

# FAMILY ALTAR TIME



"AND THE PRIEST SHALL BURN THEM ON THE ALTAR AS FOOD, AN OFFERING MADE BY FIRE  
FOR A SWEET AROMA; ALL THE FAT IS THE LORD'S."  
LEVITICUS 3:16 (NKJV)

"THOU CROWNEST THE YEAR WITH THY GOODNESS; AND THY PATHS DROP FATNESS."  
PSALM 65:11 (KJV)

**“The Lord wraps himself in light as with a garment; He stretches out the heavens like a tent.” Psalm 104:2 (NIV)**

**“He wraps you in goodness—beauty eternal. He renews your youth—you’re always young in his presence.” Psalms 103:5 (The Message)**

## **HOW TO USE**

This material is to be used by families on a weekly basis.

Choose a time and a place where you can meet for at least 30 minutes each week (e.g. 7pm on Friday night around your meal table after the meal). Each meeting will follow an outline using the acronym, WRAPS - through following this pattern every week the Lord will wrap You in His light and goodness and push away the darkness to transform your family. As You give your best to the Lord (fat of the offering), He will pour out His best over your family (fatness of abundance).

# GUIDELINES

Ideally Fathers should call for and lead these meetings. If the father is not able to do this the mother can lead. The leader should ideally be reading the 10 chapters a day as part of a 10x10 group as each week takes a reading from that week's 10x10. This will give the wider context.

## **Guidelines for the leader of the Family Altar Time:**

It is a time to build up and not tear down.

It is a time to encourage and not to lecture.

It is a blessing time not a blaming time.

It is a time to seek God's presence together and not to solve problems.

It is a time to read and talk about the Bible together and not gossip together!

It should be a fun time and not boring or too serious that family members are put off.

If a family member does not want to be there do not force them to join in. Pray for them with identificational repentance (see point 4).

**(1) Worshipping (7 Minutes\*)**

Use the YouTube links provided to sing along with the worship videos (if you can it is best to project onto a big TV screen for all to see, hear and sing along with). Sing in faith and with passion, with a grateful heart. Proclaiming praises into your house like this causes evil spirits to flee and His presence to come.

**(2) Reading (5 Minutes\*)**

Read aloud together as a family the scripture passage included for that week (you can print out sheets or read from mobile devices using the e-booklet). Read with faith and feeling, putting your whole heart into it. Doing this you are declaring the Word of God into your house and you are building yourselves up and filling your heart with His Word by reading big chunks of the Bible in context.

**(3) Applying (10 Minutes\*)**

Ask family members to answer the questions honestly and briefly. The leader should do some quick preparation beforehand to understand the passage of Scripture and its context. This is not meant to be a heavy Bible Study but a devotional time where the Word is applied into lives to bring transformation. Make it short and sweet.

**(4) Praying (5 Minutes\*)**

Take turns to pray for each other and for your extended family (Pray by using the things you learned from the passage of Scripture). Pray short arrow prayers rather than long-winded prayers. Especially pray using identificational repentance (e.g.

“Forgive us Lord that we have broken Your covenant by \_\_\_\_\_, have mercy on us Lord, forgive us and cleanse us from all darkness by Your precious blood. Help us move in the opposite spirit by \_\_\_\_\_ . In the name of Jesus, Amen”.)

**(5) Speaking Blessing (3 minutes\*)**

Parents (especially the father) take time to bless your children first. Children can bless parents and each other too. You can use the Aaronic prayer from Numbers 6:24-26 ("The Lord bless you and keep you; The Lord make His face shine upon you, and be gracious to you; The Lord lift up His countenance upon you, and give you peace.") and add on other specific blessings affirming value, picturing a special future, and affirming your personal commitment. Use the structure, "I bless You in the name of Jesus that the Father may....".

An example blessing is: "I bless you in the name of Jesus, that the Father may bless you. I bless you that the peace and joy of God may come upon you and wash through every part of your being, physically, mentally, socially and spiritually. Amen."

