

FAMILY ALTAR TIME

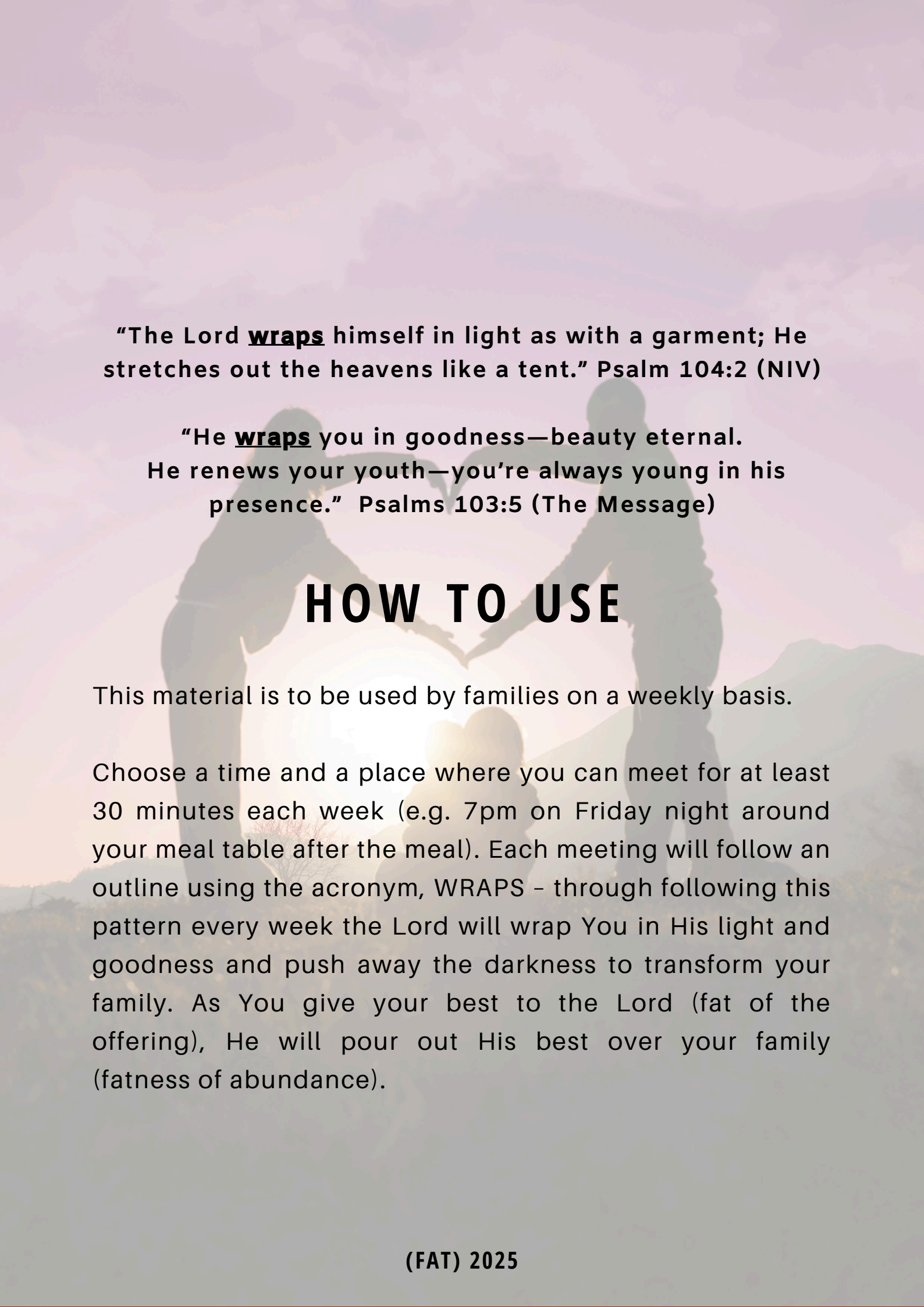


"And the priest shall burn them on the altar as food, an offering made by fire for a sweet aroma; all the fat is the Lord's."

Leviticus 3:16 (NKJV)

"Thou crownest the year with thy goodness; and thy paths drop fatness."

Psalms 65:11 (KJV)

A background image showing the silhouettes of a family (two adults and a child) standing on a hill, holding hands and looking out over a landscape with mountains and a bright sun or moon. The scene is bathed in a soft, warm light, likely from the setting or rising sun.

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

**“He wraps you in goodness—beauty eternal.
He renews your youth—you’re always young in his
presence.” Psalms 103:5 (The Message)**

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____. In the name of Jesus, Amen”).

