

FAMILY ALTAR TIME



"And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord's."

Leviticus 3:16 (NKJV)

"Thou crownest the year with thy goodness; and thy paths drop fatness."

Psalms 65:11 (KJV)

A faint, light-colored background image showing the silhouettes of a family of four (two adults and two children) standing on a hill and holding hands in a circle, with their arms raised towards a bright, hazy sky. The overall tone is peaceful and spiritual.

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

**“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his
presence.” Psalms 103:5 (The Message)**

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS – through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

"Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR JULY 2025



WORSHIPPING

**(July 1st – 6th 2025) Psalms 82 - 83; 2 Kings 1 - 17;
2 Chronicles 24 - 28; Jonah 1 - 4; Isaiah 1 - 17;
Amos 1 - 9; Micah 1 - 7**

Restore O Lord

https://www.youtube.com/watch?v=_qBYITC5ROs

Restore in Us O God

<https://www.youtube.com/watch?v=vVC38txZwqM>

Amos 9:11 (For kids)

<https://www.youtube.com/watch?v=9DdCz4RNGcw>

Amos 9:11 - 15 (NKJV)

Reading for young kids

https://www.youtube.com/watch?v=s5ICE_CATZo

11 “On that day I will raise up The tabernacle of David, which has fallen down, and repair its damages; I will raise up its ruins And rebuild it as in the days of old;

12 That they may possess the remnant of Edom, and all the Gentiles who are called by My name,” Says the Lord who does this thing.

13 “Behold, the days are coming,” says the Lord “When the plowman shall overtake the reaper, and the treader of grapes him who sows seed; The mountains shall drip with sweet wine, and all the hills shall flow with it.

14 I will bring back the captives of My people Israel; They shall build the waste cities and inhabit them; They shall plant vineyards and drink wine from them; They shall also make gardens and eat fruit from them.

15 I will plant them in their land, and no longer shall they be pulled up from the land I have given them,” Says the Lord your God.”

APPLYING

1)

- **Restoration and Renewal:** In verse 11, God promises to restore the fallen tent of David.
- Are there areas in our family or personal lives that feel broken or in need of restoration?
- How can we invite God to bring healing and renewal in those areas?

2)

- **God's Abundant Blessings:** Verses 13 - 14 describe a time of great prosperity and blessing.
- Have we experienced God's blessings in unexpected ways?
- How can we cultivate gratitude and recognize His hand in our daily lives?

3)

- **Security in God's Promise:** In verse 15, God declares that His people will never be uprooted again.
- What does this promise mean for us today?
- How can we find security and peace in knowing that God is faithful to His word?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be restored and renewed. (e.g., “Forgive us Lord for many times not taking time to come in faith before You to claim Your promises of restoration and renewal. Help us to daily come before You and claim the released worship and kingdom release Your promise through the restoration of the Tabernacle of David. Amen!”)

Declare by faith that your family will be restored and renewed. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family be raised up according to the Tabernacle of David prophecy to be renewed in released worship and restored to kingly authority as sons and daughters of the King. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

**(July 7th - 13th 2025) Isaiah 18 - 62; 2 Kings 18 - 19;
2 Chronicles 29 - 31; Psalms 46, 48, 76, 80, 135;
Hosea 1 - 5**

The City of Our God

<https://www.youtube.com/watch?v=zf5ZxP8ybcQ>

Great is the Lord

<https://www.youtube.com/watch?v=H561IFJ7pUw>

Psalms 48:1-2 (For children)

<https://www.youtube.com/watch?v=vE3Dhzc44kY>

Psalms 48:1 - 14 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=u-EF-qetPtE>

- 1 "Great is the Lord, and greatly to be praised in the city of our God, In His holy mountain.
- 2 Beautiful in elevation, the joy of the whole earth, Is Mount Zion on the sides of the north, The city of the great King.
- 3 God is in her palaces; He is known as her refuge.
- 4 For behold, the kings assembled, they passed by together.
- 5 They saw it, and so they marveled; They were troubled, they hastened away.
- 6 Fear took hold of them there, and pain, as of a woman in birth pangs,
- 7 As when You break the ships of Tarshish with an east wind.

WEEK 2

Psalm 48:1 - 14 (NKJV)

8 As we have heard, so we have seen In the city of the Lord of hosts, In the city of our God: God will establish it forever. Selah

9 We have thought, O God, on Your lovingkindness, In the midst of Your temple.

10 According to Your name, O God, so is Your praise to the ends of the earth; Your right hand is full of righteousness.

11 Let Mount Zion rejoice, Let the daughters of Judah be glad, Because of Your judgments.

12 Walk about Zion and go all around her. Count her towers;

13 Mark well her bulwarks; Consider her palaces; That you may tell it to the generation following.

14 For this is God, Our God forever and ever; He will be our guide Even to death."

APPLYING

1)

- **Trusting in God's Protection:** Psalm 48 describes Jerusalem as a symbol of God's strength and refuge.
- In what ways can we trust in God's protection in our own lives?
- What challenges are we facing where we need to rely more on Him?

2)

- **Praising God's Greatness:** The psalm encourages people to reflect on God's mighty deeds.
- How can we, as a family, actively praise and acknowledge God's greatness in our daily lives?
- Talk about moments when we've seen His hand at work?

3)

- **Passing Down Faith:** Psalm 48:13-14 speaks of teaching future generations about God's faithfulness.
- How can we share our faith and God's goodness with younger family members or those around us?
- What traditions or conversations can help pass down a legacy of faith?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live in God's greatness and protection. (e.g., "Forgive us Lord for not trusting in Your greatness and faithful protection and living self-centred lives. Help us to live for You under Your wings in awe of Your majesty so that generations after us can do the same Amen.")