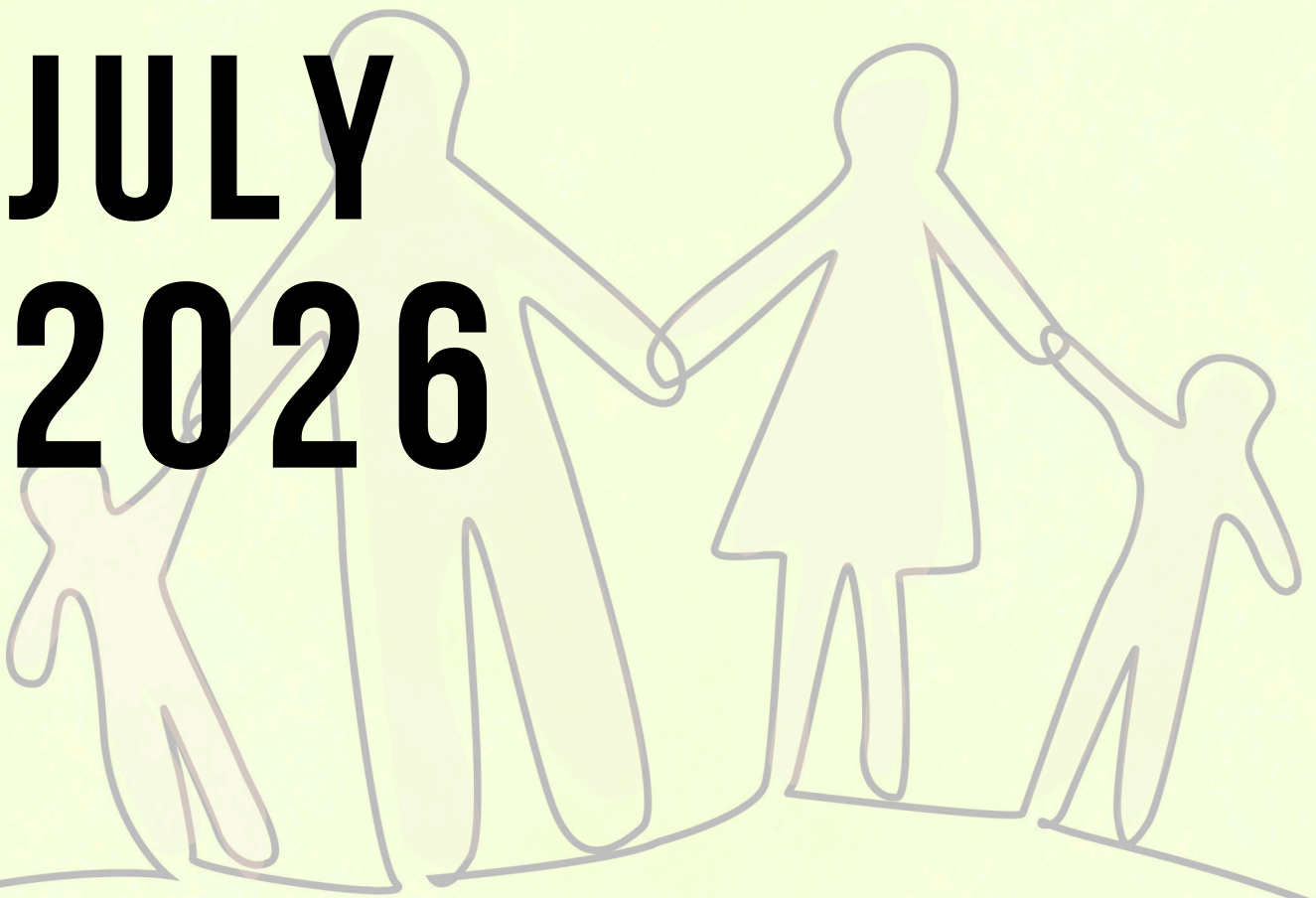
Remember to look eye to eye when blessing. If the family member cannot look you in the eye say, "Is there anything I have done to hurt you that you cannot look me in the eye?". If you have offended them in any way ask forgiveness ("forgive me for hurting you by -----").

