

FAMILY ALTAR TIME

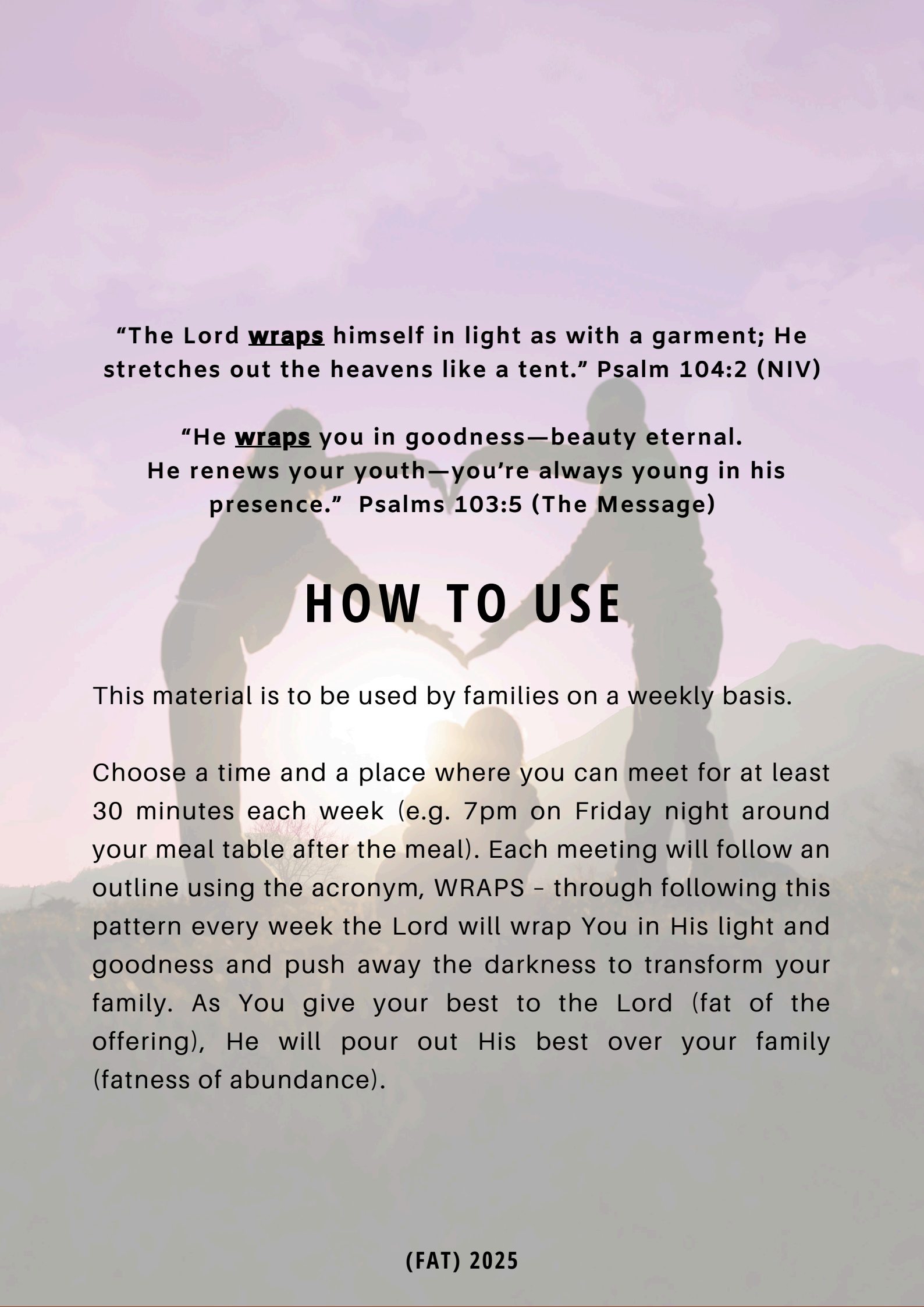


"And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord's."

