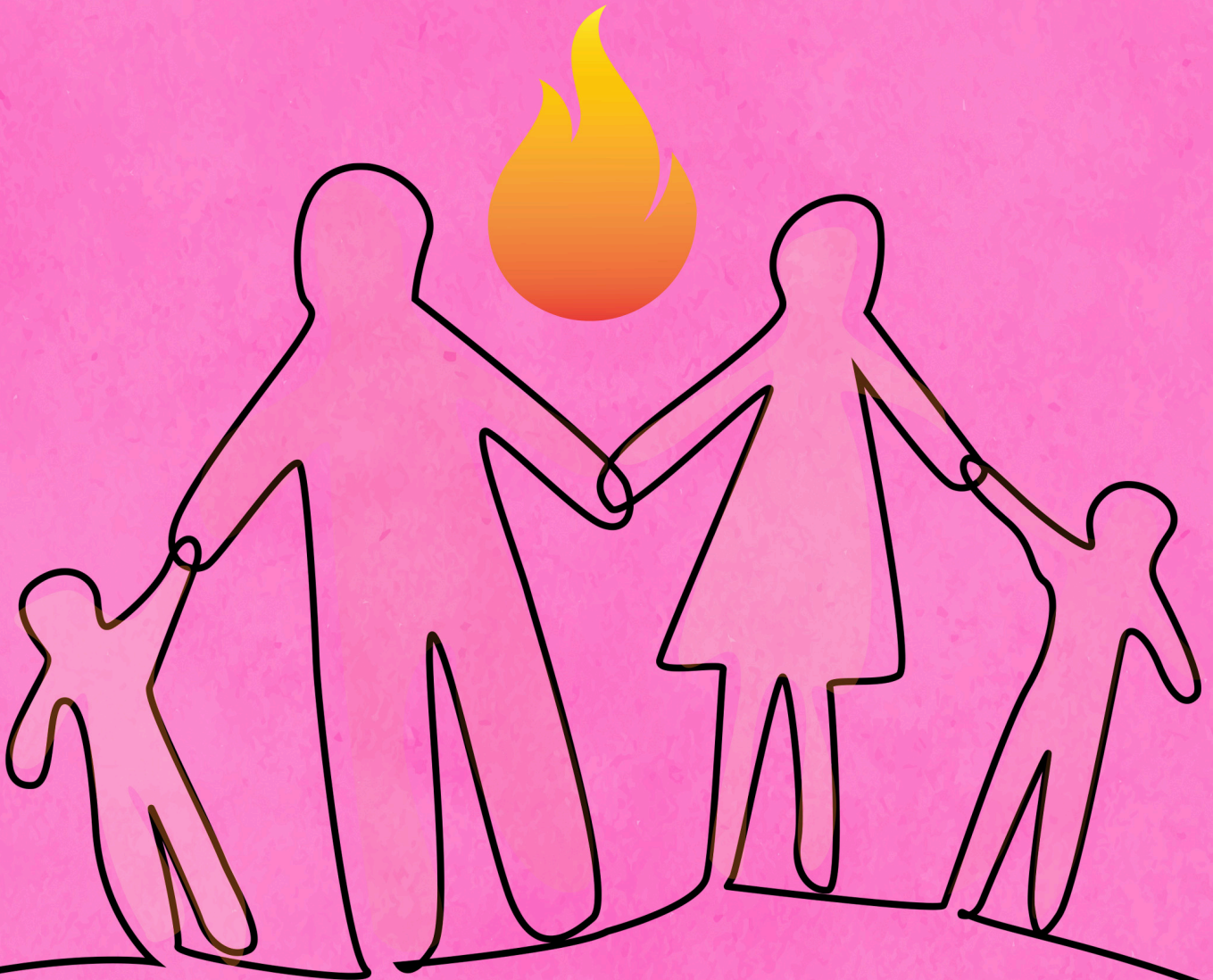


# FAMILY ALTAR TIME



“AND THE PRIEST SHALL BURN THEM ON THE ALTAR AS FOOD, AN OFFERING MADE BY FIRE  
FOR A SWEET AROMA; ALL THE FAT IS THE LORD’S.”  
LEVITICUS 3:16 (NKJV)

