

FAMILY ALTAR TIME

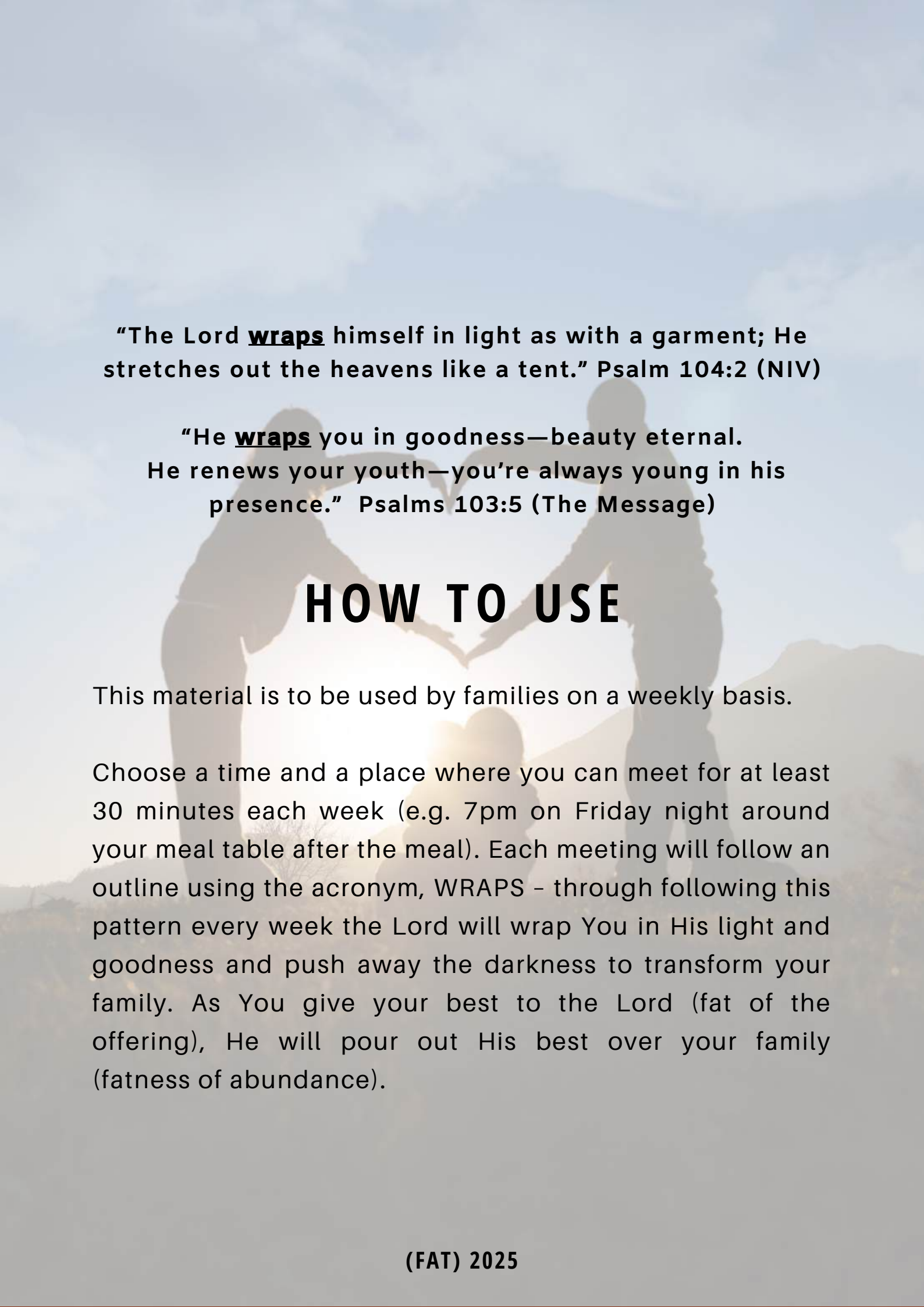


"And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord's."

Leviticus 3:16 (NKJV)

"Thou crownest the year with thy goodness; and thy paths drop fatness."

Psalms 65:11 (KJV)

A background image showing the silhouettes of a family (two adults and a child) standing on a beach, holding hands and forming a heart shape with their arms. The sun is low on the horizon, creating a warm, golden glow.

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

**“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his
presence.” Psalms 103:5 (The Message)**

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS – through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

"Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR AUGUST 2025



WORSHIPPING

**(Aug 1st – 10th 2025) Mal 1 - 4; Matt 1 - 28;
Mark 1 - 16; Luke 1 - 24; John 1 - 21**

Give us Clean Hands

<https://www.youtube.com/watch?v=gBjpnIOYIWE>

Purify My Heart

https://youtu.be/wB_gCVjoNpl?si=r32fOa2ObDyAuAUt

Purify My Heart (For kids)

<https://www.youtube.com/watch?v=cOesWhxv1vo>

Mark 7:5 - 16 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=3IOZpzAJw4M>

5 “Then the Pharisees and scribes asked Him, “Why do Your disciples not walk according to the tradition of the elders, but eat bread with unwashed hands?”