Leviticus 3:16 (NKJV)

"Thou crownest the year with thy goodness; and thy paths drop fatness."

Psalms 65:11 (KJV)

A background image showing the silhouettes of a family (two adults and a child) standing on a hill, holding hands and looking out over a landscape with a bright sun or moon low on the horizon, creating a warm, golden glow.

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

**“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his
presence.” Psalms 103:5 (The Message)**

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS – through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen”).

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR NOVEMBER 2025

The background of the lower half of the page features a soft-focus photograph of three people—two adults and a child—standing on a grassy hill. They are silhouetted against a bright, low sun that creates a lens flare effect. The two adults stand on either side of the child, and all three are holding hands, forming a circle. The sky is a mix of light purple and pink, and the overall mood is peaceful and hopeful.

WORSHIPPING

(November 1st – 9th 2025) Psalm 130 – Isaiah 10

Praise

<https://youtu.be/raFnjGVkHe8?si=4MRhS8g1Dou0bIa6>

Psalm 150 (Praise the Lord)

<https://youtu.be/0nnkkra4FwY?si=tv4P2KUBR9Qv4F1P>

Praise (For kids)

<https://youtu.be/7YQLAUqUZII?si=zzZnO5XIPXHd98pv>

Psalm 150:1 - 6 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=zvSVHv56hME>

1 “Praise the Lord! Praise God in His sanctuary; Praise Him in His mighty firmament!

² Praise Him for His mighty acts; Praise Him according to His excellent greatness!

³ Praise Him with the sound of the trumpet; Praise Him with the lute and harp!

⁴ Praise Him with the timbrel and dance; Praise Him with stringed instruments and flutes!

⁵ Praise Him with loud cymbals; Praise Him with clashing cymbals!

⁶ Let everything that has breath praise the Lord. Praise the Lord!”

APPLYING

1)

- “What does praise look like in our home?”
- Application: Invite each family member to share one way they personally express praise—whether through music, prayer, art, or acts of kindness.
- Then brainstorm how your family can create a shared rhythm of praise, like a weekly worship night or gratitude jar.

2)

- How can we use our talents to glorify God together?
- Application: Psalm 150 lists instruments and movement—symbols of creativity.
- Have each person identify a gift or interest (e.g., drawing, dancing, storytelling) and discuss how those can be used to honour God.

3)

- Are we remembering to praise God in both joyful and ordinary moments?
- Application: Reflect on recent highs and lows.
- Did your family take time to praise God in those moments?
- Consider setting a simple habit—like starting dinner with a short praise or ending the day by naming one thing you're thankful for.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be a house of praise. (e.g., “Forgive us Lord for many times grumbling and criticising rather than praising You and others around us. Help us wake up with thanksgiving and praise in our mouths and that will continue throughout the day. Amen!”)

Declare by faith that your family is a house of praise and worship. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family are a people of praise, a people of power who live in the joy and peace of the Lord within our family and into the world around us. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(November 10th - 16th 2025) Isaiah 21 – Jeremiah 24

Arise Shine Medley

https://youtu.be/nf0_TMYBc0I?si=jY0q6GHPqBAqTOAI

O Church Arise

<https://youtu.be/ub-ppkezKsQ?si=vNULqPmW75qZusgV>

Rise and Shine (For children)

<https://youtu.be/olBzSdX1vF4?si=PYv21V9h9-7CjXqg>

Isaiah 60:1 - 7 (NKJV)

Reading for young kids

https://www.youtube.com/watch?v=TEC_i68FesA

1 "Arise, shine; For your light has come! And the glory of the Lord is risen upon you.

2 For behold, the darkness shall cover the earth, and deep darkness the people; But the Lord will arise over you, And His glory will be seen upon you.

3 The Gentiles shall come to your light, And kings to the brightness of your rising.

4 "Lift up your eyes all around, and see: They all gather together, they come to you; Your sons shall come from afar, and your daughters shall be nursed at your side.