“THOU CROWNEST THE YEAR WITH THY GOODNESS; AND THY PATHS DROP FATNESS.”  
PSALM 65:11 (KJV)

**“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)**

**“He wraps you in goodness—beauty eternal. He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)**

## **HOW TO USE**

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

# GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

## **Guidelines for the leader of the Family Altar Time:**

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

**(1) Worshipping (7 Minutes\*)**

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

**(2) Reading (5 Minutes\*)**

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

**(3) Applying (10 Minutes\*)**

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

**(4) Praying (5 Minutes\*)**

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by \_\_\_\_\_, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by \_\_\_\_\_ . In the name of Jesus, Amen”.)

**(5) Speaking Blessing (3 minutes\*)**

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

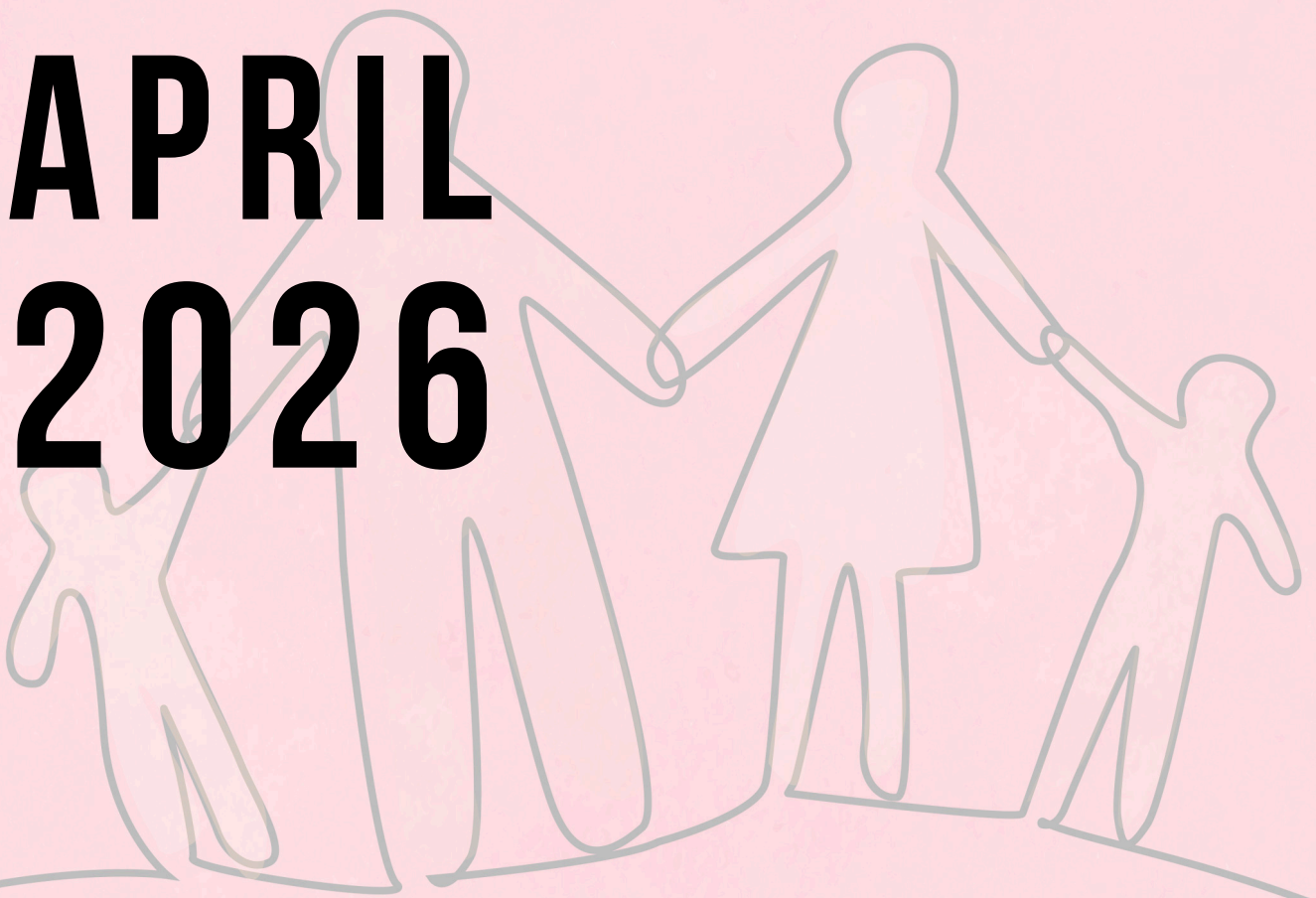
Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