If they release forgiveness then you can bless them, if not they are not ready to receive the blessing.

*\*Suggested timing. Make it according to what is best for your family).*

# FAT WRAPS

FOR  
JULY  
2026



## WORSHIPPING

**(July 1st – 5th 2026) 2 Kings 1 – 15; 2 Chron 24 - 27;  
Isaiah 1 - 12; Jonah 1 - 4; Amos 1 - 9;  
Micah 1 - 5; Psalms 82 - 83**

Holy, Holy, Holy

<https://youtu.be/vTVgqa76Ly4?si=d7K3sxyRjFFyI0i9>

Everything Cries Holy

[https://youtu.be/6YI0-XFP2wg?si=ReM8P1oyOPDer\\_Hx](https://youtu.be/6YI0-XFP2wg?si=ReM8P1oyOPDer_Hx)

God is Holy (For kids)

[https://youtu.be/25I79S6IHgI?si=fcncryQ7cNz6Ev\\_u](https://youtu.be/25I79S6IHgI?si=fcncryQ7cNz6Ev_u)

### Isaiah 6:1 - 8 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=RwQrcFi7Tcw>

*1 " In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lifted up, and the train of His robe filled the temple.*

*2 Above it stood seraphim; each one had six wings: with two he covered his face, with two he covered his feet, and with two he flew.*

*3 And one cried to another and said: "Holy, holy, holy is the Lord of hosts; The whole earth is full of His glory!"*

*4 And the posts of the door were shaken by the voice of him who cried out, and the house was filled with smoke.*

*5 So I said: "Woe is me, for I am undone! Because I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; For my eyes have seen the King, the Lord of hosts."*

*6 Then one of the seraphim flew to me, having in his hand a live coal which he had taken with the tongs from the altar.*

*7 And he touched my mouth with it, and said: "Behold, this has touched your lips; Your iniquity is taken away, and your sin purged."*

*8 Also I heard the voice of the Lord, saying: "Whom shall I send, and who will go for Us?" Then I said, "Here am I! Send me."*

# APPLYING

1)

- **Encountering God's Holiness** — When Isaiah saw the Lord “high and lifted up,” everything else came into perspective.
- How can our family create regular moments that lift our eyes from daily distractions, so we remember God's greatness and respond with reverence in our attitudes, words, and decisions?

2)

- **Receiving God's Cleansing** — Isaiah could only move forward after God cleansed him.
- What would it look like for our family to practice honest confession, quick forgiveness, and restored relationships so that grace becomes a normal part of our home life?

3)

- **Responding to God's Call** — Isaiah said, “Here am I; send me.”
- Where might God be inviting our family to serve—whether in our church, neighbourhood, school, or among friends—and how can we take one concrete step of obedience together this week?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to encounter God. (e.g., “Forgive us Lord for many times not waiting upon You to encounter You, be cleansed and hear Your calling. Help us intentionally come to Your altar to hear from You and respond in faith. Amen!”)

Declare by faith that your family is living in God’s revelation. (e.g., “We declare by faith, in the name of Jesus, that we the \_\_\_\_\_ family are daily encountering God, hearing His revelation, being cleansed by Him and commissioned to do His will. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 2

## WORSHIPPING

(July 6th - 12<sup>th</sup> 2026) 2 Kings 16 - 19;  
2 Chron 28 - 31; Isaiah 13 - 52; Micah 6 - 7; Hosea 1 - 14;  
Psalms 46, 48, 76, 80, 135

Shout to God

<https://youtu.be/TI1C4LwOvDA?si=oZBajrbWeUsGXvCo>

Clap Your Hands

<https://youtu.be/knSYcJLr47Q?si=-At8-QGXVjOJHuwE>

Clap Your Hands all Ye People (For children)

