

FAMILY ALTAR TIME



"And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord's."

Leviticus 3:16 (NKJV)

"Thou crownest the year with thy goodness; and thy paths drop fatness."

Psalms 65:11 (KJV)



“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

**“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his
presence.” Psalms 103:5 (The Message)**

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS – through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g. "Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR MAY 2025



WEEK 1

WORSHIPPING

(May 1st – 11th 2025) Genesis 1-50; Job 1-42; Exodus 1-20

Burning Bush

https://www.youtube.com/watch?v=Oy_UnLEA16A

Great I AM

<https://www.youtube.com/watch?v=D7HSYv203Co>

Moses and the Burning Bush (For kids)

<https://www.youtube.com/watch?v=MM2Qfo08xHs>

Exodus 3:1-10 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=SfR1x3lvrvs>

1 “Now Moses was tending the flock of Jethro his father-in-law, the priest of Midian. And he led the flock to the back of the desert, and came to Horeb, the mountain of God.

2 And the Angel of the Lord appeared to him in a flame of fire from the midst of a bush. So, he looked, and behold, the bush was burning with fire, but the bush was not consumed.

3 Then Moses said, “I will now turn aside and see this great sight, why the bush does not burn.”

4 So when the Lord saw that he turned aside to look, God called to him from the midst of the bush and said, “Moses, Moses!” And he said, “Here I am.”

5 Then He said, “Do not draw near this place. Take your sandals off your feet, for the place where you stand is holy ground.”

WEEK 1

Exodus 3:1-10 (NKJV)

6 Moreover He said, "I am the God of your father—the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look upon God.

7 And the Lord said: "I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows.

8 So I have come down to deliver them out of the hand of the Egyptians, and to bring them up from that land to a good and large land, to a land flowing with milk and honey, to the place of the Canaanites and the Hittites and the Amorites and the Perizzites and the Hivites and the Jebusites.

9 Now therefore, behold, the cry of the children of Israel has come to Me, and I have also seen the oppression with which the Egyptians oppress them.

10 Come now, therefore, and I will send you to Pharaoh that you may bring My people, the children of Israel, out of Egypt."

APPLYING

1)

- **Recognizing God's Presence:** Moses encountered God in the burning bush when he least expected it.
- In what every day situations might we overlook God's presence in our lives?
- How can we be more attentive to recognizing and acknowledging God's presence in our daily routines?

2)

- **Answering God's Call:** God called Moses to lead the Israelites out of Egypt, despite Moses feeling inadequate for the task.
- Have there been times in our lives when we've felt unworthy or unprepared for a responsibility or challenge?
- How did we respond, and how can we find strength and confidence in God's calling for us?

3)

- **God's Compassion and Intervention:** God tells Moses that He has seen the suffering of His people in Egypt and has come to rescue them.
- How can we be more aware of the needs and suffering of those around us?
- What practical steps can we take as a family to show compassion and be instruments of God's intervention and love in our community?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to hear the Lord and respond to His call. (e.g., “Forgive us Lord for many times not taking time to listen to Your voice and respond in faith and obedience. Help us to have ears open to hear Your voice by reading Your word more and spending time in Your presence. Amen!”)

Declare by faith that your family will be hearers and doers of His word. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family will have spiritual ears alert to God’s Word and feet to swiftly obey and walk in His calling. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(May 12th - 18th 2025) Exodus 21 – Numbers 22; Psalm 90

Pillar of Fire

<https://www.youtube.com/watch?v=1uPFTZexnkE>

Fire in the Night and Cloud by Day

<https://www.youtube.com/watch?v=dTpZ77Pas7E>

Fire by Night (For children)

<https://www.youtube.com/watch?v=RF37yvO1FsA>

Numbers 9:15 - 23 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=LQd81gbBgAg>

15 Now on the day that the tabernacle was raised up, the cloud covered the tabernacle, the tent of the Testimony; from evening until morning it was above the tabernacle like the appearance of fire.