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."


Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR DECEMBER 2025

A photograph of two adults and a child standing on a grassy hill at sunset. The sun is low on the horizon, creating a bright glow and silhouettes of the people. The two adults are standing on either side of the child, who is sitting on the ground. They are all reaching their hands towards each other, forming a circle. The background shows rolling hills and a clear sky with some clouds.

WORSHIPPING

(December 1st – 7th 2025) Haggai 1 – Mark 16

Our Father

https://www.youtube.com/watch?v=ln_eFGIEbsM

Our Father (Bethel)

<https://www.youtube.com/watch?v=Uj1cLQ15zTk>

The Lord's Prayer (For kids)

<https://youtu.be/u0mA9SGZVjs?si=-E4MZ13iRqR0WfYu>

Matthew 6:7 - 13 (NKJV)

Reading for young kids

https://www.youtube.com/watch?v=kij_ivgPoR0

⁷ “And when you pray, do not use vain repetitions as the heathen do. For they think that they will be heard for their many words.

⁸ “Therefore, do not be like them. For your Father knows the things you have need of before you ask Him.

⁹ In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name.

¹⁰ Your kingdom come. Your will be done On earth as it is in heaven.

¹¹ Give us this day our daily bread.

¹² And forgive us our debts, As we forgive our debtors.

¹³ And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.

APPLYING

1)

- How does Jesus' warning against "vain repetitions" (v.7) challenge the way we approach prayer in our daily lives?
- How can we cultivate more authentic, heartfelt conversations with God—individually and as a family?

2)

- "Give us this day our daily bread" (v.11) speaks to dependence and trust.
- What does daily dependence on God look like in our family and personal rhythms?
- What are some practical ways we can support one another in trusting God for provision?

3)

- "Forgive us our debts, as we forgive our debtors" (v.12) invites us into a cycle of grace.
- How does forgiveness shape the health of our relationships within this family?
- How can we create a culture of grace and reconciliation in our family?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be a house of prayer. (e.g., “Forgive us Lord for many times going through each day not committing things to You in prayer. Help us wake up with praise and prayer on our lips, praying according to Your will. Amen!”)

Declare by faith that your family is a house of prayer. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family are a people of prayer, a people who turn first to God in prayer before anything else. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(December 8th -14th 2025) Luke 1 – Acts 25

You are the Vine

<https://youtu.be/301PlhiRNx8?si=ii7tppNLvttfwEVd>

Abide

<https://youtu.be/BLDEt9KP2O0?si=2Rxou0zVIK-VI3gQ>

Abide With Me (For children)

<https://youtu.be/knoi5oqV0pg?si=GdNULwJUK-QRtmSX>

John 15:1 - 8 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=JiX8jAYfHPg>

1 "I am the true vine, and My Father is the vinedresser.

2 Every branch in Me that does not bear fruit He takes away; and every branch that bears fruit He prunes, that it may bear more fruit.

3 You are already clean because of the word which I have spoken to you.

4 Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me.

5 "I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.

6 If anyone does not abide in Me, he is cast out as a branch and is withered; and they gather them and throw them into the fire, and they are burned.

WEEK 2

John 15:1 - 8 (NKJV)

⁷ *If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you.*

⁸ *By this My Father is glorified, that you bear much fruit; so you will be My disciples."*

APPLYING

1)

- What does it mean to “abide” in Christ, and how can we practice this daily?
- How do we stay spiritually connected to Jesus in the midst of busy schedules?
- What habits or rhythms help us remain rooted in Him?

2)

- Jesus says, “Apart from me you can do nothing” (v.5).
- How does this truth impact the way we approach challenges or decisions?
- In what areas of life do we tend to rely on our own strength?
- How can we encourage one another to seek God’s guidance and power?

3)

- The passage speaks of pruning to bear more fruit (v.2).
- What might spiritual pruning look like in our lives?
- Are there attitudes, habits, or distractions that God may be inviting us to surrender?
- How can we support each other through seasons of growth and refinement?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to abide in Christ daily. (e.g., “Forgive us Lord for not abiding in You but abiding in other things such as fear, worry, anger and doubt. Help us abide daily in You, trusting in You to do mighty things through us so we can bear much fruit. Amen.”)