Declare that Your family will live in His greatness and protection. (e.g., "We declare that we, the _____ Family will live constantly in the power of His presence, moving in awe of His greatness through all generations. Amen!")

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

**(July 14th – 20th 2025) Isaiah 63 - 66; 2 Kings 20 - 25;
2 Chronicles 32 - 36; Nahum 1 - 3; Zephaniah 1 - 3;
Jeremiah 1 - 46; Psalms 74, 79;
Habakkuk 1 - 3**

Mighty to Save

<https://www.youtube.com/watch?v=HGumfQsBU0A>

Graves into Gardens

<https://www.youtube.com/watch?v=kTvv-9zosPs>

Restored (For Kids)

https://www.youtube.com/watch?v=SJgKRwWh2_4

Zephaniah 3:8 - 13 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=U2kptHzJEzk> – from 1.24

8 “Therefore, wait for Me,” says the Lord, “Until the day I rise up for plunder; My determination is to gather the nations To My assembly of kingdoms, to pour on them My indignation, All My fierce anger; All the earth shall be devoured with the fire of My jealousy.

9 “For then I will restore to the peoples a pure language, that they all may call on the name of the Lord, to serve Him with one accord.

10 From beyond the rivers of Ethiopia My worshipers, the daughter of My dispersed ones, shall bring My offering.

11 In that day you shall not be shamed for any of your deeds in which you transgress against Me; For then I will take away from your midst Those who rejoice in your pride, and you shall no longer be haughty In My holy mountain.

WEEK 3

Zephaniah 3:8 - 13 (NKJV)

12 I will leave in your midst A meek and humble people, and they shall trust in the name of the Lord.

13 The remnant of Israel shall do no unrighteousness and speak no lies, nor shall a deceitful tongue be found in their mouth; For they shall feed their flocks and lie down, And no one shall make them afraid.”

APPLYING

1)

- **Responding to God's Call for Humility:** In verse 12, God promises to leave a humble and lowly people who trust in Him.
- How can we cultivate humility in our family and daily lives?
- What areas do we need to surrender pride and rely more on God?

2)

- **Purification and Renewal:** Verse 9 speaks of God purifying the lips of the people so they may call on Him.
- What does spiritual purification look like in our lives?
- How can we allow God to refine our hearts and actions to better reflect His character?

3)

- **Living Without Fear:** Verse 13 describes a future where God's people live securely, without fear.
- What fears or anxieties do we struggle with as a family?
- How can we strengthen our trust in God's protection and provision?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live in humility, purity and without fear. (e.g., “Forgive us Lord that we often live in pride, defilement and fear. Help us humble ourselves before You and cleanse ourselves daily so we can live fearless lives for Your glory. Amen!”)

Declare by faith that your family will be humble, pure and fearless. (e.g., “We declare that we, the _____ family will live in humility and purity before His presence roaring like fearless lions in the face of the darkness of this world. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(July 21st – 31st 2025) Jeremiah 47 - 52; Ezekiel 1 - 48;
Joel 1 - 3; Daniel 1 - 12; Ezra 1 - 10; Psalm 137; Haggai 1 - 2;
Zechariah 1 - 14; Esther 1 - 10; Nehemiah 1 - 2

Rise Up

<https://www.youtube.com/watch?v=XPkWeyUatq4>

I Will Rise

<https://www.youtube.com/watch?v=l6paJbntGpU>

Rise and Shine (For kids)

<https://www.youtube.com/watch?v=olBzSdX1vF4>

Haggai 1:12 - 15(NKJV)

Reading for young kids

<https://www.youtube.com/shorts/4WfLw4cmKX4>

12 "Then Zerubbabel the son of Shealtiel, and Joshua the son of Jehozadak, the high priest, with all the remnant of the people, obeyed the voice of the Lord their God, and the words of Haggai the prophet, as the Lord their God had sent him; and the people feared the presence of the Lord.

13 Then Haggai, the Lord's messenger, spoke the Lord's message to the people, saying, "I am with you, says the Lord."

14 So the Lord stirred up the spirit of Zerubbabel the son of Shealtiel, governor of Judah, and the spirit of Joshua the son of Jehozadak, the high priest, and the spirit of all the remnant of the people; and they came and worked on the house of the Lord of hosts, their God,

15 on the twenty-fourth day of the sixth month, in the second year of King Darius."

APPLYING

1)

- **Responding to God's Call:** The people obeyed God's message and feared Him (verse 12).
- How do we respond when God calls us to action?
- What areas in our lives do we need to step forward in obedience?

2)

- **Finding Strength in God's Presence:** In verse 13, God reassures His people, saying, "I am with you."
- How does knowing that God is with us impact the way we face challenges?
- How can we remind each other of His presence in difficult times?

3)

- **Renewed Commitment to God's Work:** The people were stirred by God and began rebuilding the temple (verse 14).
- What are ways we can renew our commitment to serving God as a family?
- What are specific actions we can take to prioritize His work in our lives?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to respond to God's call and find strength in Him. (e.g. "Forgive us Lord for often going our own ways instead of responding to Your call. Help us hear Your call and see Your vision for our lives so we can rise in faith and find strength in You alone. Amen!")

We declare by faith in the name of Jesus that we, the _____ family will always rise and shine for His glory, responding in faith to your call on our lives to move in Your strength and build Your Kingdom. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

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TRANSFORMATION **SG**



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