

FAMILY ALTAR TIME

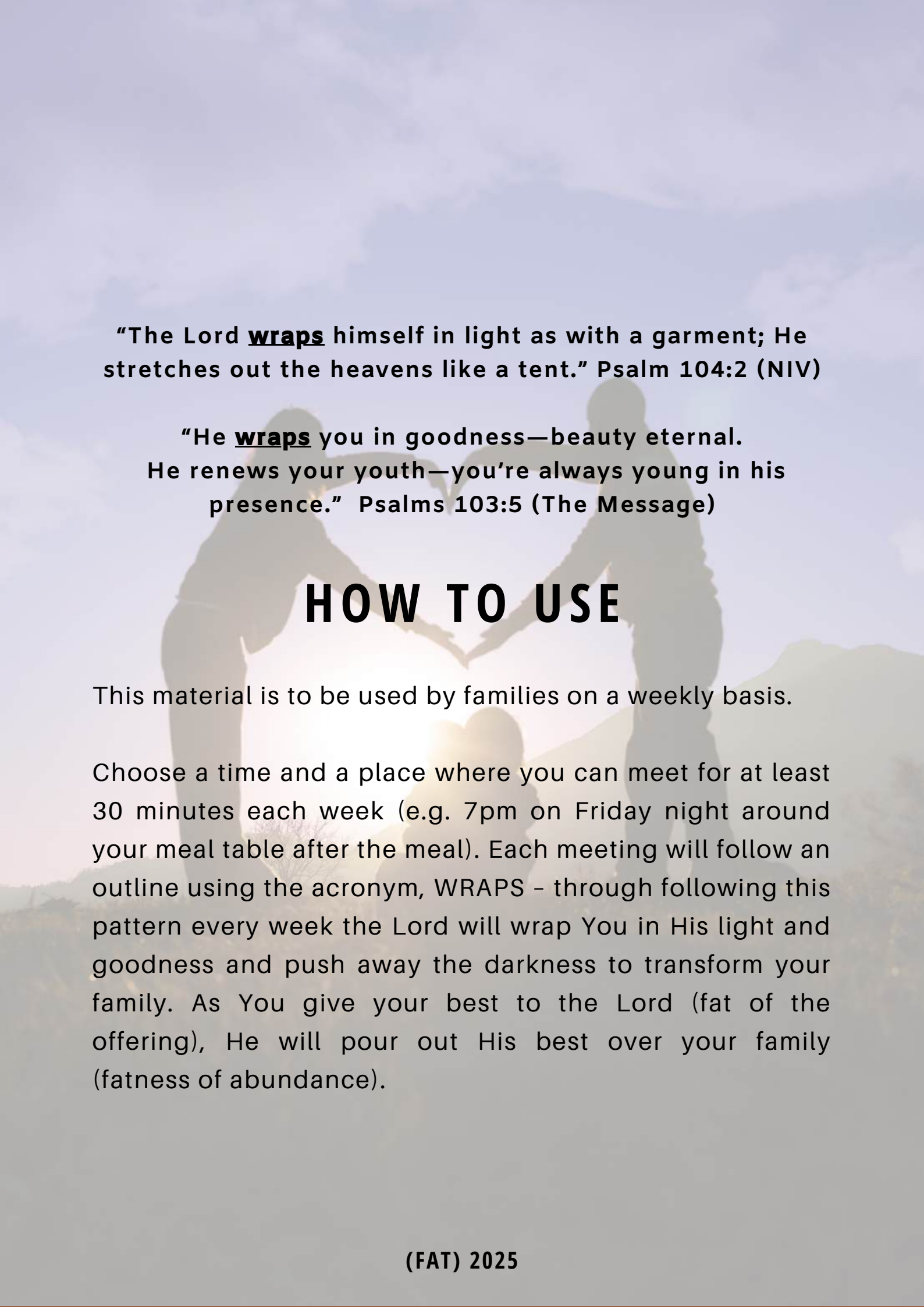


"And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord's."

Leviticus 3:16 (NKJV)

"Thou crownest the year with thy goodness; and thy paths drop fatness."

Psalms 65:11 (KJV)



“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

**“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his
presence.” Psalms 103:5 (The Message)**

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

"Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen".)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR SEPTEMBER 2025

The background of the lower half of the page features a soft-focus photograph of three people—two adults and a child—standing on a grassy hill. They are silhouetted against a bright, low sun, likely during sunrise or sunset, which creates a warm, golden glow. The two adults stand on either side of the child, and all three are holding hands, forming a small circle. The sky is a pale, hazy blue, and the overall mood is peaceful and hopeful.

