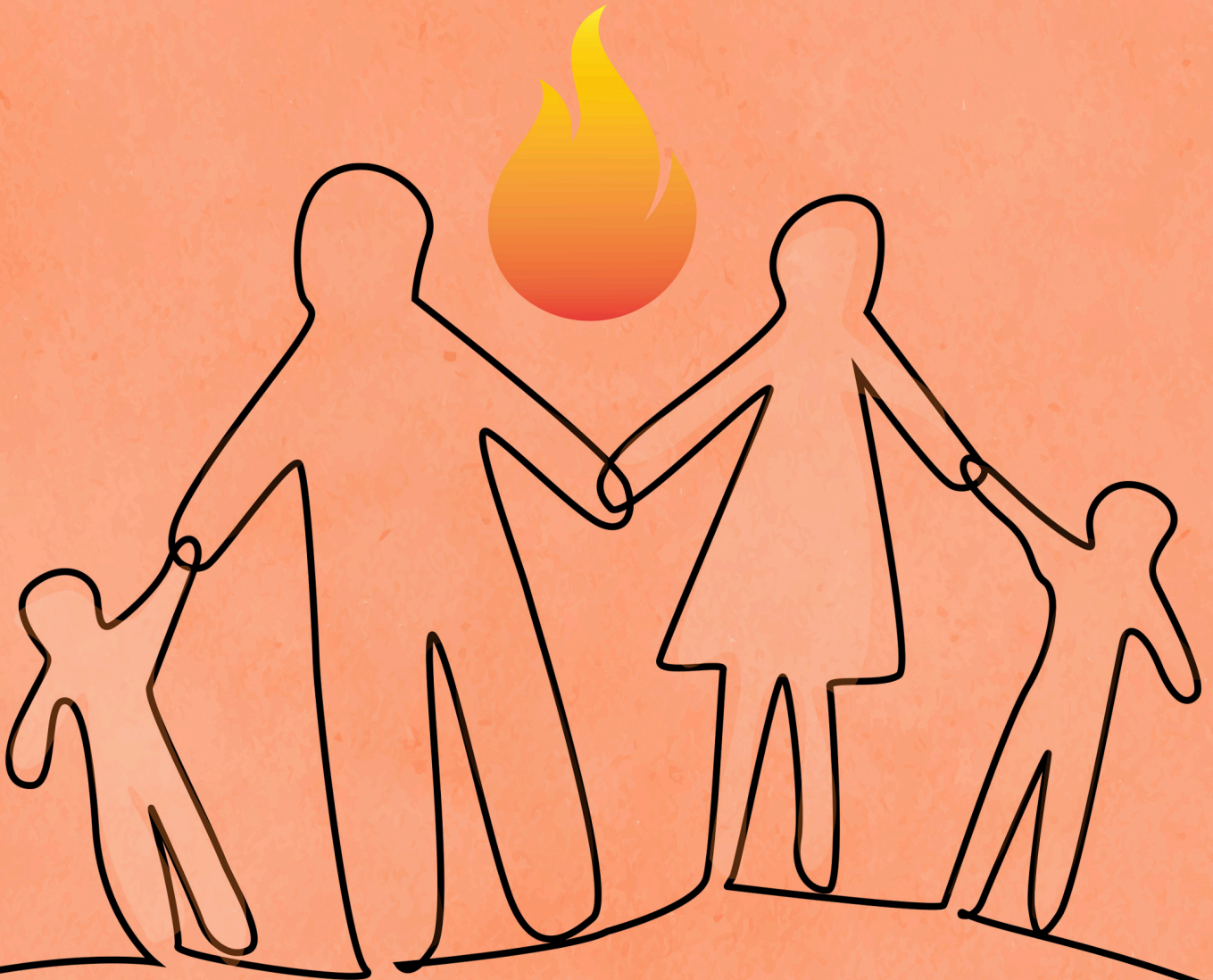


FAMILY ALTAR TIME



“AND THE PRIEST SHALL BURN THEM ON THE ALTAR AS FOOD, AN OFFERING MADE BY FIRE
FOR A SWEET AROMA; ALL THE FAT IS THE LORD’S.”
LEVITICUS 3:16 (NKJV)

“THOU CROWNEST THE YEAR WITH THY GOODNESS; AND THY PATHS DROP FATNESS.”
PSALM 65:11 (KJV)

“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)

“He wraps you in goodness—beauty eternal. He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)

HOW TO USE

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

Guidelines for the leader of the Family Altar Time:

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

(1) Worshipping (7 Minutes*)

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

(2) Reading (5 Minutes*)

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

(3) Applying (10 Minutes*)

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

(4) Praying (5 Minutes*)

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by _____, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by _____ . In the name of Jesus, Amen”.)