6 He answered and said to them, “Well did Isaiah prophesy of you hypocrites, as it is written: ‘This people honors Me with their lips, But their heart is far from Me.

7 And in vain they worship Me, Teaching as doctrines the commandments of men.’

8 For laying aside the commandment of God, you hold the tradition of men—the washing of pitchers and cups, and many other such things you do.”

9 He said to them, “All too well you reject the commandment of God, that you may keep your tradition.

10 For Moses said, ‘Honor your father and your mother’; and, ‘He who curses father or mother, let him be put to death.’

11 But you say, ‘If a man says to his father or mother, “Whatever profit you might have received from me is Corban”—’ (that is, a gift to God),

WEEK 1

Mark 7:5 - 16 (NKJV)

12 then you no longer let him do anything for his father or his mother,
13 making the word of God of no effect through your tradition which you have handed down. And many such things you do.”
14 When He had called all the multitude to Himself, He said to them, “Hear Me, everyone, and understand:
15 There is nothing that enters a man from outside which can defile him; but the things which come out of him, those are the things that defile a man.
16 If anyone has ears to hear, let him hear!”

APPLYING

1)

- **Traditions vs. God's Commands:** Jesus challenges the Pharisees for prioritizing man-made traditions over God's commandments.
- What family traditions do we hold?
- Do any of them conflict with biblical principles?
- What family traditions can we have that please God?

2)

- **Inner Purity Matters:** Jesus explains that it's not what goes into a person that defiles them, but what comes out of their heart.
- How can we guard our hearts as a family?
- What habits or conversations can we develop to encourage a heart that reflects Christ's love and purity?

3)

- **Words and Actions Reflect Our Faith:** Jesus teaches that evil thoughts, deceit, pride, and other sins come from within.
- How do our words and actions at home reflect our faith?
- Are there areas where we need to grow in kindness, honesty, or humility?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to have living not dead traditions. (e.g., “Forgive us Lord for many times not having family traditions and actions that glorify Your name. Help us have living traditions that help us know You more and testify of your goodness and greatness. Amen!”)

Declare by faith that your family will live pure and holy lives. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family will live in holiness and uprightness with actions that speak of His glory and testify of His goodness all the days of our lives. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

**(August 11th - 17th 2025) Acts 1 - 19; James 1 - 5;
Galatians 1 - 6; 1 Thess 1 - 5; 2 Thess 1 - 3;
1 Cor 1 - 16; 2 Cor 1 - 13; Rom 1 - 4**

By Faith

<https://www.youtube.com/watch?v=mnr3ZITKZSk>

Holy Spirit Living Breath of God

<https://www.youtube.com/watch?v=kDYjn-YdnD4>

Therefore being Justified by Faith (For children)

<https://www.youtube.com/watch?v=RDILxf46ls4>

Galatians 3:1 - 9 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=lifs6qaOICw>

1 "O foolish Galatians! Who has bewitched you that you should not obey the truth, before whose eyes Jesus Christ was clearly portrayed among you as crucified?

2 This only I want to learn from you: Did you receive the Spirit by the works of the law, or by the hearing of faith?

3 Are you so foolish? Having begun in the Spirit, are you now being made perfect by the flesh?

4 Have you suffered so many things in vain—if indeed it was in vain?

5 Therefore He who supplies the Spirit to you and works miracles among you, does He do it by the works of the law, or by the hearing of faith?—

WEEK 2

Galatians 3:1 - 9 (NKJV)

6 just as Abraham “believed God, and it was accounted to him for righteousness.”

7 Therefore know that only those who are of faith are sons of Abraham.

8 And the Scripture, foreseeing that God would justify the Gentiles by faith, preached the gospel to Abraham beforehand, saying, “In you all the nations shall be blessed.”

9 So then those who are of faith are blessed with believing Abraham.”

APPLYING

1)

- **Faith vs. Works:** Paul challenges the Galatians for relying on the law instead of faith.
- As a family, do we sometimes feel like we need to "earn" God's love through good deeds?
- How can we shift our mindset to trust in His grace rather than our own efforts?

2)

- **Learning from Abraham's Faith:** Abraham was counted as righteous because of his faith, not his actions.
- How can we practice faith like Abraham in our daily lives?
- Are there situations where we need to trust God more instead of trying to control everything ourselves?

3)

- **Passing Down Faith:** Paul reminds us that faith, not rules, makes us part of God's family.
- How can we encourage faith in our home?
- What traditions, prayers, or conversations help strengthen our belief in God's promises?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live by faith and pass down that faith. (e.g., “Forgive us Lord for often trying to earn Your love through our deeds. Help us to live purely by faith in Your amazing grace and pass that on to others and our generations. Amen.”)