<https://youtu.be/K0NERg1I-ol?si=qdKR0TxI0TaUQKLt>

### Psalm 47:1-9 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=yjIPdolkUgw>

*1 "Oh, clap your hands, all you peoples! Shout to God with the voice of triumph!*

*2 For the Lord Most High is awesome; He is a great King over all the earth.*

*3 He will subdue the peoples under us, and the nations under our feet.*

*4 He will choose our inheritance for us, the excellence of Jacob whom He loves. Selah*

*5 God has gone up with a shout, the Lord with the sound of a trumpet.*

*6 Sing praises to God, sing praises! Sing praises to our King, sing praises!*

*7 For God is the King of all the earth; Sing praises with understanding.*

*8 God reigns over the nations; God sits on His holy throne.*

*9 The princes of the people have gathered together, the people of the God of Abraham. For the shields of the earth belong to God; He is greatly exalted."*

# APPLYING

1)

- **Celebrating God as King** — Psalm 47 calls all peoples to clap, shout, and rejoice because God reigns over the whole earth.
- How can our family intentionally celebrate God's kingship in our home — through worship, gratitude, or joyful traditions that remind us He is in control?

2)

- **Trusting God's Sovereign Leadership** — Since God "reigns over the nations," our family can rest in His wise leadership even when life feels uncertain.
- What is one area where we need to surrender control and trust God's rule together this week?

3)

- **Living as God's People** — Psalm 47 describes God gathering His people and lifting them up.
- How can our family live out our identity as God's people — showing humility, unity, and love — In our neighbourhood, school, or church community?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to celebrate God daily. (e.g. “Forgive us Lord for often being overcome by problems and living with a heavy heart. Help us to daily come and celebrate before You, trusting in Your guidance, living as Your people. Amen.”)

Declare that Your family members will celebrate God daily. (e.g., “We declare that we, the \_\_\_\_\_ Family will daily celebrate who God is and live in His love and light. Amen!”)

# SPEAKING BLESSING

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 3

## WORSHIPPING

(July 13th – 19<sup>th</sup> 2026) 2 Kings 20 - 25; 2 Chron 32 - 35;  
Isaiah 53 - 66; Jeremiah 1 - 40; Nahum 1 - 3;  
Zeph 1 - 3; Psalms 74, 79

All We Like Sheep

<https://www.youtube.com/watch?v=bCw4JELXdwY>

The Suffering Servant

<https://www.youtube.com/watch?v=PjJ1JO3YN4Y>

All We Like Sheep (For Kids)

<https://youtu.be/UJxR-LWC0HA?si=Td35Agxd5GecN0OZ>

### Isaiah 53:1 - 6 (NKJV)

Reading for young kids

<https://www.youtube.com/watch?v=oioloQsrts0>

1 “Who has believed our report? And to whom has the arm of the Lord been revealed?

2 For He shall grow up before Him as a tender plant, and as a root out of dry ground. He has no form or comeliness; And when we see Him, there is no beauty that we should desire Him.

3 He is despised and rejected by men, a Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him.

4 Surely He has borne our griefs and carried our sorrows; Yet we esteemed Him stricken, smitten by God, and afflicted.

5 But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, and by His stripes we are healed.

6 All we like sheep have gone astray; We have turned, every one, to his own way; And the Lord has laid on Him the iniquity of us all.”

# APPLYING

1)

- **Recognizing Our Need** — Isaiah says, “we all like sheep have gone astray.”
- How can our family grow in honest awareness of the ways we wander from God — through attitudes, habits, or choices — and learn to turn back to Him together with humility?

2)

- **Receiving Christ's Sacrifice** — This passage shows Jesus carrying our griefs, sorrows, and sins.
- What would it look like for our family to slow down, remember His sacrifice, and let His love shape how we respond to guilt, shame, or conflict in our home?

3)

- **Reflecting Christ's Healing Love** — “By His wounds we are healed.”
- How can our family become a place where Christ's healing is visible — through forgiveness, compassion, patience, and sacrificial love toward one another and toward people around us?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be living in His grace and mercy and reflecting that to the world. (e.g., “Forgive us Lord that we often live under condemnation. Help us live under Your grace and mercy as sheep of Your pastures, bringing life to others. Amen!”)