(5) Speaking Blessing (3 minutes*)

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

**Suggested timing. Make it according to what is best for your family).*

FAT WRAPS

FOR
JUNE
2026



WORSHIPPING

**(June 1st – 7th 2026) 2 Sam 5; 1 Chron 9-12;
Psalms 102-104,106-107,133**

Hine Matov

<https://www.youtube.com/watch?v=d2yFkqI5MfM>

See How Good It Is

https://youtu.be/XmQLBD70cak?si=KuxlAKStFUs_64ud

How Good it is to Live in One (For kids)

<https://youtu.be/IWLyzfxgSMU?si=VA6q9L7wTpqibICs>

Psalm 133:1 - 3

Reading for young kids

<https://www.youtube.com/watch?v=c1RNZpBCKbw>

1 "Behold, how good and how pleasant it is For brethren to dwell together in unity!

2 It is like the precious oil upon the head, Running down on the beard, The beard of Aaron, Running down on the edge of his garments.

3 It is like the dew of Hermon, Descending upon the mountains of Zion; For there the Lord commanded the blessing— Life forevermore."

APPLYING

1)

- 🏠 **Where do we most naturally experience unity as a family, and where do we feel tension?**
- This helps everyone name both the joys and the pressure points so you can celebrate what's working and gently address what isn't.

2)

- 🤝 **What is one small, intentional act each of us can do this week to strengthen our unity?**
- Unity grows through simple, repeatable habits—an apology offered quickly, a chore done without being asked, a word of encouragement, a shared meal.

3)

- 🌿 **How can our family become a source of unity and peace for others—friends, neighbours, church, or extended family?**
- Psalm 133 pictures unity as something that flows outward like oil and dew.
- This question helps families think beyond themselves.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be anointed in unity. (e.g., “Forgive us Lord for many times not keeping the unity in our family. Help us intentionally live in the unity You have purchased for us. Amen!”)

Declare by faith that your family is a family is united in love. (e.g., “We declare by faith, in the name of Jesus, that we the _____ family are united in the love of the Father and extend that unity and peace to others. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 2

WORSHIPPING

(June 8th - 14th 2026) 2 Sam 6 - 21; 1 Chron 13 - 20;
Psalms 1-2, 4, 12 - 13, 15, 20, 22 - 24, 26, 28 - 29, 32 - 33,
36, 39 - 40, 47, 50 - 51, 53, 55, 58, 60 - 62,
64 - 70, 75, 86, 89, 96, 100 - 101, 105, 122, 132

Salvation Belongs to our God

<https://youtu.be/XT1LMSMOFWg?si=736qbCRaOH7C16sg>

Psalm 53

<https://youtu.be/RXtmTFG7ltc?si=JdTRvFrPuShCM1zN>

Psalm 53 (For children)

<https://youtu.be/Oj5btwgApaI?si=lwG0QTPgNMQUyPT4>

Psalm 53:1 - 6 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=LxV1GpwHgGU>

¹ "The fool has said in his heart, "There is no God." They are corrupt and have done abominable iniquity; There is none who does good.

² God looks down from heaven upon the children of men, To see if there are any who understand, who seek God.

³ Every one of them has turned aside; They have together become corrupt; There is none who does good, no, not one.

⁴ Have the workers of iniquity no knowledge, who eat up my people as they eat bread, And do not call upon God?

WEEK 2

Psalm 53:1 - 6 (NKJV)

⁵ There they are in great fear where no fear was, For God has scattered the bones of him who encamps against you; You have put them to shame, because God has despised them.

⁶ Oh, that the salvation of Israel would come out of Zion! When God brings back the captivity of His people, let Jacob rejoice and Israel be glad.”

APPLYING

1)

- 🧭 **Where do we see traces of the attitudes described in Psalm 53 — forgetting God, relying on ourselves, or drifting toward foolish choices—and how can we turn back toward Him together?**
- This helps families name subtle patterns of spiritual drift and practice repentance as a shared rhythm.

2)

- 🕊️ **How can our family cultivate a deeper awareness of God in our daily routines, so we don't "live as if He isn't there"?**
- Psalm 53 highlights the danger of practical atheism — believing in God but living without reference to Him.
- This question invites simple, concrete habits that re-centre the home on God.