5 Then you shall see and become radiant, and your heart shall swell with joy; Because the abundance of the sea shall be turned to you, the wealth of the Gentiles shall come to you.

WEEK 2

Isaiah 60:1 - 7 (NKJV)

⁶ *The multitude of camels shall cover your land, The dromedaries of Midian and Ephah; All those from Sheba shall come; They shall bring gold and incense, and they shall proclaim the praises of the Lord.*

⁷ *All the flocks of Kedar shall be gathered together to you, the rams of Nebaioth shall minister to you; They shall ascend with acceptance on My altar, And I will glorify the house of My glory."*

APPLYING

1)

- Where do we need God's light to shine in our family right now?
- - Application: Invite each family member to name an area—like relationships, decisions, or emotions—where they feel stuck or discouraged.
- Then pray together, asking God to bring His light and guidance into those places, just as Isaiah 60:1 calls us to “Arise, shine, for your light has come”.

2)

- How can our family be a light to others in our community?
- - Application: Isaiah 60 speaks of nations coming to the brightness of God's people.
- Discuss ways your family can reflect God's love—through hospitality, service, or simply being present for someone in need.
- Choose one small action to do together this week that brings light to someone else.

3)

- What does it mean for our home to be a place of worship and welcome?
- - Application: Verses 6–7 describe people bringing gifts and praise to God's house.
- Talk about how your family can make your home a space where God is honoured—through music, prayer, or even how you treat one another.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to shine brightly as lights in this world. (e.g., “Forgive us Lord for often living in darkness, under a cloud. Help us to rise and shine so all darkness will flee from us, our family and from those we interact with daily. Amen.”)

Declare that Your family will be lights in the darkness! (e.g., “We declare that we, the _____ Family are bright and shining lights in the darkness through what Jesus, the light of the world, has done for us. We will shine brightly to push back all darkness wherever we go. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

(November 17th – 23rd 2025) Jeremiah 25 – Ezekiel 37

Every Promise

<https://youtu.be/WKeaL2kM7Jk?si=B-Pq6EJ80rZycm0q>

The New Covenant

https://www.youtube.com/watch?v=MISl3IVJ_MI

Surely the Lord is in this Place (For Kids)

<https://youtu.be/JUFCYCTGHBU?si=xImoNVDx5PHS-LfN>

Jeremiah 31:31 - 37 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=1HTOTvGU8KQ> – from 6:25-8:17

31 “Behold, the days are coming, says the Lord, when I will make a new covenant with the house of Israel and with the house of Judah—

³² not according to the covenant that I made with their fathers in the day that I took them by the hand to lead them out of the land of Egypt, My covenant which they broke, though I was a husband to them, says the Lord.

³³ But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put My law in their minds, and write it on their hearts; and I will be their God, and they shall be My people.

³⁴ No more shall every man teach his neighbor, and every man his brother, saying, ‘Know the Lord,’ for they all shall know Me, from the least of them to the greatest of them, says the Lord. For I will forgive their iniquity, and their sin I will remember no more.”

WEEK 3

Jeremiah 31:31 - 37 (NKJV)

³⁵ Thus says the Lord, Who gives the sun for a light by day, The ordinances of the moon and the stars for a light by night, Who disturbs the sea, And its waves roar (The Lord of hosts is His name):

³⁶ “If those ordinances depart From before Me, says the Lord, Then the seed of Israel shall also cease from being a nation before Me forever.”

³⁷ Thus says the Lord: “If heaven above can be measured, And the foundations of the earth searched out beneath, I will also cast off all the seed of Israel for all that they have done, says the Lord.”

APPLYING

1)

- What does it mean for God's law to be written on our hearts?
- - Application: Invite each family member to share one way they personally sense God guiding them—whether through conscience, Scripture, or prayer.
- Then discuss how your family can nurture that inner connection, perhaps by memorizing a verse together or journaling moments of spiritual insight.