WORSHIPPING

(September 1st – 6th 2025) Genesis 1 – Exodus 10

All Things

<https://youtu.be/d97TAZRPCQE?si=X0SWuP34HydP1pAF>

Goodness of God

<https://www.youtube.com/watch?v=-f4MUUMWMV4>

God Planned it For Good (For kids)

<https://youtu.be/u7ILYpWOSjE?si=nfW09VnYLyJkaPoJ>

Genesis 50:13 - 21 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=2dDzOsMr3b4> – From 2.32

13 “For his sons carried him to the land of Canaan, and buried him in the cave of the field of Machpelah, before Mamre, which Abraham bought with the field from Ephron the Hittite as property for a burial place.

14 And after he had buried his father, Joseph returned to Egypt, he and his brothers and all who went up with him to bury his father.

15 When Joseph’s brothers saw that their father was dead, they said, “Perhaps Joseph will hate us, and may actually repay us for all the evil which we did to him.”

16 So they sent messengers to Joseph, saying, “Before your father died he commanded, saying,

17 ‘Thus you shall say to Joseph: “I beg you, please forgive the trespass of your brothers and their sin; for they did evil to you.” ’ Now, please, forgive the trespass of the servants of the God of your father.” And Joseph wept when they spoke to him.

WEEK 1

Genesis 50:13 - 21 (NKJV)

18 Then his brothers also went and fell down before his face, and they said, "Behold, we are your servants."

19 Joseph said to them, "Do not be afraid, for am I in the place of God?

20 But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive.

21 Now therefore, do not be afraid; I will provide for you and your little ones." And he comforted them and spoke kindly to them."

APPLYING

1)

- Joseph's choice to forgive his brothers, despite their betrayal, reveals the healing power of mercy.
- How can our family practice forgiveness even when we feel hurt by each other?

2)

- "You intended to harm me, but God intended it for good..." (v.20) becomes a foundation for trusting God's hand in every season.
- What's one way we can remind each other that God is working for good—even when things don't go as planned?

3)

- Joseph comforted his brothers with his words — our tone in answering others is important.
- How can we encourage one another to speak kindly and reassure each other when fear or guilt surfaces?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live a lifestyle of forgiveness. (e.g., “Forgive us Lord for many times holding grudges and unforgiveness towards other family members or others outside our family. Help us choose to forgive so we do not live in prisons of bitterness but in a house of love. Amen!”)

Declare by faith that your family will live in forgiveness (e.g., “We declare by faith, in the name of Jesus, that we the _____ family will live lives of forgiveness even as we have been forgiven though we did not deserve it. We declare forgiveness over all who have hurt us and release Your love and blessings over them. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(September 7th - 13th 2025) Exodus 11 – Numbers 13

The Covenant Song

<https://youtu.be/r8bjZUBOjoA?si=uJKZOzhcZqoQt-zf>

Ever Be

<https://www.youtube.com/watch?v=pofqoHG3rhk>

10 Commandments (For children)

<https://youtu.be/89HdTisaob8?si=-qHMvkAr3hxlcd05>

Exodus 20:3 - 17 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=D7vbnCRScGE>

3 “You shall have no other gods before Me.

4 “You shall not make for yourself a carved image—any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth;

5 you shall not bow down to them nor serve them. For I, the Lord your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me,

6 but showing mercy to thousands, to those who love Me and keep My commandments.

7 “You shall not take the name of the Lord your God in vain, for the Lord will not hold him guiltless who takes His name in vain.

WEEK 2

Exodus 20:3 - 17 (NKJV)

8 "Remember the Sabbath day, to keep it holy.

9 Six days you shall labor and do all your work,

10 but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates.

11 For in six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it.

12 "Honor your father and your mother, that your days may be long upon the land which the Lord your God is giving you.

13 "You shall not murder.

14 "You shall not commit adultery.

15 "You shall not steal.

16 "You shall not bear false witness against your neighbor.

17 "You shall not covet your neighbor's house; you shall not covet your neighbor's wife, nor his male servant, nor his female servant, nor his ox, nor his donkey, nor anything that is your neighbor's."

APPLYING

1)

- How can we show that God is first in our home — above busyness, media, or personal preferences?

2)

- What's one way we can honour and speak well of each other this week, especially during disagreements?

3)

- How can we model respect and gratitude in our relationships — parents to children and children to parents?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live a life of loving Him and others. (e.g., “Forgive us Lord for often loving other things above You that leads to problems in our relationship with You and others. Help us put You first in all things and love You above all. Amen.”)