Declare that Your family will live triumphantly every day by faith. (e.g., “We declare that we, the _____ Family will live only by faith every day in the power and authority of His Spirit, leading others into His wonderful light. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

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WEEK 3

WORSHIPPING

**(August 18th – 24th 2025) Rom 5 - 16; Acts 20 - 28;
Col 1 - 4; Phm 1; Eph 1 - 6; Phil 1 - 4; 1 Tim 1 - 6;
Tit 1 - 3; 1 Pet 1 - 5; Heb 1 - 13; 2 Tim 1 - 4;
2 Pet 1 - 3; Jud 1**

Every Time I Pray

<https://www.youtube.com/watch?v=rpDK7fTU2vI>

Our Father

https://www.youtube.com/watch?v=UO2f_3FdEoQ_

The Lord's Prayer (For Kids)

<https://www.youtube.com/watch?v=u0mA9SGZVjs>

1 Timothy 2:1 - 7 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=EVcZB8hPVgc>

1 *"Therefore, I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men,*

2 *for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence.*

3 *For this is good and acceptable in the sight of God our Savior,*

4 *who desires all men to be saved and to come to the knowledge of the truth.*

5 *For there is one God and one Mediator between God and men, the Man Christ Jesus,*

6 *who gave Himself a ransom for all, to be testified in due time,*

7 *for which I was appointed a preacher and an apostle—I am speaking the truth in Christ and not lying—a teacher of the Gentiles in faith and truth."*

APPLYING

1)

- **Prioritizing Prayer:** Paul urges believers to pray for all people, including those in authority.
- As a family, how can we make prayer a regular part of our daily routine?
- Are there specific people — leaders, friends, or those in need — we should be praying for more intentionally?

2)

- **Living Peaceful and Godly Lives:** Paul encourages believers to live in peace and godliness.
- What does that look like in our home?
- Are there habits or attitudes we need to change to create a more peaceful and Christ-centred environment?

3)

- **Jesus as Our Mediator:** Paul reminds us that Jesus is the one who reconciles us with God.
- How does this truth impact the way we approach God in prayer?
- How can we help each other grow in our understanding of Christ's role in our lives?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live a life of prayer. (e.g., “Forgive us Lord that we neglect to pray as we feel we are too busy. If we’re too busy to pray, then we are just too busy. Help us prioritize prayer into our daily lives and our weekly family prayer altar. Amen!”)

Declare by faith that your family will be a praying family. (e.g., “We declare that we, the _____ family will be a praying family that moves mountains and seeks His Kingdom to come, His will to be done on earth as it is in heaven. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(August 25th – 28th 2025) 1 Jn 1 - 5; 2 Jn 1;
3 Jn 1; Rev 1 - 22

The Solid Rock

<https://www.youtube.com/watch?v=WoPcyr2oYhg&t=162s>

Holy Forever

<https://www.youtube.com/watch?v=IkHgxKemCRk>

Walking in the Light (For kids)

<https://www.youtube.com/watch?v=nfH4sjsL0Pk>

2 John 1:4 - 11 (NKJV)

Reading for young kids

<https://www.youtube.com/shorts/k6JQK7Tw9KQ>

4 I rejoiced greatly that I have found some of your children walking in truth, as we received commandment from the Father.

5 And now I plead with you, lady, not as though I wrote a new commandment to you, but that which we have had from the beginning: that we love one another.

6 This is love, that we walk according to His commandments. This is the commandment, that as you have heard from the beginning, you should walk in it.

7 For many deceivers have gone out into the world who do not confess Jesus Christ as coming in the flesh. This is a deceiver and an antichrist.

8 Look to yourselves, that we do not lose those things we worked for, but that we may receive a full reward.

WEEK 4

2 John 1:4 - 11 (NKJV)

9 Whoever transgresses and does not abide in the doctrine of Christ does not have God. He who abides in the doctrine of Christ has both the Father and the Son.

10 If anyone comes to you and does not bring this doctrine, do not receive him into your house nor greet him;

11 for he who greets him shares in his evil deeds.”

APPLYING

1)

- **Walking in Truth:** John rejoices that some are walking in truth.
- As a family, how can we ensure that we are living according to God's truth?
- Are there areas where we need to be more intentional in aligning our actions with our faith?

2)

- **Love and Obedience:** John reminds us that love is demonstrated through obedience to God's commandments.
- How do we show love to one another in our home?
- Are there ways we can better express love through our actions and words?

3)

- **Guarding Against Deception:** John warns against false teachings that lead people away from Christ.
- How can we, as a family, stay rooted in biblical truth?
- What steps can we take to discern truth from deception in the world around us?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to walk in truth, love and obedience. (e.g. “Forgive us Lord for often walking in error and not Your truth. Help us to love You and others and to obey Your Word in all things that we can guard against deception and walk in Your light. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family will always walk in His truth as soldiers of light and fight against deception in ourselves and others in love and obedience. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



TRANSFORMATION **SG**



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