2)

- How can we practice forgiveness and restoration in our relationships?
- - Application: Since the new covenant includes God's promise to forgive and remember sins no more (v.34), talk about what forgiveness looks like in your home.
- Reflect on any recent tensions and consider how to extend grace to one another.
- You might even create a "forgiveness ritual" like lighting a candle or writing a note to symbolize release and renewal.

3)

- This passage shows that God's promises to Israel will be fulfilled.
- What is God's purpose for Israel today?
- How can you as a family support Israel in a balanced and realistic way?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to love walking in His law and love Israel. (e.g., “Forgive us Lord that we often walk in the ways of the world rather than in the ways of Your Word. Help us be aligned with Your truth, especially concerning Israel. Help us to be correctly positioned concerning our relationship with Israel. Amen!”)

Declare by faith that your family will walk in His ways and walk correctly in relationship with Israel. “We, the _____ family, will walk in His truth and keep His ways every day and have the correct stand concerning Israel particularly in the current world situation. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(November 24th – 30th 2025) Ezekiel 38 – Zephaniah 3

The River is Here

<https://youtu.be/grf6qiyWU5A?si=G9CHJ1onef66K-3u>

River of Life

<https://youtu.be/nj5XppcX2Xg?si=XYBU0XBhWWUrVsr2>

Peace Like a River (For kids)

<https://youtu.be/d6085sLXCms?si=gtxOb-vHMwraEpar>

Ezekiel 47:1 - 9 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=1kXcKQ9Pgro>

¹ “Then he brought me back to the door of the temple; and there was water, flowing from under the threshold of the temple toward the east, for the front of the temple faced east; the water was flowing from under the right side of the temple, south of the altar.

² He brought me out by way of the north gate, and led me around on the outside to the outer gateway that faces east; and there was water, running out on the right side.

³ And when the man went out to the east with the line in his hand, he measured one thousand cubits, and he brought me through the waters; the water came up to my ankles.

⁴ Again he measured one thousand and brought me through the waters; the water came up to my knees. Again, he measured one thousand and brought me through; the water came up to my waist.

WEEK 4

Ezekiel 47:1 - 9 (NKJV)

⁵ Again he measured one thousand, and it was a river that I could not cross; for the water was too deep, water in which one must swim, a river that could not be crossed.

⁶ He said to me, "Son of man, have you seen this?" Then he brought me and returned me to the bank of the river.

⁷ When I returned, there, along the bank of the river, were very many trees on one side and the other.

⁸ Then he said to me: "This water flows toward the eastern region, goes down into the valley, and enters the sea. When it reaches the sea, its waters are healed.

⁹ And it shall be that every living thing that moves, wherever the rivers go, will live. There will be a very great multitude of fish, because these waters go there; for they will be healed, and everything will live wherever the river goes.
“

APPLYING

1)

- Where in our lives do we need God's healing flow?
- - Application: The river in Ezekiel brings life to barren places.
- Invite each family member to name an area—emotional, relational, or spiritual—where they feel dry or discouraged.
- Then pray together, asking God to let His Spirit flow into those places like living water.

2)

- Are we stepping deeper into God's presence, or staying in the shallows?
- - Application: The man in the vision measures the river at increasing depths—ankle, knee, waist, and then too deep to cross.
- Use this as a metaphor: Where is each person in their spiritual journey?
- Discuss what it might look like to go deeper—through prayer, worship, Scripture, or acts of love.

3)

- How can our family be a source of life and refreshment to others?
- - Application: The river transforms even the Dead Sea into a place teeming with fish.
- Talk about how your family can bring hope and encouragement to others—neighbours, classmates, or church members.
- Choose one simple act of kindness or service to do together this week.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to swim in the river of God. (e.g. “Forgive us Lord for often just dipping our toes in Your river and not jumping in the water of Your presence to swim in the flow of Your Spirit. Help us to go deeper into Your presence and the flow of Your ways. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family will jump in His river and flow in His ways. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



TRANSFORMATIONSG



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