that Day, and not to me only but also to all who have loved His appearing.”

APPLYING

1)

- **How can we remain steadfast in our faith and fulfil our responsibilities?** - Paul encourages Timothy to be prepared in season and out of season, to correct, rebuke, and encourage with great patience and careful instruction.
- As a family, how can we stay committed to our faith and fulfil our spiritual responsibilities, even when it's difficult?
- What can we do to support and encourage each other in this journey?

2)

- **Are we prioritizing God's word and sound doctrine?** - Verses 3-4 warn about people turning away from sound doctrine and following their own desires.
- How can our family ensure that we are prioritizing God's word and seeking sound teaching?
- What steps can we take to guard against being swayed by false teachings or distractions?

3)

- **How can we keep the faith and finish our race well?** - Paul speaks about having fought the good fight, finished the race, and kept the faith.
- As a family, how can we encourage each other to persevere in our faith and finish our spiritual race well?
- Are there specific goals or practices we can adopt to help us stay focused and faithful until the end?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be faithful in believing and declaring the whole truth of God's word. (e.g. "Forgive us Lord for often believing lies or half truths about Your Word without seeking out the truth from Your Word for ourselves. Help us to diligently seek out and live in Your truth every day. Amen!")

We declare by faith in the name of Jesus that we, the _____ family will remain steadfast in walking in and declaring only the Gospel Truth of the Word of God so we will finish the race well. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

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TRANSFORMATIONSG



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