16 So it was always: the cloud covered it by day, and the appearance of fire by night.

17 Whenever the cloud was taken up from above the tabernacle, after that the children of Israel would journey; and in the place where the cloud settled, there the children of Israel would pitch their tents.

18 At the command of the Lord the children of Israel would journey, and at the command of the Lord they would camp; as long as the cloud stayed above the tabernacle they remained encamped.

WEEK 2

Numbers 9:15 - 23 (NKJV)

19 Even when the cloud continued long, many days above the tabernacle, the children of Israel kept the charge of the Lord and did not journey.

20 So it was, when the cloud was above the tabernacle a few days: according to the command of the Lord they would remain encamped, and according to the command of the Lord they would journey.

21 So it was, when the cloud remained only from evening until morning: when the cloud was taken up in the morning, then they would journey; whether by day or by night, whenever the cloud was taken up, they would journey.

22 Whether it was two days, a month, or a year that the cloud remained above the tabernacle, the children of Israel would remain encamped and not journey; but when it was taken up, they would journey.

23 At the command of the Lord they remained encamped, and at the command of the Lord they journeyed; they kept the charge of the Lord, at the command of the Lord by the hand of Moses."

APPLYING

1)

- **Following God's Guidance:** The Israelites followed the cloud by day and the fire by night as signs of God's presence and guidance.
- How do we seek and discern God's guidance in our lives today?
- Are there specific ways or practices we can adopt as a family to better follow God's leading?

2)

- **Patience and Trust in God's Timing:** The Israelites had to wait for God's command before setting out or staying in one place.
- This required patience and trust in God's timing.
- Have there been times in our lives when we had to wait for something important?
- How did we handle the waiting period, and how can we grow in our trust and patience in God's perfect timing?

3)

- **Obedience to God's Instructions:** The Israelites' journey depended on their obedience to God's instructions through the cloud and fire.
- How do we respond to God's instructions and commands in our daily lives?
- What are some specific steps we can take as a family to ensure we are living in obedience to God's will?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to follow God's guidance. (e.g., "Forgive us Lord for following our own hearts or ungodly guidance. Help us to spiritually see your pillar of cloud by day and fire by night and walk in Your timing and ways. Amen.")

Declare that Your family will be led by the Lord. (e.g., "We declare that we, the _____ Family will see God's way forward and walk in it in His perfect timing. Amen!")

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

(May 19th – 25th 2025) Numbers 23 – Joshua 20; Psalm 91

Take us to The River

<https://www.youtube.com/watch?v=5SWsbDOHlw0>

Jordan River

<https://www.youtube.com/watch?v=fzQmKrWa9Ps>

River (For Kids)

https://www.youtube.com/watch?v=438d-Nn_Zjk

Joshua 3:1 - 10 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=vgZawfrPSn8>

1 “Then Joshua rose early in the morning; and they set out from Acacia Grove and came to the Jordan, he and all the children of Israel, and lodged there before they crossed over.

2 So it was, after three days, that the officers went through the camp;

3 and they commanded the people, saying, “When you see the ark of the covenant of the Lord your God, and the priests, the Levites, bearing it, then you shall set out from your place and go after it.

4 Yet there shall be a space between you and it, about two thousand cubits by measure. Do not come near it, that you may know the way by which you must go, for you have not passed this way before.”

5 And Joshua said to the people, “Sanctify yourselves, for tomorrow the Lord will do wonders among you.”

WEEK 3

Joshua 3:1 - 10 (NKJV)

6 Then Joshua spoke to the priests, saying, "Take up the ark of the covenant and cross over before the people." So, they took up the ark of the covenant and went before the people.

7 And the Lord said to Joshua, "This day I will begin to exalt you in the sight of all Israel, that they may know that, as I was with Moses, so I will be with you.