Declare by faith that your family is a family that lives as sheep of His pastures under His amazing grace. (e.g., “We declare that we, the \_\_\_\_\_ are sheep of His pastures, living in His grace, mercy, joy, abundance and life. Amen!”)

## BLESS YOUR CHILDREN

Bless your children eye to eye in the name of Jesus. Refer to point 5 in the guidelines for help.

# WEEK 4

## WORSHIPPING

(July 20<sup>th</sup> – 31<sup>st</sup> 2026) 2 Chron 36; Jer 41 - 52; Lam 1 - 5;  
Ezekiel 1 - 48; Dan 1 - 12; Hab 1 - 3; Joel 1 - 3;  
Hag 1 - 2; Zec 1 - 14; Est 1 - 6;  
Ezra 1 - 10; Neh 1 - 2; Psalm 137

The River is Here

<https://youtu.be/UYzEvsws3A4?si=JyfGNDTc5SwhK3gD>

Come to the River of Life

[https://youtu.be/od1izZsK6oo?si=xF4rc-\\_hgS-FJitl](https://youtu.be/od1izZsK6oo?si=xF4rc-_hgS-FJitl)

I've Got a River of Life (For kids)

<https://youtu.be/Zypqbt2Cf0A?si=d0G2HUuDukHALDHD>

### Ezekiel 47:1 - 8

Reading for young kids

<https://www.youtube.com/watch?v=1kXcKQ9Pqro>

1 "Then he brought me back to the door of the temple; and there was water, flowing from under the threshold of the temple toward the east, for the front of the temple faced east; the water was flowing from under the right side of the temple, south of the altar.

<sup>2</sup> He brought me out by way of the north gate and led me around on the outside to the outer gateway that faces east; and there was water, running out on the right side.

<sup>3</sup> And when the man went out to the east with the line in his hand, he measured one thousand cubits, and he brought me through the waters; the water came up to my ankles.

# WEEK 4

## Ezekiel 47:1 - 8

<sup>4</sup> Again he measured one thousand and brought me through the waters; the water came up to my knees. Again, he measured one thousand and brought me through; the water came up to my waist.

<sup>5</sup> Again he measured one thousand, and it was a river that I could not cross; for the water was too deep, water in which one must swim, a river that could not be crossed.

<sup>6</sup> He said to me, "Son of man, have you seen this?" Then he brought me and returned me to the bank of the river.

<sup>7</sup> When I returned, there, along the bank of the river, were very many trees on one side and the other.

<sup>8</sup> Then he said to me: "This water flows toward the eastern region, goes down into the valley, and enters the sea. When it reaches the sea, its waters are healed."

# APPLYING

1)

- **Letting God's Life Flow In** — The river begins at God's presence and grows deeper the farther it flows.
- What practices — prayer, worship, Scripture, gratitude — help our family step deeper into God's life-giving presence rather than staying in the “shallow end” spiritually?

2)

- **Becoming a Life-Giving Family** — Everywhere the river flows, life flourishes.
- How can our family bring life, encouragement, and hope into the places we go this week — school, work, friendships, or our neighbourhood—so others experience God's goodness through us?

3)

- **Letting God Heal What's Broken** — The river turns salty, dead waters fresh again.
- What areas of hurt, conflict, or discouragement in our home need God's healing touch, and what step can we take together to invite His restoring work?

# PRAYING

## PRAY FOR YOUR FAMILY TO ENCOUNTER GOD.

Pray for your family to be swimming in His River of Life. (e.g. “Forgive us Lord for often wading in the swamps of this life instead of flowing in Your River of Life! Help us dive in Your River and flow in Your Spirit. Amen!”)

We declare by faith in the name of Jesus that we, the \_\_\_\_\_ family are flowing in the River of God in thoughts, words and deeds, today and every day. Amen!