*\*Suggested timing. Make it according to what is best for your family).*

# FAT WRAPS

FOR  
APRIL  
2026



## WORSHIPPING

(April 1st – 11th 2026) Nahum 1 – John 14

Even So/Lion of Judah

[https://youtu.be/j\\_IMOpHp2Ac?si=cC8OwiCLB3x1K4sL](https://youtu.be/j_IMOpHp2Ac?si=cC8OwiCLB3x1K4sL)

Holy One of Israel

<https://www.youtube.com/watch?v=T8KinQsB7XM>

Every Eye Will See (For kids)

<https://www.youtube.com/watch?v=Ji2Ma-5gaYY>

### Zechariah 12:10 - 14 (NKJV)

Reading for young kids

<https://www.youtube.com/shorts/G55RL-e4KKo>

<sup>10</sup> “And I will pour on the house of David and on the inhabitants of Jerusalem the Spirit of grace and supplication; then they will look on Me whom they pierced. Yes, they will mourn for Him as one mourns for his only son, and grieve for Him as one grieves for a firstborn.

<sup>11</sup> In that day there shall be a great mourning in Jerusalem, like the mourning at Hadad Rimmon in the plain of Megiddo.

<sup>12</sup> And the land shall mourn, every family by itself: the family of the house of David by itself, and their wives by themselves; the family of the house of Nathan by itself, and their wives by themselves;

<sup>13</sup> the family of the house of Levi by itself, and their wives by themselves; the family of Shimei by itself, and their wives by themselves;

<sup>14</sup> all the families that remain, every family by itself, and their wives by themselves.”

# APPLYING

## 1)

- Why do you think Israel's national turning to Jesus happens with both deep sorrow and deep hope—and what does that teach our family about responding to Jesus today?
- Zechariah shows Israel grieving over the One they pierced, yet this grief is the doorway to restoration.
- When have you felt both sadness over sin and hope because of Jesus?
- How can our home be a place where repentance is safe, not scary?

## 2)

- Israel recognizes Jesus only when He returns—how can we make sure we recognize and respond to Him now, not later?
- This helps your family talk about spiritual attentiveness, not procrastinating faith, and noticing God's work in everyday life.
- What helps you stay aware of Jesus during a busy week?
- Are there areas where we've been 'putting off' obedience or trust?

## 3)

- Israel mourns family by family — what does that show us about each person's responsibility to respond to Jesus personally?
- Even in a national moment, every household and individual stands before God.
- What does it look like for you (not just our family) to walk with Jesus?
- How can we encourage each other to have our own relationship with Him?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be responsive to the presence of Jesus. (e.g., “Forgive us Lord for many times going our own way without realizing You are there with us to convict, restore, strengthen and empower for service. Help us open up individually and as a family before You in repentance, love and faith. Amen!”)

Declare by faith that your family is a family that lives in awareness of His presence. (e.g., “We declare by faith, in the name of Jesus, that we the \_\_\_\_\_ family will live humbly, repentantly, faithfully and every day in His presence. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 2

## WORSHIPPING

(April 12th - 18<sup>th</sup> 2026) John 15 - 2 Corinthians 4

The Steadfast Love of the Lord

<https://www.youtube.com/watch?v=0NWJOYUxwcl>

Faithful One

<https://www.youtube.com/watch?v=7PjSO5Ihl0M>

Faithful (For children)

<https://youtu.be/RWinZPffcpk?si=zyvAXrmls7zTQKj9>

### Romans 11:11 - 20 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=ziqB0KstWKM> – from 1:29

<sup>11</sup> I say then, have they stumbled that they should fall? Certainly not! But through their fall, to provoke them to jealousy, salvation has come to the Gentiles.