3)

- 🙌 **In what ways can we join God's work of bringing hope, mercy, and restoration to others, reflecting the salvation He promises in the psalm?**
- The psalm ends with longing for God's deliverance.
- This question helps families think outwardly becoming agents of the hope they themselves have received.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be wise and not foolish in our attitude towards God. (e.g. “Forgive us Lord for often being practical atheists, believing in You but living like You do not exist. Help us live out of a living relationship with You. Amen.”)

Declare that Your family members will be aware of God in all you think, say and do. (e.g., “We declare that we, the _____ Family will daily live in the reality of God, bringing hope, mercy and restoration to others. Amen!”)

SPEAKING BLESSING

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 3

WORSHIPPING

(June 15th – 21st 2026) 2 Sam 22 - 24; 1 Chron 21 - 29;
1 Kings 1 - 4; 2 Chron 1; SOS 1 - 8; Psalms 5, 30, 37 - 38,
41 - 42, 57, 71 - 72, 94 - 95, 97 - 99,
108 - 119, 127, 131, 138-139, 143-145

Psalm 127

<https://youtu.be/IYs4baSxdFA?si=1AEpPGUwKR6hAfBt>

Let's Take Time

https://youtu.be/8BTUcU03n_Q?si=OD2Y49CZKW1DGj03

Children are a Gift (For Kids)

https://youtu.be/20DQrKIAowY?si=F-lly_tHQG9IBShS

Psalm 127:1 - 5 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=xiCnJDTDB4I>

¹ “Unless the Lord builds the house, they labor in vain who build it; Unless the Lord guards the city, the watchman stays awake in vain.

² It is vain for you to rise up early, to sit up late, To eat the bread of sorrows; For so He gives His beloved sleep.

³ Behold, children are a heritage from the Lord, The fruit of the womb is a reward.

⁴ Like arrows in the hand of a warrior, so are the children of one's youth.

⁵ Happy is the man who has his quiver full of them; They shall not be ashamed, but shall speak with their enemies in the gate.”

APPLYING

1)

- 📖 **In what areas of our family life are we working hard but forgetting to invite God to build with us?**
- This helps everyone reflect on schedules, goals, and pressures—naming where effort has replaced dependence.

2)

- 😊 **What would it look like for our home to practice “restful trust” instead of anxious striving this week?**
- Psalm 127 reminds us that God gives His beloved sleep.
- This question opens the door to conversations about pace, peace, and healthy rhythms.

3)

- 🎯 **How can we be more intentional in shaping and guiding the “arrows” in our home—our children, our relationships, and even our shared mission?**
- This invites families to think about discipleship, character formation, and the long-term direction of their lives together.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be part of building God's Kingdom. (e.g., "Forgive us Lord that we often build our own kingdoms rather than Yours. Help us as a family to be bright arrows, hitting Your Kingdom targets, building Your Kingdom. Amen!")

Declare by faith that your family is a family that builds His Kingdom in power and love. (e.g., "We declare that we, the _____ are Kingdom builders, not our own kingdoms, but His, as bright arrows that smash the enemies plans and intentionally further His mission in the earth. Amen!")

BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

WEEK 4

WORSHIPPING

(June 22nd – 30th 2026) Prov 1 - 31; 1 Kings 5 - 22; 2 Chr 2 - 23;
Ecc 1 - 12; Obd 1; Psalms 134, 136, 146-150

Let Everything Praise the Lord

<https://youtu.be/h-u7mWhpiLQ?si=D6ZnnpKuNL0JD7AF>

Psalms 150

<https://youtu.be/0nnkkra4FwY?si=AtHqNouq048TLT7x>

Psalms 150 (For kids)

https://youtu.be/OzQzW3R1rIM?si=kaQDK8Xz1ZPKlw_M

Psalms 150:1 - 6 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=zvSVHv56hME>

¹ Praise the Lord! Praise God in His sanctuary; Praise Him in His mighty firmament!

² Praise Him for His mighty acts; Praise Him according to His excellent greatness!

³ Praise Him with the sound of the trumpet; Praise Him with the lute and harp!

⁴ Praise Him with the timbrel and dance; Praise Him with stringed instruments and flutes!

⁵ Praise Him with loud cymbals; Praise Him with clashing cymbals!

⁶ Let everything that has breath praise the Lord. Praise the Lord!"

APPLYING

1)

- 🎵 **What are some ways our family can intentionally make praise a regular part of our home life?**
- This helps families think about rhythms—music, prayer, gratitude moments, or shared testimonies—that turn praise into a lifestyle, not just a Sunday activity.

2)

- 🥁 **How can each person in our family use their unique gifts, personalities, and “instruments” to praise God?**
- Psalm 150 celebrates diverse instruments.
- This question helps families recognize and affirm the different ways each member reflects God’s glory.