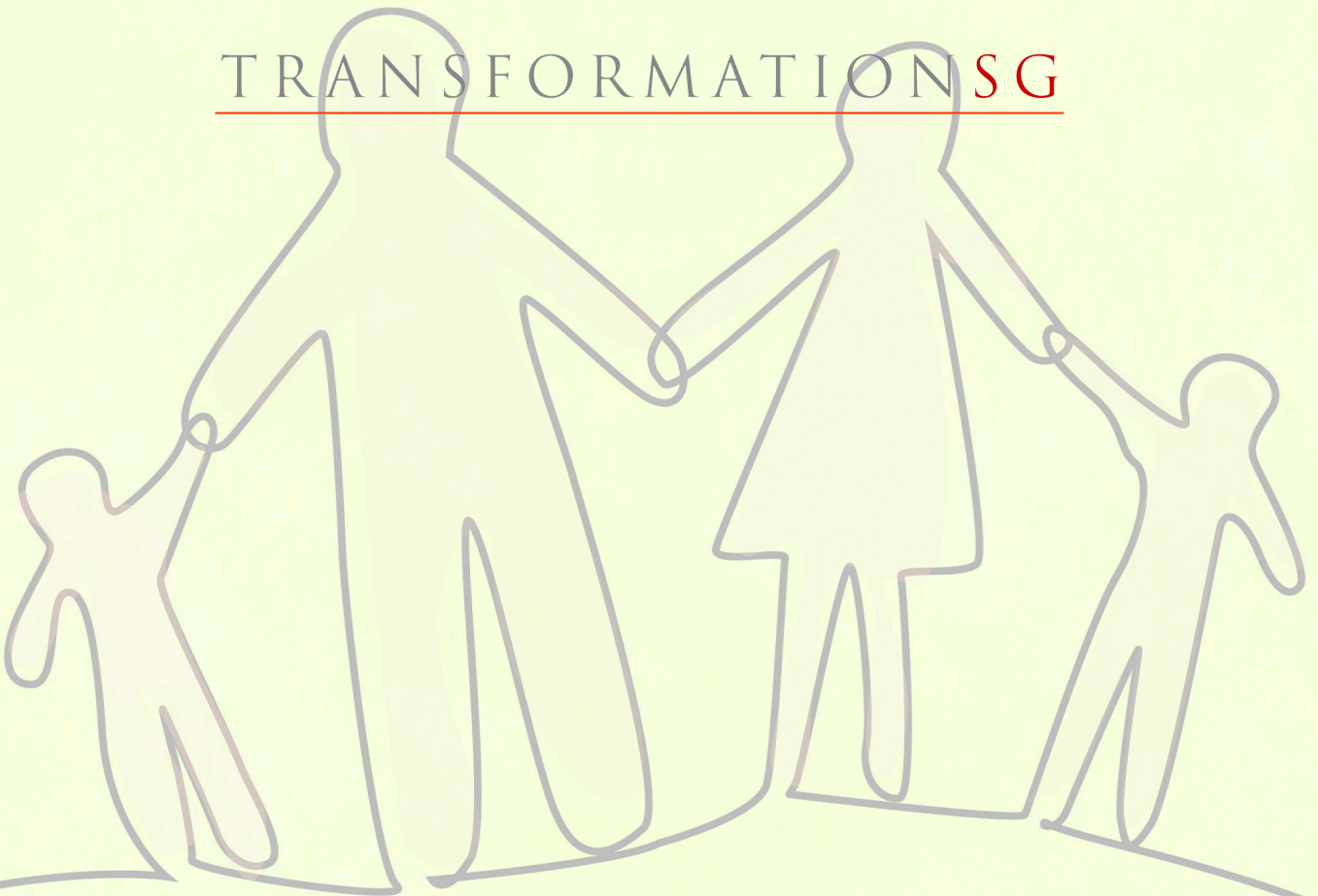
# SPEAKING BLESSING

## BLESS YOUR CHILDREN

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TRANSFORMATIONSSG



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