<sup>12</sup> Now if their fall is riches for the world, and their failure riches for the Gentiles, how much more their fullness!

<sup>13</sup> For I speak to you Gentiles; inasmuch as I am an apostle to the Gentiles, I magnify my ministry,

<sup>14</sup> if by any means I may provoke to jealousy those who are my flesh and save some of them.

<sup>15</sup> For if their being cast away is the reconciling of the world, what will their acceptance be but life from the dead?

# WEEK 2

## Romans 11:11 - 20 (NKJV)

<sup>16</sup> For if the firstfruit is holy, the lump is also holy; and if the root is holy, so are the branches.

<sup>17</sup> And if some of the branches were broken off, and you, being a wild olive tree, were grafted in among them, and with them became a partaker of the root and fatness of the olive tree,

<sup>18</sup> do not boast against the branches. But if you do boast, remember that you do not support the root, but the root supports you.

<sup>19</sup> You will say then, "Branches were broken off that I might be grafted in."

<sup>20</sup> Well said. Because of unbelief they were broken off, and you stand by faith. Do not be haughty, but fear."

# APPLYING

## 1)

- How does God's plan for Israel remind our family that no one is ever beyond God's mercy?
- Paul explains that Israel's stumbling opened the door for Gentiles, but God is not done with Israel.
- When have you seen God bring good out of someone's failure?
- How can we show that same mercy to each other at home?

## 2)

- Paul warns Gentile believers not to become proud—what are some ways spiritual pride can sneak into our family life?
- The olive tree picture shows that Gentiles stand by faith, not superiority.
- What attitudes or habits help us stay humble before God?
- How can we celebrate God's work in others instead of comparing ourselves?

## 3)

- If God is faithful to Israel even when they turn away, how can our family reflect that same faithfulness toward people who are struggling or drifting?
- God's long-term commitment to Israel models patient, pursuing love.
- Who in our lives needs encouragement, prayer, or a second chance?
- What would it look like for our home to be a place where people can return and be restored?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be people who are reaching out to those that others have cast off. (e.g. “Forgive us Lord for often ruling people out of the love of God because of who they are. Help us as a family to love the unlovable and not feel superior to others but serve others and each other in love. Amen.”)

Declare that Your family members will be people of care and concern. (e.g., “We declare that we, the \_\_\_\_\_ Family are lovers of the unlovable, carers of those who receive no care and faithful to those who are struggling or drifting. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 3

## WORSHIPPING

(April 19th – 25th 2026) 2 Corinthians 5 – James 5

What a Glorious Day

<https://www.youtube.com/watch?v=P35VaLtx7L4>

Be Ready

<https://www.youtube.com/watch?v=AqJ0JjRM9eE>

Jesus is Coming Back (For Kids)

[https://youtu.be/AI5Nb4J\\_uXk?si=VxdJfL2nKdj3uGS](https://youtu.be/AI5Nb4J_uXk?si=VxdJfL2nKdj3uGS)

### 1 Thessalonians 4:13 - 18 (NKJV)

Reading for young kids

<https://www.youtube.com/shorts/19Nd4WqhraI>

“ <sup>13</sup> But I do not want you to be ignorant, brethren, concerning those who have fallen asleep, lest you sorrow as others who have no hope.

<sup>14</sup> For if we believe that Jesus died and rose again, even so God will bring with Him those who sleep in Jesus.

<sup>15</sup> For this we say to you by the word of the Lord, that we who are alive and remain until the coming of the Lord will by no means precede those who are asleep.

<sup>16</sup> For the Lord Himself will descend from heaven with a shout, with the voice of an archangel, and with the trumpet of God. And the dead in Christ will rise first.