Declare that Your family will live in love daily (e.g., “We declare that we, the _____ Family will live lives that love God above all and love others as a result of that. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

(September 14th – 20th 2025) Numbers 14 – Joshua 13

Be Bold, Be Strong

https://youtu.be/OWqa4Rpg4PE?si=yvj7ErxYtz-_qnpW

Be Strong and Courageous

https://youtu.be/_X8H1xPWXwc?si=mBGtfTS1Z-lv2KJ6

Be Strong and Courageous (For Kids)

<https://youtu.be/IU45XTawnSY?si=aMklg8ccylbH9BOB>

Joshua 1:1 - 9 (NKJV)

Reading for young kids

https://www.youtube.com/watch?v=RjQsfG_9d_A

1 “After the death of Moses the servant of the Lord, it came to pass that the Lord spoke to Joshua the son of Nun, Moses’ assistant, saying:

2 “Moses My servant is dead. Now therefore, arise, go over this Jordan, you and all this people, to the land which I am giving to them—the children of Israel.

3 Every place that the sole of your foot will tread upon I have given you, as I said to Moses.

4 From the wilderness and this Lebanon as far as the great river, the River Euphrates, all the land of the Hittites, and to the Great Sea toward the going down of the sun, shall be your territory.

5 No man shall be able to stand before you all the days of your life; as I was with Moses, so I will be with you. I will not leave you nor forsake you.

6 Be strong and of good courage, for to this people you shall divide as an inheritance the land which I swore to their fathers to give them.

WEEK 3

Joshua 1:1 - 9 (NKJV)

7 Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go.

8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

9 Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.”

APPLYING

1)

- How can we help each other be brave when facing something difficult — like a big change or personal challenge?

2)

- What's one way we can encourage obedience to God's Word in our home this week?

3)

- How can we remind one another that God is always present — even when things feel uncertain?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live bold and courageously for the Lord. (e.g., “Forgive us Lord that we often become fearful of the future instead of boldly stepping out into Your will. Help us move forward with Your courage into Your great and precious promises. Amen!”)

Declare by faith that your family will be bold and courageous in moving forward in His ways. (e.g., “We declare that we, the _____ family will be bold and courageous in moving forward into God’s plan and purposes in every area of our lives. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(September 21st – 30th 2025) Joshua 14 – 1 Kings 10

The Lord Our God Is with Us

https://youtu.be/SiSoCMYCRlc?si=U9kDj_K0_rValVjh

Mighty to Save

https://youtu.be/-HLVnPjbSal?si=K_u7Kh4c2Pe16L3l

Gideon Song (For kids)

<https://youtu.be/mLfhk5id2cQ?si=ZJOXWcVhbDQXD0Fa>

Judges 6:11 - 16 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=DV5u3bReHas>

11 "Now the Angel of the Lord came and sat under the terebinth tree which was in Ophrah, which belonged to Joash the Abiezrite, while his son Gideon threshed wheat in the winepress, in order to hide it from the Midianites.

12 And the Angel of the Lord appeared to him, and said to him, "The Lord is with you, you mighty man of valor!"

13 Gideon said to Him, "O my lord, if the Lord is with us, why then has all this happened to us? And where are all His miracles which our fathers told us about, saying, 'Did not the Lord bring us up from Egypt?' But now the Lord has forsaken us and delivered us into the hands of the Midianites."

14 Then the Lord turned to him and said, "Go in this might of yours, and you shall save Israel from the hand of the Midianites. Have I not sent you?"

WEEK 4

Judges 6:11 - 16 (NKJV)

15 So he said to Him, "O my Lord, how can I save Israel? Indeed my clan is the weakest in Manasseh, and I am the least in my father's house."

16 And the Lord said to him, "Surely I will be with you, and you shall defeat the Midianites as one man."

APPLYING

1)

- How can we remind each other of who God says we are — even when we feel small or afraid?
- “The Lord is with you, mighty warrior.” (v.12) Action Idea: Create affirmation cards with God’s truth about each family member and display them somewhere visible.

2)

- What’s one way we can trust God’s strength instead of relying only on our own abilities?
- Gideon asked, “How can I save Israel?” but God promised, “I will be with you.” Action Idea: Share a current challenge and invite the family to pray for God’s guidance and courage together.

3)

- How can we be open to hearing God’s call in ordinary moments — like daily chores or prayer altar times?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be mighty warriors for the Lord. (e.g. “Forgive us Lord for seeing ourselves as small and insignificant in Your sight when You call us mighty warriors for Your Kingdom. Help us to arise and fight the good spiritual fight for Your Kingdom to come on earth as it is in heaven. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family are mighty warriors for the Lord and will arise to fight against spiritual powers and principalities in the strength of the Lord to see His Kingdom come, His will be done on earth as it is in heaven. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



TRANSFORMATION **SG**



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