Declare that Your family will always abide in Christ! (e.g., “We declare that we, the _____ Family are bearers of much good fruit that remains because we abide daily in Christ through reading His word, praise and prayer and living in His mighty presence. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

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WEEK 3

WORSHIPPING

(December 15th – 21st 2025) Acts 26 – Colossians 4

Your Grace is Enough

<https://youtu.be/vpYtYYaTFGQ?si=hp-qy5owKe2ZijlU>

No Condemnation

https://youtu.be/GOqEf1Xv3jw?si=PcZqN5M_JEfiDM-t

No Condemnation (For Kids)

<https://youtu.be/X0ZtNxlnFjw?si=MNiXPvJ5c5xzJBjC>

Romans 8:1 - 11 (NKJV)

Reading for young kids

<https://www.youtube.com/shorts/8VgLYt3bT0c>

¹ “There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

² For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.

³ For what the law could not do in that it was weak through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin: He condemned sin in the flesh,

⁴ that the righteous requirement of the law might be fulfilled in us who do not walk according to the flesh but according to the Spirit.

⁵ For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.

⁶ For to be carnally minded is death, but to be spiritually minded is life and peace.

WEEK 3

Romans 8:1 - 11 (NKJV)

⁷ Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be.

⁸ So then, those who are in the flesh cannot please God.

⁹ But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His.

¹⁰ And if Christ is in you, the body is dead because of sin, but the Spirit is life because of righteousness.

¹¹ But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.”

APPLYING

1)

- “There is now no condemnation for those who are in Christ Jesus” (v.1).
- How does this truth impact the way you view yourself and others in your spiritual journey?
- Are there areas where you still struggle with guilt or shame, and how can the group support you in embracing grace?

2)

- Paul contrasts living “according to the flesh” with living “according to the Spirit” (v.5).
- What does living by the Spirit look like in your daily decisions, relationships, or thought life?
- What practical steps can we take to shift our mindset toward spiritual things?

3)

- “If the Spirit of him who raised Jesus from the dead dwells in you...” (v.11)
- How does this promise of resurrection power shape your hope and purpose today?
- In what ways can we encourage one another to live with confidence in the Spirit’s transforming work?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to live in the Spirit daily. (e.g., “Forgive us Lord that we often live and walk in the flesh rather than Your Spirit. Help us live in no condemnation by being daily filled with Your Spirit, walking and living in His empowering. Amen!”)

Declare by faith that your family will walk in the Spirit with no condemnation. “We, the _____ family, will walk in His Spirit day by day with no condemnation and with love, joy and peace. Amen!”)

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(December 22nd – 30th 2025) 1 Thessalonians 1 – Revelation 22

Vessels for Honour

<https://www.youtube.com/watch?v=XZNzgwsupds>

Sanctuary

<https://youtu.be/AxB9VH3cCN4?si=Gq7wPsdsE--jr4mE>

Vessel (For kids)

<https://youtu.be/qH13zjbJDYo?si=KIJhhN1tfyAkeMjM>

2 Timothy 2:20 - 26 (NKJV)

Reading for young kids

<https://www.youtube.com/shorts/JiksdMk1Cxw>

²⁰ But in a great house there are not only vessels of gold and silver, but also of wood and clay, some for honor and some for dishonor.

²¹ Therefore if anyone cleanses himself from the latter, he will be a vessel for honor, sanctified and useful for the Master, prepared for every good work.

²² Flee also youthful lusts; but pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.

²³ But avoid foolish and ignorant disputes, knowing that they generate strife.

²⁴ And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient,

WEEK 4

2 Timothy 2:20 - 26 (NKJV)

²⁵ in humility correcting those who are in opposition, if God perhaps will grant them repentance, so that they may know the truth,

²⁶ and that they may come to their senses and escape the snare of the devil, having been taken captive by him to do his will.”

APPLYING

1)

- “In a large house there are vessels... some for honourable use, some for dishonourable” (v.20).
- What does it mean to be a “vessel for honourable use” in your current season of life?
- Are there areas where God may be calling you to greater purity or purpose?

2)

- “If anyone cleanses himself... he will be a vessel for honourable use, set apart as holy” (v.21).
- What are some “ignoble” things we may need to cleanse from our lives to be more useful to God?
- How can we support each other in pursuing holiness without falling into legalism or shame?

3)

- “The Lord’s servant must not be quarrelsome but kind to everyone...” (vv.24–25).
- How do we respond when we encounter opposition or disagreement, especially within the church or family?
- What does it look like to correct others “with gentleness” while still holding to truth?

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be vessels of honour. (e.g. “Forgive us Lord for often being dirty vessels that do not honour Your name. Help us to daily be cleansed by Your precious blood and the water of Your word to live as vessels that bring life and blessing to others and glorify Your name. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family are vessels of honour, holy and acceptable to the Master, prepared for every good work. Amen!

SPEAKING BLESSING

BLESS YOUR CHILDREN

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TRANSFORMATIONSG



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