# WEEK 3

## 1 Thessalonians 4:13 - 18 (NKJV)

<sup>17</sup> Then we who are alive and remain shall be caught up together with them in the clouds to meet the Lord in the air. And thus we shall always be with the Lord.

<sup>18</sup> Therefore comfort one another with these words.”

# APPLYING

1)

- How does knowing that believers who have died will be raised when Jesus returns change the way our family handles grief and loss?
- Paul writes so believers won't "grieve like those who have no hope."
- What does hopeful grief look like in real life?
- How can we comfort each other with God's promises when we face loss?

2)

- If Jesus could return at any moment, what would it look like for our family to live with joyful readiness rather than fear or distraction?
- This passage is meant to encourage, not frighten.
- What habits help us stay spiritually awake and expectant?
- Are there priorities we need to adjust so our lives reflect this hope?

3)

- Paul says to 'encourage one another with these words'—how can we use the truth of Christ's return to build each other up during everyday challenges?
- The return of Christ is meant to strengthen believers now.
- How does the promise of resurrection give courage when life feels hard?
- Who outside our home might need this kind of encouragement from us?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be joyfully ready for the Second Coming of the Lord. (e.g., “Forgive us Lord that we often live in a state of unreadiness for Your soon return. Help us to walk in the Fear of God and be ready every day for Your soon coming and the events that are to transpire at that time. Amen!”)

Declare by faith that your family will live in readiness for the Second Coming. (e.g., “We declare that we, the \_\_\_\_\_ family are end time believers that are filled with His Spirit, living in holiness and ready for the soon coming of the Lord. Amen!”)

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 4

## WORSHIPPING

(April 26th – 30th 2026) 1 Peter 1 – Revelation 22

Be Faithful

[https://youtu.be/g7-p-CwHoY0?si=NxvhpMNNbdlWI\\_j\\_](https://youtu.be/g7-p-CwHoY0?si=NxvhpMNNbdlWI_j_)

The Goodness of God

<https://youtu.be/-f4MUUMWMV4?si=CbGy6SWGQTiNgIZ9>

Building Lives for God (For kids)

<https://youtu.be/Hu84S3M8ZL4?si=KINhD37KO5Y9q-GV>

### Jude 1:16 - 22 (NKJV)

Reading for young kids

<https://www.youtube.com/shorts/jwbsaj82eUU>

<sup>16</sup> These are grumblers, complainers, walking according to their own lusts; and they mouth great swelling words, flattering people to gain advantage.

<sup>17</sup> But you, beloved, remember the words which were spoken before by the apostles of our Lord Jesus Christ:

<sup>18</sup> how they told you that there would be mockers in the last time who would walk according to their own ungodly lusts.

<sup>19</sup> These are sensual persons, who cause divisions, not having the Spirit.

<sup>20</sup> But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit,

<sup>21</sup> keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

# WEEK 4

Jude 1:16 - 22 (NKJV)

<sup>22</sup> And on some have compassion, making a distinction;

<sup>23</sup> but others save with fear, pulling them out of the fire, hating even the garment defiled by the flesh.”

# APPLYING

## 1)

- How can our family stay grounded in God's truth when we hear complaining, negativity, or teaching that pulls people away from Jesus?
- Jude warns about grumblers and false influencers who lead others astray.
- What voices influence us the most during the week?
- How can we build habits that keep us rooted in Scripture and hope?

## 2)

- Jude tells believers to 'keep yourselves in God's love'—what does that look like in our home on an ordinary day?
- This helps families think about spiritual practices that nurture love rather than fear or frustration.
- What helps you feel close to God?
- How can we help each other grow instead of drift?

## 3)

- Jude calls us to show mercy to those who doubt—how can our family be a safe place for honest questions and struggles?
- This encourages compassion, patience, and spiritual support.
- How do we usually respond when someone is struggling?
- Who might need mercy, encouragement, or prayer from us this week?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be grounded in God's truth. (e.g. "Forgive us Lord for often falling into the lies of this world and swept up in grumbling, complaining and doubt. Help us live in the Word and Spirit in victory and faithful service on a daily basis. Amen!")