3)

- 🌍 **Where have we seen God at work recently, and how can we respond with praise together?**
- This encourages families to slow down, notice God’s goodness, and practice shared celebration.

PRAYING

PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be a people of praise. (e.g. “Forgive us Lord for becoming discouraged and not having an attitude of gratitude and joy in Your presence. Help us be a people of praise, using our unique gifts to spread Your love to the world. Amen!”)

We declare by faith in the name of Jesus that we, the _____ family are a people of praise, a people of power. We will see Him work in our family and to the world with shared celebration. Amen!

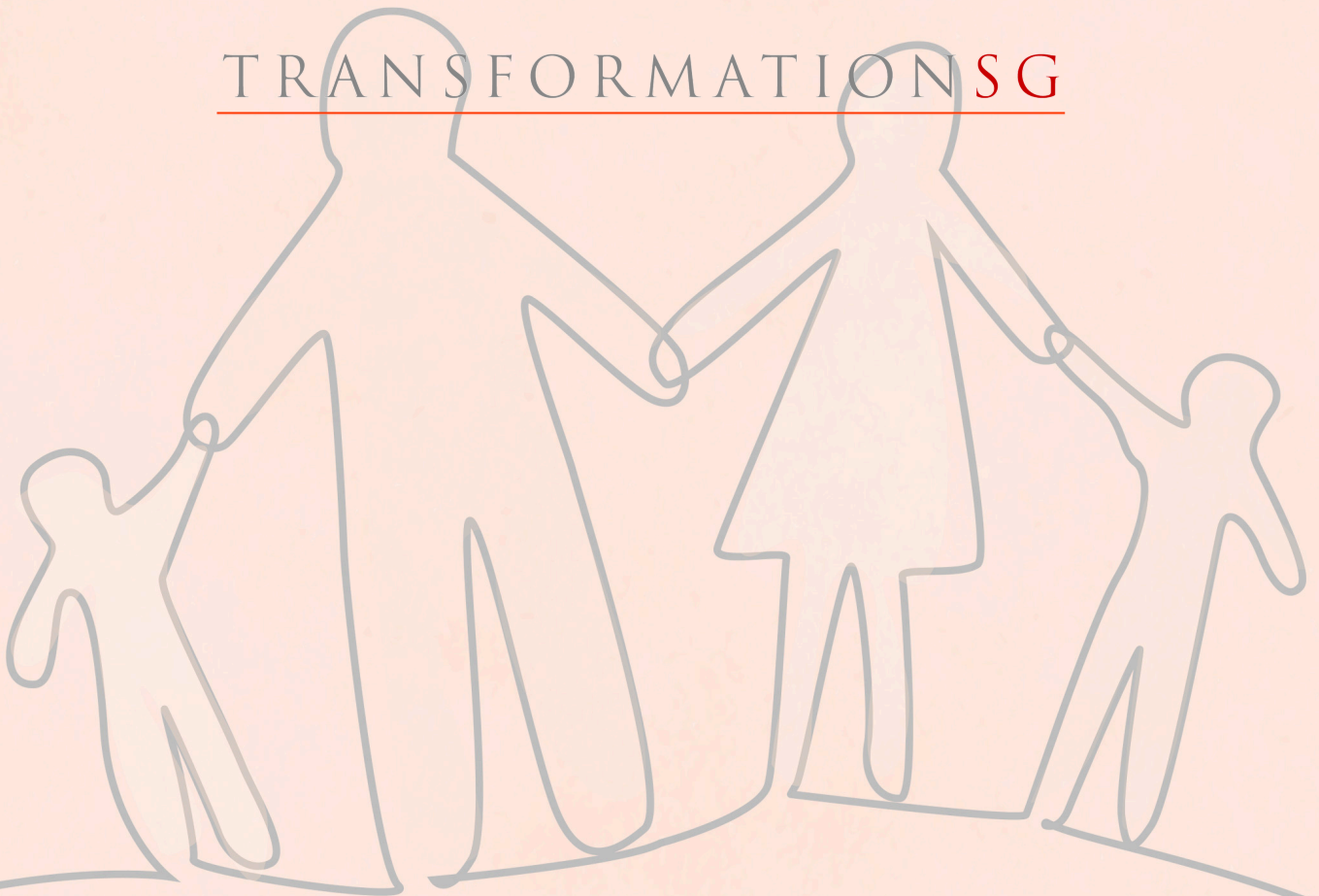
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TRANSFORMATIONSSG



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