8 You shall command the priests who bear the ark of the covenant, saying, 'When you have come to the edge of the water of the Jordan, you shall stand in the Jordan.' "

9 So Joshua said to the children of Israel, "Come here, and hear the words of the Lord your God."

10 And Joshua said, "By this you shall know that the living God is among you, and that He will without fail drive out from before you the Canaanites and the Hittites and the Hivites and the Perizzites and the Girgashites and the Amorites and the Jebusites."

APPLYING

1)

- **Stepping Out in Faith:** Joshua and the Israelites had to step into the Jordan River before it parted.
- Are there moments in our lives when we need to step out in faith before seeing the outcome?
- How can we encourage each other as a family to take those steps of faith and trust in God's promises?

2)

- **God's Faithfulness in Challenges:** God assured Joshua and the Israelites of His presence as they crossed the Jordan River.
- How has God shown His faithfulness to us during challenging times in our lives?
- Can we think of specific instances where we experienced God's guidance and support as a family?

3)

- **Preparing for God's Work:** The Israelites prepared themselves spiritually and physically for crossing the Jordan and witnessing God's miraculous work.
- How can we prepare ourselves to see and participate in God's work in our lives?
- Are there daily practices or habits we can adopt as a family to strengthen our faith and readiness to follow God's leading?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to step out in faith with prepared hearts. (e.g., “Forgive us Lord that we often step out according to our own plans and not hear Your directions to step out in faith. Help us sense Your guidance and arise in faith to cross every Jordan with clean hearts. Amen!”)

Declare by faith that your family will step out in faith. (e.g., “We declare that we, the _____ family are heroes of faith, stepping out in faith according to His word, cleansing our hearts in the process. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(May 26th – 31st 2025) Joshua 21 – 1 Samuel 24;
Psalms 7,11,27,31,34,59

Since I Take Refuge in the Lord

<https://www.youtube.com/watch?v=wF0GdhAxX2k>

Psalms 11

https://www.youtube.com/watch?v=_CEvXXkUp7Q

I Will Trust You God (For kids)

<https://www.youtube.com/watch?v=bb3PuNF6BN8>

Psalm 11:1 - 7 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=1pn1lpZXeBg>

1 "In the Lord I put my trust; How can you say to my soul, "Flee as a bird to your mountain"?

2 For look! The wicked bend their bow, they make ready their arrow on the string, that they may shoot secretly at the upright in heart.

3 If the foundations are destroyed, what can the righteous do?

4 The Lord is in His holy temple, the Lord's throne is in heaven; His eyes behold, His eyelids test the sons of men.

5 The Lord tests the righteous, but the wicked and the one who loves violence His soul hates.

6 Upon the wicked He will rain coals; Fire and brimstone and a burning wind Shall be the portion of their cup.

7 For the Lord is righteous, He loves righteousness; His countenance beholds the upright."

APPLYING

1)

- **Trusting in God's Protection:** Psalm 11:1 talks about taking refuge in the Lord.
- Have there been times in our lives when we've felt overwhelmed or afraid?
- How did we find solace and protection in God's presence during those moments?
- What can we do as a family to strengthen our trust in God's protection?

2)

- **Upholding Righteousness:** The Psalm highlights the contrast between the righteous and the wicked.
- How do we define righteousness in our daily lives?
- What are some specific ways we can strive to live righteously and uphold God's values as a family?
- How can we support each other in making choices that align with God's will?

3)

- **God's Justice and Sovereignty:** The Psalm reminds us that God observes everyone and tests the righteous.
- How does understanding God's justice and sovereignty influence our actions and decisions?
- Are there ways we can be more aware of God's presence and judgment in our lives?
- How can we encourage each other to live with integrity and faithfulness?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to always find refuge in the Lord. (e.g. “Forgive us Lord for often seeking refuge in the wrong places. Help us run to You always, especially in troubled times to find refuge and strength in You alone. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family will always find refuge in God’s strong arms, remaining strong and secure even in times of great trouble and insecurity. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



TRANSFORMATIONSG



This booklet is for Internal use only and not for sale.