We declare by faith in the name of Jesus that we, the \_\_\_\_\_ family are grounded in His truth, people of the Word and people of the Spirit. Amen!

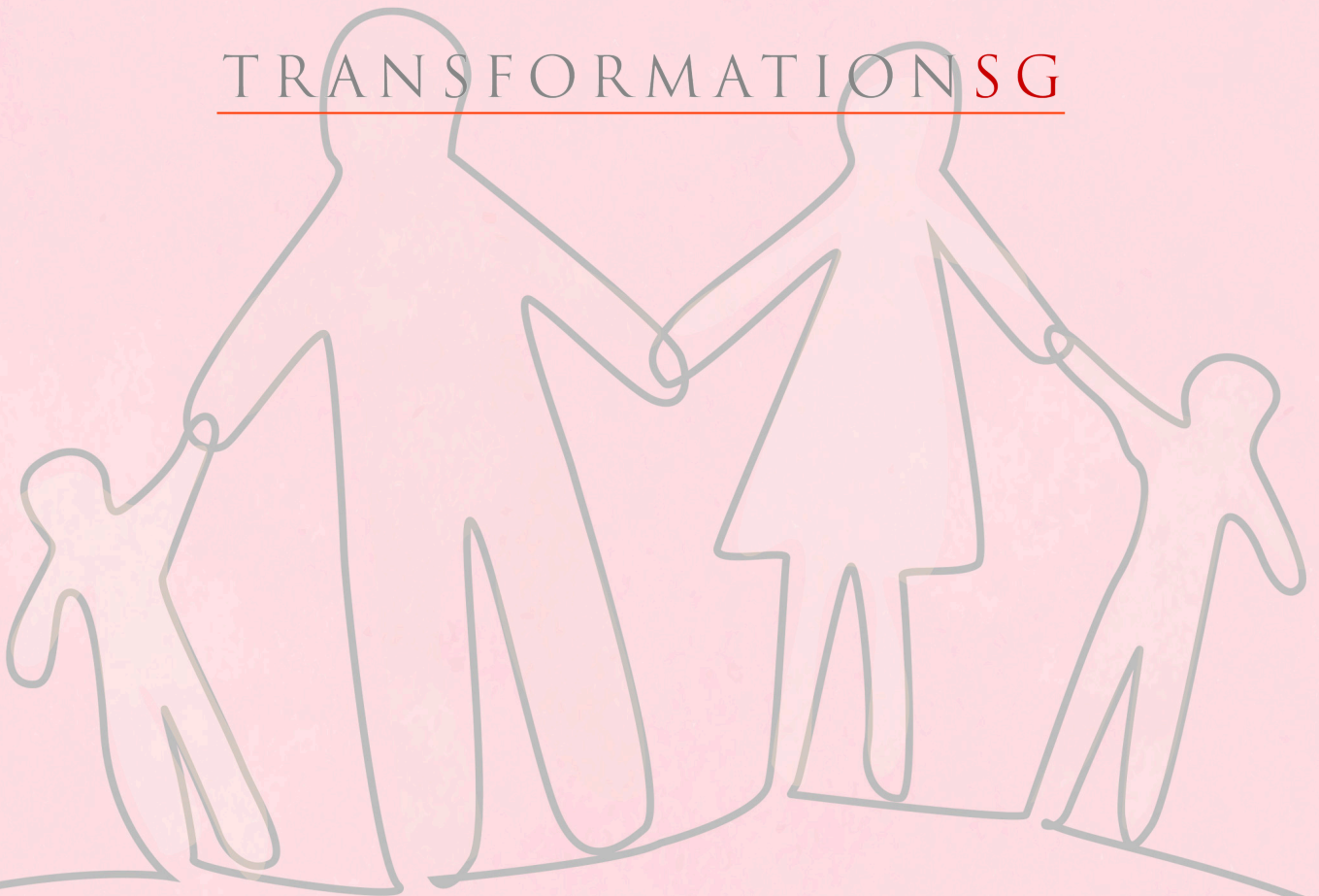
# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.



TRANSFORMATIONSSG



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